

April 1, 2020

Volume 40 Issue 07

DESERT WHISPERS

57334 Christmas Tree Road

P.O. Box 181

Christmas Valley, Oregon 97641

Phone: 541-576-2216

Fax: 541-576-2272

desertwhispers@yahoo.com

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Photo By: Jeff Brusatori

Next Desert Whispers DEADLINE
7 DAYS PRIOR
at 2:00 p.m.

DESERT WHISPERS

The intent of *DESERT WHISPERS* is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the Christmas Valley Park & Recreation District Board members, staff, personnel or advertisers. The Christmas Valley Park & Recreation District is not responsible for errors in articles and/or ads submitted to be published without change. The Christmas Valley Park & Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

DESERT WHISPERS welcomes letters to the Editor. Letters should be printed or written clearly. Each letter **must be signed**. *DESERT WHISPERS* reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. *DESERT WHISPERS* reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

- The Editor



Renting the Christmas Valley Community Hall

Park and Rec

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52° (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call for availability:
541-576-2216.

DESERT WHISPERS
is a twice-monthly publication of
CHRISTMAS VALLEY PARK & RECREATION

57334 Christmas Tree Rd. / P.O. Box 181
Christmas Valley, Oregon 97641

541-576-2216[PHONE]

541-576-2272[FAX]

DesertWhispers@yahoo.com
CVParkandRec.org



CV Park and Recreation

Park & Rec Board Members

Glenna Wade..... 541-576-2216

Barbara Ferrando....541-576-2140

Shara Shumway.....541-480-6461

David Uran541-576-4177

Frank Crocker541-576-4943

Christmas Valley Park & Rec Office
Open: Monday - Friday • 10 am - 2 pm
Closed all Holidays

IMPORTANT NUMBERS

INFORMATION NUMBERS

Air Link (Emergency Dispatch)
.....800-621-5433
Air Link (Business Office)
.....800-353-0497
A.A. (Central Oregon)
.....541-548-0440
C.V. Fire Dept..... 541-576-2212
or..... 541-480-3979
Emergencies.....911
C.V. Post Office 541-576-2657
C.V. Water Supply..... 541-576-2090
Lake Co. Sheriff CV.. 541-576-2781
Lake Co. Sheriff-Lakeview
..... 541-947-6027
State Police (Lakeview)
..... 541-947-2267
Midstate Electric..... 800-752-5935
NLC, EMS Business #541-576-2759
NL Health District.... 541-576-2165
NL Public Health..... 541-576-2115
New Beginnings (24hrs).....
..... 541-576-3051
or..... 1-800-850-4838
St. Charles Hospital.. 541-382-4321
Women's Crisis Center.
..... 800-338-7590

LANDFILL SCHEDULE

Christmas Valley (on Rainbow Road):

Thursday - Saturday, 8:30 am - 4:30 pm

Fort Rock (1.5 miles west of town):

Sunday 9:00 am - 12:00 pm

Paisley:

Saturday 8:30 pm - 4:30 pm,

Wednesday 12:00 pm - 4:30 pm

Silver Lake:

Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter,
Thanksgiving & Christmas. Bring
washers, dryers, stoves, etc., to the
Christmas Valley Landfill ONLY for the
North end.

541-417-1255

North Lake Health District



87520 Bay Road, Christmas Valley

541-576-2165

NLHD Office Manager: Kelly McCord

**LA PINE COMMUNITY
HEALTH CENTER**
541-576-2343

Massage Therapy Services
SHAWN LAVALLEE, LMT

By appointment: 576-2110 or 576-2043

Optometric Physician
TIMOTHY ARBOW, O.D.

By appointment: 541-554-9888

Naturopath/Acupuncture Services
NATASHA RUDD, N.D., LAC

By appointment: 541-385-6249

Chiropractic Physician
HELMUT E. EICHNER, D.C.

By appointment: 541-633-6563

Mental Health
TARA JONES, LCSW, CADC1

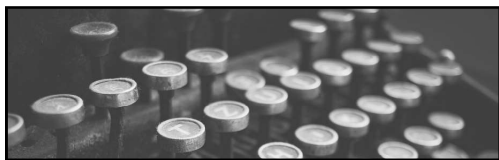
By appointment: 541-515-9233

Food Share:

3rd. Tues. of every month.

9am-2pm (closed 12-12:30)

Located next door to Dorcas



Freedom of the Press

Christmas Valley Park and Rec

Freedom of the press gives Christmas Valley Park and Recreation exclusive control over what we choose to publish in Desert Whispers, including the right to refuse to print anything for any reason.

LOCAL RESOURCES

FREE

Food, clothing, shoes,
household items and more!

Exchange items & donate.

Wednesday-Friday, 10 am-3 pm

Praise The Lord Fellowship

576-3079 • 35 NE Arrowhead

CV Hwy to Snowflake,

turn left on Arrowhead

(come to NE corner)

DORCAS DEPOT THRIFT SHOP



*All proceeds
are used for
needs in the
community*

On Aspen Lane next to Food Share

12 - 4 PM

Wednesdays and Saturdays!

*Sponsored by Christmas Valley
Community Church*

Bag Day Sale
April 29th

Lake County Public Transit
Operated by Lake Co.
Senior Citizens Association

LaPine Shopping Shuttles

4/1 and 4/15 for shoppers with
urgent food/pharmacy shopping
needs only,

LaPine 4/7,

Bend 4/8, 4/13, 4/21

**Please see page 10 for more
Information**

These scheduled trips are FREE to
all riders- donations are accepted
but not required.

For more information
Transportation Coordinator
@ 541-947-4966 ext. 106

Please be aware that schedule is subject to
change. If you have OHP, please call
GOBHI Ride Share at 877-875-4657 for
non-emergency medical transport.

Veteran Medical trips available
Non Emergency Medical are available
to those who have Medicaid, a medical
appointment and qualify.

Please call Ecolane @ 877-875-4657
to see if you qualify.

CHRISTMAS VALLEY

Take Out's Only! Tuesdays
Soup Kitchen
11:30 am - 1:00 pm
at the
CV Community Hall

at the C.V. Community Hall

For more information call: 541-576-2140 or 650-455-0052.



Lake County Sheriff's Office

Lake County Sheriff's Office
Lake County Courthouse
513 Center Street
Lakeview, OR 97630
(541) 947-6027

Michael Taylor, Sheriff

In accordance with the Governor's Executive Order 20-12, "Stay Home, Save Lives," the Lake County Sheriff's Office is asking residents to stay in their homes. This order is effective immediately and remains in place until lifted by the Governor.

Please leave your house only for essential activities, i.e., getting a weekly supply of groceries, picking up take-out meals, purchasing medical supplies or receiving medical care, accessing financial services, buying pet food, or getting supplies to work from home. All non-essential gatherings are prohibited, regardless of size. Gatherings of people within the same residential household are allowed. Playgrounds, sport courts, state parks, campgrounds, pools and other types of outdoor recreation facilities are closed. Feel free to walk your dog, jog, or bike in your neighborhood if you can stay 6' away from other individuals. The Lake County Sheriff's Office, Oregon State Police, and first responder's continue to respond to public safety needs.

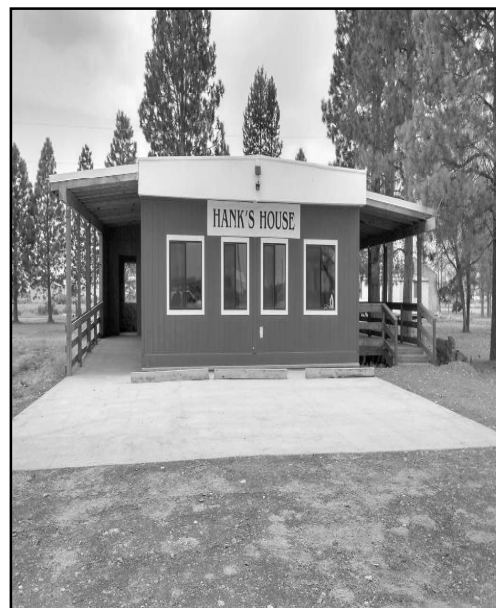
"Your Sheriff's Office is continuing to provide the public safety and customer service you all expect and deserve. Please contact us if you need assistance. Times are evolving rapidly and we understand it causes uncertainty. We appreciate your partnership as we do our part to keep our community safe and slow the spread of COVID-19. As we always do, we will share information and seek voluntary compliance as we continue to use discretion in enforcing the spirit of the law."

Michael Taylor
Sheriff, Lake County



To view the full Executive Order ~ <https://govstatus.egov.com/or-covid-19>
Oregon Health Authority ~ <https://govstatus.egov.com/OR-OHA-COVID-19>

Lake County Sheriff's Office ~ Proudly Serving Our Community (Lake County Strong)
Non-Emergency- 541- 947-2504 ~ Emergency Response- 911
For the most up to date local information go to www.lakecounty.org



How To Rent Hanks House:

The Activity Center at the Outback Retirement Center, Inc. also called "Hanks House" in memory of our founder Mr. Hank Warkentin is now available to the public for private events. The fees are as follows:

- Kitchen Only: \$50/day
- Building w/Kitchen: \$100/day
- Building Only: \$75/day
- Long term use: To be determined by ORC Board as presented
- Additional Set-up day: \$30/day
- A \$100 refundable cleaning fee and proof of insurance will be required

To make reservations or to get additional information: Call 541-576-2225 or Email: outbackretirementcenter@gmail.com

To check out the online calendar to see if your date is open: <https://www.outbackretirementcenter.org/events-calendar>

Renting Hanks House is one way of supporting our mission of providing affordable housing for the elderly. Thank you for your support.

COME JOIN US!
1st and 3rd
Wednesday of
each month



SEWING & CRAFTS GROUP

at the "Hank's House"

9:30 am - 3:00 pm \$4.00 each

Bring a sack lunch and join us for a fun day. We are sorry we can not allow children due to liability.

Sandie: 541-815-5683

Kathie: 541-548-8816

Live Radio Programs On KPAI Radio

Current Programming Schedule is

at: www.paisleyschooldistrict.com

when you get in there you click on
KPAI radio 103.1 FM on the left side.

When you get there choose

click here to listen.

The school has classes in radio so they are
on the air at times through the day.



**Sid's
Produce**
Tuesday - Friday
10am - 5pm
541-576-2230
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541-408-5531

Walk-ins Welcome

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87142 Christmas Valley Hwy.
at the JackRabbit Jct.
M-T: 9am - 5pm • TH-F 9am - 5pm

541-576-3531



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Warehouse Adam Kirkland 503-949-6514		Truck Driver Sondra Spann 541-576-4361



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Verlyn Foster

Owner/Operator
dodgemani269@gmail.com

85872 Christmas Valley Hwy.
Christmas Valley Oregon

Oil change on most cars and light trucks \$34.95. Some vehicles excluded.
Call for details or to make an appointment.

(541) 647-8019



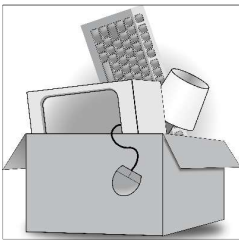
Did You Know

Fun Fit Friends Weight Loss-support group meets every Thursday night @ 5:30 PM in the Senior Center behind the Tumbleweed Thrift Store.

They say come join the fun and that all ages are welcome and best of all its Friendly and Free

CHRISTMAS VALLEY MINI STORAGE

PO Box 783, Christmas Valley, OR 97641



10 x 12 \$50/month
12 x 20 \$80/month
20 x 24 \$100/month
(541) 576-2640



Friends of the Library In Need
The Hugger Hat Project
sponsored by the Christmas Valley Branch Friends of the Library has donated nearly 2 thousand hats from Madras to Lakeview. We need more yarn all weights, colors, types, full skeins or small balls.
Please drop off donations at the CV Library or call 541-576-2336 or 541-619-1880

Did you get that perfect photo that you would just love to share?

send it in to us at
Desertwhispers@yahoo.com.
We will help you share it.

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(541) 576-2395

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domestic well needs for
over 45 years.



Fort Rock Restaurant & Pub

576-3988

Restaurant Hours:
Open at 11 am Daily

- Full Service Bar •
- Home Cooking •
- Friendly Faces •
- Come Join Us!**

Help Fill a Local Need: Volunteer Your Time

Find something in your community that suits you. This community primarily functions through volunteers. We have many new community members and this community can benefit from a little bit of your time. The many new community members tax the already over stretched, long standing volunteers that oil the works of the under supported needs of the north end communities.

If you have questions of how you can help feel free to contact me, Glenna Wade, via Facebook [glennasonly] and I can help you find an activity that suits you.

Santa's Hardware

Christmas Valley's
Biggest - Little
General Store



AMMO

.17 HMR
38 Special
9 mm Luger
380 Auto
357 Mag
.22 LR
223



Plumbing Winterizing Supplies



WORKWEAR MEN & WOMEN

ALL
SIZES
OF
JEANS



HANES SOCKS

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Breyer

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9am-6pm Mon-Sat, 10am-4pm Sunday

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87038 Christmas Valley Highway

DESERT INN MOTEL

Sixteen Units
FOUR SINGLE UNITS
w/Queen Bed, Small Refrigerator
TWELVE DOUBLE UNITS
w/kitchenette & two beds
some w/Queen size beds

Reasonable Rates



Mitzy Maple
PO Box 148
Christmas Valley, OR 97641
541-576-2262

Dr. Hally Veterinary Services

will be coming to the
Christmas Valley area

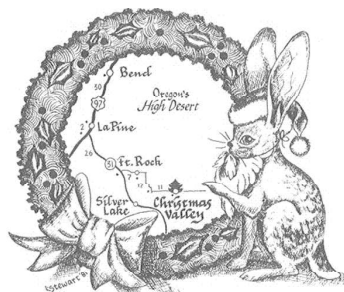
April 13th & 14th

For an appointment, call

541-460-1000

Christmas Valley Boosters

Invite you to our next meeting!



2nd Monday at 6pm at
The Booster's Building

(On Aspen, behind the Post Office)

See you there!

Outback Retirement
Center, Inc. Board
of Directors meets
monthly on the 4th
Mon. at 6 pm at the
Outback Office.

Nolte-Fuller Insurance, Inc.

1115 N 4th St Lakeview, OR 97630

541-947-2121

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- ❖ Home
- ❖ Business
- ❖ Life & Health



J.W. KERNS HARDWARE & FEED

87226 CHRISTMAS VALLEY HWY – 541-576-2814

OPEN: MONDAY-FRIDAY 7:30-5:30 & SATURDAY 9-5

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YOU

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KEEPING OUR COMMUNITY SAFE **6 ft**

REGULATIONS SUBJECT TO CHANGE

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OUR EFFORTS
AT SOCIAL
DISTANCING
BY SENDING
ONLY ONE
PERSON IN
THE STORE

FOR OUR VALUED CUSTOMERS WITH HEALTH CONCERNS

WE ARE OFFERING PARKING LOT SERVICE

CALL US AT 541-576-2814 TO ORDER & PAY BY PHONE

YOUR ORDER WILL BE READY FOR PICKUP WHEN YOU ARRIVE

CHICKS
EXPECTED April 16TH

Layers **Ducklings**
Bantams **Too!**

**ALSO TAKING REQUESTS FOR
JUNE ARRIVALS**

**POULTRY
FEEDER****15 lb.****\$9.99**

Your Christmas Valley Health Center!

La Pine Community
Health Center

87520 Bay Rd

Christmas Valley, OR 97641

Monday-Thurs

8:00 am - 5:00 pm

Friday

9:00 am - 4:00 pm

(Closed 12 pm - 1 pm for Lunch)

(541) 536-3435

- Family Medical Care
- Women's Health
- Men's Health
- Pediatric Care
- Preventative Services
- Behavioral Health
- Digital X-Ray
- Lab
- Referrals to specialists
- Transportation assistance
- Dental vouchers
- And more!

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SEEDS**



Prices are valid until April 15th, 2020. All sales limited to stock on hand.

**Quality Care.
Right Here, Right Now.**



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Winter Hours: 7am-8pm



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STRAWBERRY AND
LEMON!**

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CINDERS**

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Great for MUD HOLES and DRIVEWAYS!

Also available:

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86872 Christmas Valley Hwy
Christmas Valley, OR 97641

www.oregoncountryrealty.com



Equal Housing
Opportunity

The Park and Recreation office will be going back to Summer hours in April. Summer hours will be Tuesday - Saturday 10 am - 2pm

Thank you to all that are helping keep the kids in homework and bringing lunch for them all. I know families are thankful for your time and caring for the next generation

Thanks to the generous people of our community 31 children received afghans and the small babies at macs received 19 hats

Donna

Lake County Library's would like to remind you that if you need to do homework, the wifi connection if open 7 days a week. Stay Healthy

**Spring has Sprung
But Winter forgot
to leave!**

Schott Ag Air, LLC

**It's Spring!
Time to think about pre-emergent herbicide application for irrigated crops and safeguarding rangelands from noxious weeds. For the past seven years, Schott Ag Air, LLC, has been providing aerial application services for**

Eastern Oregon's rangeland rehabilitation and irrigated cropland needs. Including, but not limited to, aerial seeding, herbicides, insecticides, and fertilizer application.

**Nick Schott
Owner/ Operator/ Pilot
Licensed Pesticide Consultant
Licensed Pesticide Dealer
Cell: 541.980.6760
Email: schottagair@gmail.com**

Lake County Senior Center Information

The Lake County Senior Center has been closed to all activities since March 16. Transportation is still serving the Lake communities, with these restrictions:

Trips to congregate meals, and large group shopping trips, are cancelled until further notice. In order to ensure a 6 foot distance between drivers and each rider, rides are limited to no more than 2 family groups.

We will continue transporting those with urgent medical needs. Please be sure to check with your medical provider that they are still open, and honoring your appointment, before scheduling transport. We cannot guarantee availability to shoppers.

PLEASE call our office at 541-947-4966 as this schedule will change, and frequently. Other trips may also become available.

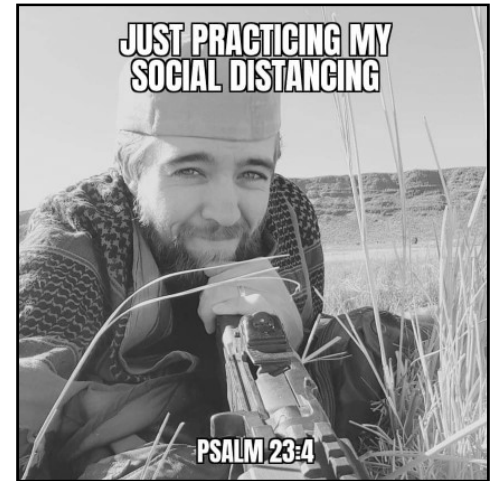
The Governor's Order states we all must stay home as much as possible to discourage viral spread. All ages are vulnerable to contracting this illness, but the situation is more grave for seniors and those with lung issues. Our remoteness also compromises our access to accessing urgent health care in time.

We are strictly adhering to the Executive Order for thorough vehicle disinfection between each trip, and cannot transport anyone with a fever, body aches, or a new cough. So far, Lake County has no cases of the novel coronavirus; however, some of our medical destinations have active cases. Let's all work together to keep this epidemic out of Lake County.

Important Notice

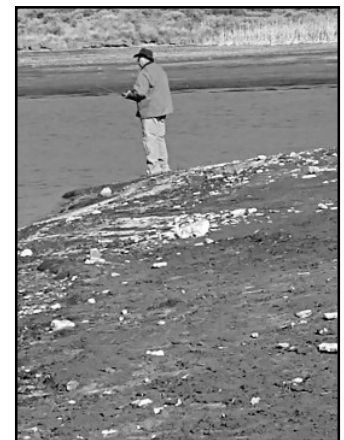
Postage stamps are no longer required to return your ballot by mail. Postage is prepaid by the State of Oregon. Due to the COVID-19 pandemic, drop sites on election day at the Community Centers in Paisley and Christmas Valley will not be available. We highly recommend voting your ballot early and returning it by mail. Please mail your ballot on or before May 13, 2020 to ensure timely delivery to our office by election day, May 19, 2020.

Who's Doing What?



You guessed it. It's James Williams out taking care of the coyotes that are showing love to his sheep and stated that those coyotes didn't get the Governors memo for social distancing.

Send in that picture of what you have been up to while we are on Stay at Home orders.
DesertWhispers@yahoo.com



Maybe a little fishing to kill some of that time. Watch out Dan Maple is that 6 feet from the fish?



Natasha Rudd,
N.D., L.A.C

Dr. Natasha Rudd is a fourth generation doctor with a focus on the prevention of illness in the primary health care setting. She is a licensed practitioner of Naturopathic Medicine and Licensed Acupuncturist. Dr. Rudd earned her Masters of Acupuncture and Doctorate of Naturopathic Medicine from the National College of Natural Medicine in Portland, the oldest Naturopathic College in the United States. She has also completed advanced course work in botanical medicine and acupuncture in critical care.

QUILT DRAWING

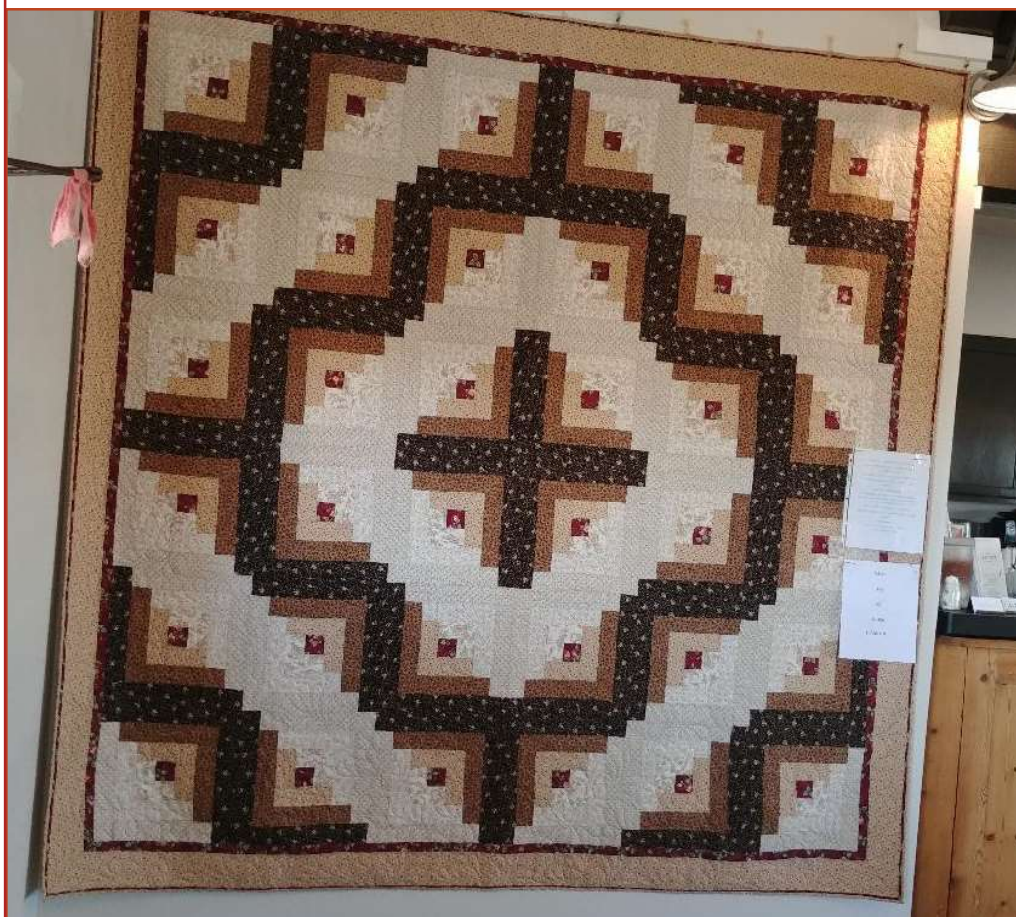
The High Desert Stitch Rippers, a quilt and craft group in Christmas Valley, will be holding a raffle to benefit the 4H North Lake Sewing group. The quilt will be on display at the Lakeside Terrace.

Tickets are \$1.00 each or six for \$5.00. Sales will be ongoing through the 4th of July with the drawing to be held at 4:00 P.M. that day at Hanks House. You need not be present to win. Tickets are available at the Lakeside Terrace or from any of the High Desert Stitch Rippers.

The quilt was made by the High Desert Stitch Rippers in honor of Karen Smith, with the fabric being donated by Jared Smith from Karen's fabric collection. Karen, a very talented quilter, donated a lot of time and energy to the 4H group.

The quilt is a log cabin pattern and measures 94"x 94" and was quilted by Vickie Gibbs.

If you have any questions please call Tara Grassman, 541-410-6060 or Sandie Maerz – 541-815-5683.



LIBRARY **Take Out** **HOW IT WORKS**

1. PLACE A HOLD

Place a hold online or by calling your library.

Deadline is noon for same-day pick up.

2. ARRIVE DURING HOLDS PICK UP

Check with your local library to find out when holds can be picked up.

3. CALL AND WAIT FOR STAFF

Call when you arrive and library staff will check your items out and place them in the outdoor pick up location.

PLEASE WAIT FOR STAFF TO GO BACK INSIDE BEFORE PICKING UP YOUR ITEMS.

LOOK WHATS COOKING

Celebrate Nourishment

Adapt, Create, Inspire by Crystal Coulter

During this unsettling time we may feel compelled to recall ways of the past. Here is a go to chart for weekly groceries that was given to me years ago. I believe it was crafted in 1960.

Weekly Market List	Two Adults	Two Adults & Two Children
Green leafy vegetables	6-7 lbs	15 lbs
Oranges, tomatoes, grapefruit	4 lbs	8 lbs
Other fruit and vegetables	8 lbs	25 lbs
Potatoes, including sweet	1 ½ - 2 lbs	13 lbs
Dried peas, beans	½ lbs	1 lbs
Milk	8-10 qts.	19 qts.
Cheese	½ lbs	1 lbs
Meat, include poultry and fish	5 lbs	12 lbs
Eggs	1 dozen	2 dozen
Bread, flour, and cereal	6 lbs	13 lbs
Butter	1 lbs	2 lbs
Fats and oils	1 ½ - 2 lbs	3 lbs
Sugars, syrups, molasses, jams, and jellies	2 lbs	4 lbs

Plan meals according to the items on the chart and craft your shopping list. *As your Children become adults I would suggest utilizing "Two Adults" as your purchasing guide. have a family of four so I simply double "Two Adults" to accommodate their appetite. In regards to toilet paper, the much talked about product... The Average Household of 4 that is staying home 24-7 will need 34 double rolls for a single month, according to TODAY(source).

5 Ingredient Mozzarella

Ingredients:

1 gal. Raw Milk (skim off cream)

1 ½ cup Vinegar

1 tsp. Unrefined Salt

Pinch Baking Soda

1 Tbsp. Grass-fed Butter

*Thermometer

Directions:

Pour milk in a pot and heat slowly to 126°, gently stir during this process. Remove from heat and add 1 cup of vinegar, stir and let sit for 1 hr. Remove the

large curd while generously squeezing out the liquid, place in a bowl. Add ½ cup vinegar to the pot, mix well, set a mesh strainer over a bowl, cover with cheesecloth and pour liquid - this separates the remaining curd from the whey. Place curd in the bowl, add in 1 tsp. Salt and a good pinch of baking soda, mix with a spoon, let set ½ hr. Now add 1 Tbsp. butter. Using the double boiler method melt mixture. Once melted, pour into a flat bottomed bowl and cool overnight in the refrigerator. Enjoy

*Save the Whey for meat marinade, use in rice water...

COVID 19 DIY FACE MASKS

Due to the shortage of masks in hospitals we are asking all sewers to please help in the production of homemade face masks. We ask that you follow the pattern attached recommended by Lake Health District . If you have any additional questions please contact Lake County Public Health or Diane Hamilton .

Thank you for taking the time and effort to support our medical community.

**LAKE COUNTY
PUBLIC HEALTH:
541-947-6045
MON-FRI
8AM-5PM**

**DIANE HAMILTON:
541-891-2107**

Material to use:

- **Cotton blend material**

T-shirt material or pillow-case material doubled with a little bit of stretch to help lessen the gaps.

- **1/4 inch elastic**
- **3 inch wire**



Cont. on page 15

Fabric Surgical Masks Information

Thank you for your interest in sewing fabric surgical masks for healthcare personnel caring for patients.

Your time and talent can greatly impact our ability to care for our community members and help ensure our safety as we do. Fabric masks offer the benefit of being able to be washed and re-used. Still a large supply is needed, as each healthcare worker will need to change their mask several times during their shifts, as the mask becomes soiled or damp – for maximum protection.

We aren't worried about looking stylish – but we are concerned about functionality. Non-matching fabrics, thread, binding strips are just fine – but a well sewn mask with no frayed edges or missed seams or “holes” is important.

In order to make sure the masks are safe and as effective as possible, we ask that you consider the following points.

- Recommended fabric for the outer portion of the mask includes heavier, non-stretch fabric such as denim, duck cloth, canvas, twill, or other tight woven fabric.
- Recommended fabric for the inner lining and filter pocket can be other cotton, cotton-blend non-stretch fabric. It can be thinner and softer, but again recommended minimal or non-stretch.
- **Must be laundered in HOT water prior to sewing to prevent future shrinkage.**
- Polyester or other less breathable fabric will not work as well, due to moisture produced when breathing.
- If using denim or other fabric that is being “recycled”, please be sure it is clean and in good shape. Worn or dirty fabric will not be protective.
- Elastic should be in good shape, with plenty of stretch and of an appropriate size to fit over the ears. 1/16 inch round cord or 1/8 inch braided work best.
- If elastic is not available, fabric ties can be sewn on the mask. There will need to be 4 ties (one tie on each of the 4 corners). Ties should be approx. ¼ inch in width, sewn in such a way that there are no frayed edges, and long enough to be tied into a bow on the top of the head (for the top corner and behind the head for the bottom corner).

Cont. on page 18



SEWITONLINE.COM

CLOTH SURGICAL FACE MASK PATTERN

SUPPLIES:

FABRIC SCRAPS (NEED 1 LIGHT
AND 1 DARK
COLOR FABRIC FOR VISIBLE
CONTRAST)

SEWING MACHINE OR SERGER

13IN OF 1/4IN ELASTIC (ANY
NARROW ELASTIC
WORKS)

3IN WIRE (THINNER GAUGE
ENOUGH TO BEND AND
HOLD FOR NOSE PIECE. CAN
EVEN USE PAPER
CLIPS! MAKE SURE TO BEND
ENDS IN SO THE WIRE
DOES NOT POKE THROUGH
FABRIC)

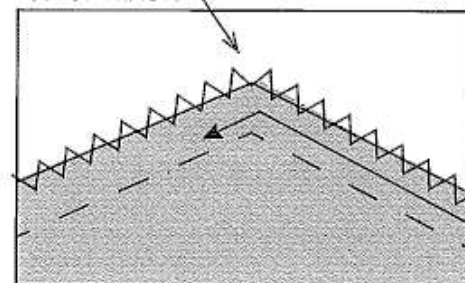
INSTRUCTIONS ON NEXT PAGE

ZIG-ZAG FABRIC
LAYERS AT TOP OF
MASK (FOR NOSE)

TOP OF MASK

**ADD WIRE
BEFORE TURNING

WIRE CUT
AT 3IN



FOLD LINE. TOP STITCH 1ST

FOLD LAST. AFTER STITCHING
A & B RIGHT SIDES TOGETHER

LARGE MASK **A** (FRONT)

CUT 2

(SEW RIGHT SIDES TOGETHER)

1/4" SEAM ALLOWANCE

YOUR *Neighborhood* MARKET

CHRISTMAS VALLEY MARKET

87497 Christmas Valley Hwy. - Christmas Valley, OR 97641 - 541-576-2200
Monday-Saturday 6:30 a.m. to 9:00 p.m. and Sunday 7:00 a.m. to 9:00 p.m.



**Essential
Everyday
Sliced Cheese**
Selected Varieties
6.8 to 8 oz.

2/\$5



**Essential
Everyday
Potatoes**
Selected Varieties
4.5 to 4.7 oz.

5/\$5



**Essential
Everyday
Mayonnaise**
Selected Varieties
30 oz.

3⁴⁹



**Essential
Everyday
Yogurt**
Selected Varieties
32 oz.

2/\$5



**Essential
Everyday
Vegetables**
Selected Varieties
14.5 to 15.25 oz.

5/\$5

Prices Effective: April 1 - 28, 2020

Items and prices subject to stock on hand. We reserve the right to limit sales to retail quantities.



**Essential Everyday
Fabric Softener
Sheets**

Selected Varieties
80 Count

2/\$5

**Essential
Everyday
Whipped Topping**
Original or Extra Creamy
6.5 oz.

2/\$5



**Essential
Everyday
Apple Sauce**
Selected Varieties
48 oz.

2/\$6



**Stone Ridge Creamery
Ice Cream Bars or Pops**
Selected Varieties
30 to 35 oz.

3⁹⁹



**Essential Everyday
Coffee**
Selected Varieties
24.2 to 30.5 oz.

6⁹⁹

**Essential
Everyday
Charcoal**
Regular
7.7 lb.

4³⁹



**Essential Everyday
Cookies**
Selected Varieties
11.3 to 11.5 oz.

2/\$4

**Essential
Everyday
Macaroni
& Cheese**
Selected Varieties
5.5 to 7.3 oz.

3/\$2



**Essential Everyday
Dog Food**
Selected Varieties
16 lb.

11⁹⁹

Cont. on page 19

CLOTH SURGICAL FACE MASK PATTERN INSTRUCTIONS

Step 1: Cut 2 of pattern A fabric right sides together, cut 2 of pattern B fabric right sides together. Cut 2, 6.5in pieces of 1/4in elastic.

Step 2: Fold pattern A fabric 1/4in from end (as shown on pattern) top stitch down.

Step 3: Fold pattern B fabric 1/2in from end (as shown on pattern) top stitch down.

Step 4: With pattern A fabric right sides together, sew curved seam to create the center of mask with 1/4in seam allowance with a straight stitch. Clip curved seam to allow seam to lay flat.

Step 5: With pattern B fabric right sides together, sew curved seam to create the center of the mask with 1/4in seam allowance. Clip curved seam to allow seam to lay flat.

Step 6: Match pattern A and B at middle seam (nest seams) and stitch with 1/4in seam allowance both layers together at top and bottom (leaving ends open). Pattern A WILL BE LONGER THAN pattern B!

Step 7: Before turning right sides out, zig-zag stitch pattern A and B edges together at the nose of the mask (2in down from top point on both sides, 4in total).

Step 8: Slide wire between 1/4in seam allowance and zig-zagged edge at nose point, bend slightly around the curve.

Step 9: Turn mask right side out using the side openings.

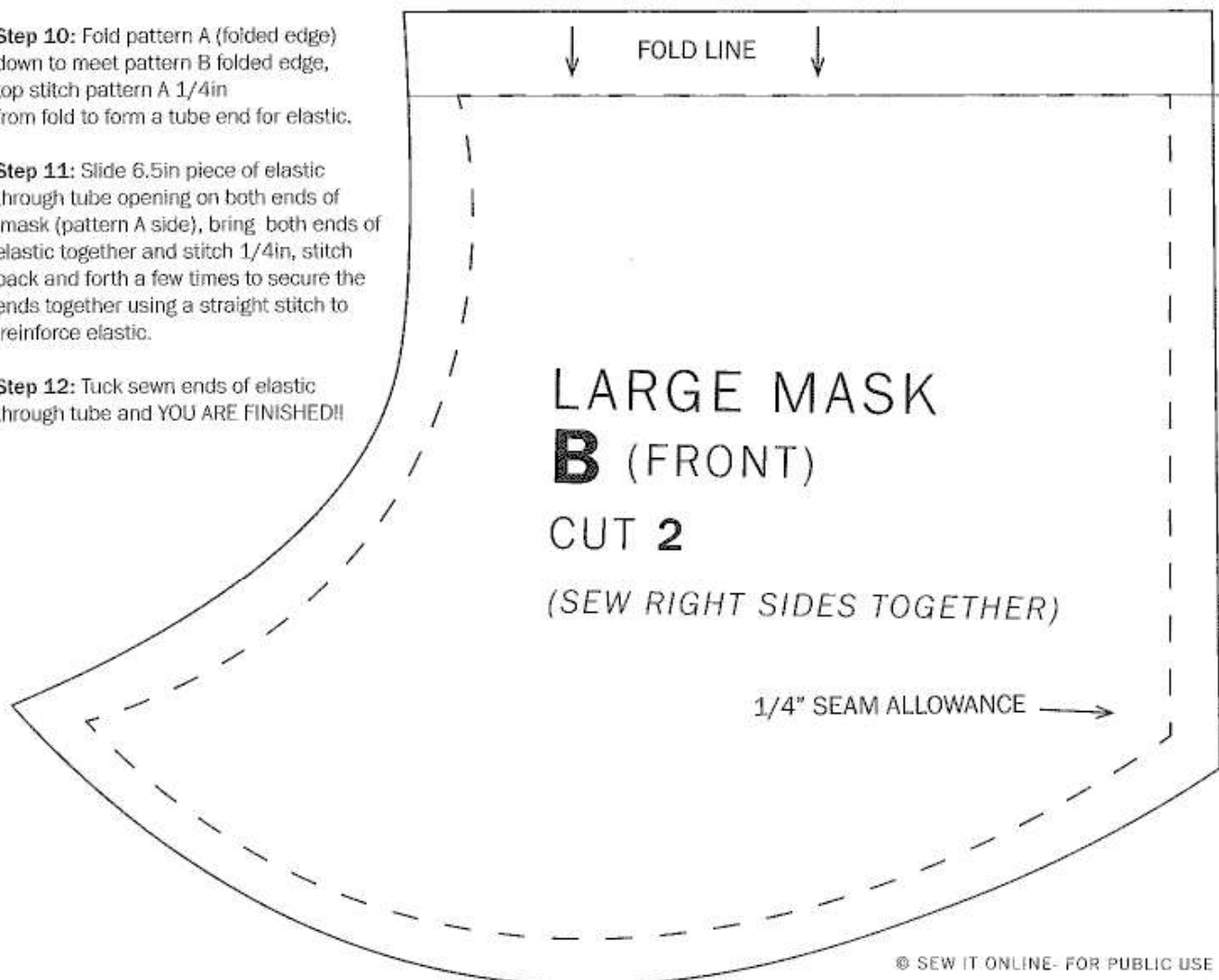
Step 10: Fold pattern A (folded edge) down to meet pattern B folded edge, top stitch pattern A 1/4in from fold to form a tube end for elastic.

Step 11: Slide 6.5in piece of elastic through tube opening on both ends of mask (pattern A side), bring both ends of elastic together and stitch 1/4in, stitch back and forth a few times to secure the ends together using a straight stitch to reinforce elastic.

Step 12: Tuck sewn ends of elastic through tube and YOU ARE FINISHED!!



SEWITONLINE.COM



CLOTH SURGICAL FACE MASK PATTERN

INSTRUCTIONS ONLY



SEWITONLINE.COM

SUPPLIES:

Fabric scraps (Need 1 light and 1 dark color fabric for visible contrast)

Sewing machine or serger

13in of 1/4in elastic (any narrow elastic works)

3in wire (thinner gauge enough to bend and hold for nose piece. Can even use paperclips! Make sure to bend ends in so the wire does not poke through fabric)

STEP 1: Cut 2 of pattern A fabric right sides together, cut 2 of pattern B fabric right sides together. Cut 2, 6.5in pieces of 1/4in elastic.

STEP 2: Fold pattern A fabric 1/4in from end (as shown on pattern) top stitch down.

STEP 3: Fold pattern B fabric 1/2in from end (as shown on pattern) top stitch down.

STEP 4: With pattern A fabric right sides together, sew curved seam to create the center of mask with 1/4in seam allowance with a straight stitch. Clip curved seam to allow seam to lay flat.

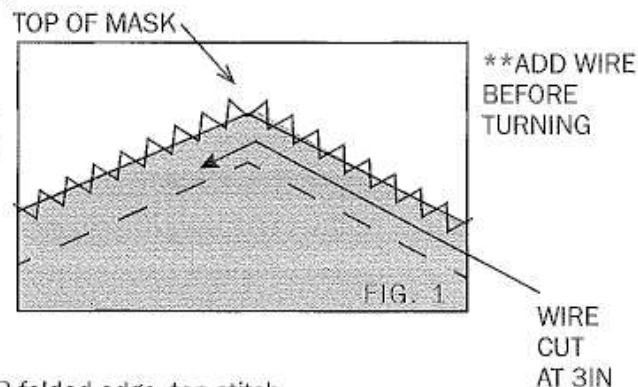
STEP 5: With pattern B fabric right sides together, sew curved seam to create the center of the mask with 1/4in seam allowance. Clip curved seam to allow seam to lay flat.

STEP 6: Match pattern A and B at middle seam (nest seams) and stitch with 1/4in seam allowance both layers together at top and bottom (leaving ends open). Pattern A WILL BE LONGER THAN pattern B!

STEP 7: Before turning right sides out, zig-zag stitch pattern A and B edges together at the nose of the mask (2in down from top point on both sides, 4in total). (See FIG. 1)

STEP 8: Slide wire between 1/4in seam allowance and zig-zagged edge at nose point, bend slightly around the curve.

ZIG-ZAG FABRIC LAYERS AT TOP OF MASK (FOR NOSE)



STEP 9: Turn mask right side out using the side openings.

STEP 10: Fold pattern A (folded edge) down to meet pattern B folded edge, top stitch pattern A 1/4in from fold to form a tube end for elastic.

STEP 11: Slide 6.5in piece of elastic through tube opening on both ends of mask (pattern A side), bring both ends of elastic together and stitch 1/4in, stitch back and forth a few times to secure the ends together using a straight stitch to reinforce elastic.

STEP 12: Tuck sewn ends of elastic through tube and YOU ARE FINISHED!!

PUBLIC NOTICE



Oregon
Kate Brown, Governor



OREGON
DEPARTMENT OF
ENERGY

550 Capitol St. NE
Salem, OR 97301
Phone: 503-378-4040
Toll Free: 1-800-221-8035
FAX: 503-373-7806
www.oregon.gov/energy

MEMORANDUM

To: Individuals Interested in the Public Hearing on the Draft Proposed Order for the Obsidian Solar Center

From: Kellen Tardaewether, Senior Siting Analyst, Oregon Department of Energy

Date: March 24, 2020

Re: Temporary Suspension of Hearing Scheduled for April 23, 2020 for the Obsidian Solar Center Draft Proposed Order and Extension of the DPO Comment Period.

The Oregon Department of Energy (Department), staff to the Energy Facility Siting Council (EFSC), is issuing this update to indicate that due to the COVID19 pandemic crisis, it will be temporarily suspending the public hearing on the draft proposed order (DPO) for the Obsidian Solar Center (proposed facility). On March 12, 2020 the Department issued notice of the public hearing on the DPO consistent with OAR 345-015-0220. The notice provided information for a public hearing on the DPO scheduled for April 23, 2020 at the North Lake School in Silver Lake Oregon. That meeting is hereby canceled due to closures and social distancing measures to reduce the spread of COVID19.

As stated in the notice of the DPO hearing, the public comment period for the Obsidian Solar Center was to end at the close of the April 23, 2020. The comment period for the proposed facility remains open until the end of the rescheduled public hearing. For more information on the Obsidian Solar Center and the DPO please visit the project webpage at:

<https://www.oregon.gov/energy/facilities/safety/facilities/Pages/OSC.aspx>

The Department will reschedule the hearing on the DPO for a later date consistent with all applicable Oregon Administrative Rules and Oregon Revised Statutes, the Governor's Executive Orders, and in a manner that seeks to ensure everyone's safety. Once the Department has additional details, it will re-notice and circulate the notice of the DPO hearing under OAR 345-015-0220 (2) and (3).

Page 1 of 1

**Please call ahead of time
for any changes that may
occur**

A public meeting of the Budget Committee of the North Lake Health District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2020 to June 30, 2021 will be held at the District Office.

The budget committee meeting will take place on April 6, 2021 at 5:00 PM.

The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget.

A copy of the budget document may be inspected or obtained on or after April 7 at the office of Patty Effingham LTC EA.

BUDGET COMMITTEE MEMBERS NEEDED:

Most local governments in Oregon, from the smallest Cemetery district to the largest city, must prepare and adopt an annual budget. Schools, counties, cities, rural fire protection districts, and most special districts are all subject to the same budget provisions.

Each district forms a Budget Committee made of the Districts board members and an equal number of Appointed electors. The appointed electors must meet the following guidelines:

Electors are registered voters in the district

Cannot be officers, agents or employees.

All members have the same authority

Appointed for staggered 3-year terms

If the district can't fill all appointed members, the Committee can be fewer.

Budget Committee Members are needed for the following Districts:

Christmas Valley Park & Recreation District – First meeting is April 14, 9:00am at the District Office

Christmas Valley Rural Fire Protection District – First Meeting is April 20, 7:00pm. at the Fire Hall

North Lake Health District – First meeting is April 6, 5:00pm At the District Office.

If you are interested in serving on any of the above budget committees, please contact Patty Effingham at 541-576-2640.

Christmas Valley Domestic Water Supply District – First meeting TBA. If you are interested in serving on this budget committees, please contact Erica Anderson at 541-576-2090.

Please get involved in your community.

A Message From Dorcas's

DORCAS DEPOT CAN NO LONGER ACCEPT:

- BABY CRIBS/MATTRESSES
- INFANT INCLINE SLEEPERS
- CAR SEATS/INFANT CARRIERS
- BABY SWINGS/BOUNCERS
- BABY BATH TUBS/BATH TUB SEATS
- STROLLERS/WALKERS
- HIGH CHAIRS/POTTY CHAIRS
- HELMETS OF ANY KIND
- MEDICAL SUPPLIES/MEDICAL DEVICES

Dorcas Depot has no way of ensuring that the items listed above have not been recalled and meet the safety guidelines established by the Consumer Products Safety Commission and are safe to resell.

Dorcas Depot has also stopped accepting ALL electronics (TV'S, VCR'S, STEREOS, STEREO SPEAKERS, COMPUTERS, COMPUTER COMPONENTS, GAMING CONSOLES, GAMING CONSOLE DEVICES, AND VACUUM CLEANERS, and SPACE HEATERS) due to the cost of disposing of items that are not in working order.

We would like to thank our community for all of the great donations given so generously, without which we could not operate, and we hope that not accepting these items does not offend anyone.

We are simply trying to comply with laws that are set in place to protect the safety of consumers and to keep from spending our proceeds (that are used for needs in our community) on hauling away broken or unusable items.

PUBLIC NOTICE

A public meeting of the Budget Committee of the Christmas Valley Park & Recreation District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2020 to June 30, 2021 will be held at the District Office.

The budget committee meeting will take place on April 14, 2020 9:00 AM.

The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget. A copy of the budget document may be inspected or obtained on or after April 15 at the district office.

BUY LOCAL SUPPORT BUSINESS IN CHRISTMAS VALLEY

Reminder

Christmas Valley Highway Speed Limit is 35. There are people and big rigs driving 80+ on Christmas Valley Highway past people's homes. One day someone is going to be hurt beyond repair.

Fort Rock Grange Cancels Spring Events

The increasing spread of COVID-19, evolving state mandates, and concerns about the health of our community, has caused the Fort Rock Grange to **cancel** the Easter Breakfast on Sunday, April 12, and the BBQ Beef Dinner and Pie Auction on Saturday, April 25, 2020

The Grange thanks you for your past support of these events, and wishes every person in North Lake County, a healthy and safe spring.

A public meeting of the Budget Committee of the Christmas Valley Rural Fire Protection District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2020 to June 30, 2021 will be held at the Fire Hall.

The budget committee meeting will take place on April 20, 2020 at 7:00 PM.

The purpose of the meeting is to receive the budget message and to receive comment from the public on the budget.

A copy of the budget document may be inspected or obtained on or after April 20 at the office of Patty Effingham LTC EA.



Band Of Brothers

Christmas Valley

Band of Brothers Breakfasts
Postponed until restrictions are
lifted in

Christmas Valley.

President: Charles Brown

541-576-4912

Secretary: Glenna Wade

541-977-0626

For more information on
the Virus that has us all
wondering what is next.

Here is the link
<https://govstatus.egov.com/or-covid-19>

Stage Rats Players

Stage Rats Players return to
North Lake School just not
in April due to restrictions
of having large groups in
one area.

The cast is hoping come
Fall they will be back on stage.

Keep checking back for
new dates.



POSTPONED

We love and support our Veterans and first
responders, but for the time being we will be
postponing our free coffee event.
Once the Coronavirus restrictions are lifted, we
will again hold Thursday Morning Coffee.

We want you to stay safe, stay home, & stay healthy.



STAY HOME WITH HOSPICE

We are here for you!

Heart 'n Home Hospice brings services to you.

- * Medical Visits in Your Home
- * Medications, Supplies, & Equipment
Related to Your Diagnosis
- * Spiritual & Emotional Support
- * Grief & Loss Support
- * Pre-Bereavement Planning
- * Patient-Focused Care
- * 24/7 On-call Nursing Services

(541) 536-7399 • GoHOSPICE.com

LIBRARY TAKE OUT STARTS MARCH 31

While all Lake County Library District locations remain closed to the public to be in compliance with the Governor's Stay Home, Save Lives order, library patrons will soon be able to check items out again through a new Library Take Out service. Beginning Tuesday, March 31, 2020, library locations will have weekly pick up times that the public can use to take library items home.

There are three steps to using Library Take Out. First, library patrons must place items on hold. Patrons can do that by signing into their library account online and placing holds themselves or by calling or emailing their local library. Second, patrons should arrive at their local library's designated pick up day and time. Third, patrons should call the library to say they are outside and ready to pick up. Library staff will check the items on hold out to the patron and place the items on a table, chair, or bench outside the front door for the patron to pick up. The hold deadline is noon for same-day Take Out.

Library staff in all locations will continue to answer phones and email during each facility's normal operating hours. All returned items must be placed in the drop box for each location. Incoming items are held in quarantine for at least 3 days before reshelving and checkout to the next patron.

"We feel this is a safe way for library patrons to expand their free entertainment and education options while at home in compliance with the Stay Home,

Continued on page 24

People who are at higher risk for severe illness

COVID-19 is a new disease and there is limited information regarding risk factors for severe disease. Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19.

Based upon available information to date, those at high-risk for severe illness from COVID-19 include:

People aged 65 years and older

People who live in a nursing home or long-term care facility

Other high-risk conditions could include:

People with chronic lung disease or moderate to severe asthma

People who have serious heart conditions

People who are immunocompromised including cancer treatment

People of any age with severe obesity (body mass index [BMI] >40) or certain underlying medical conditions, particularly if not well controlled, such as those with diabetes, renal failure, or liver disease might also be at risk.

People who are pregnant should be monitored since they are known to be at risk with severe viral illness, however, to date data on COVID-19 has not shown increased risk.

Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications



NEED A RIDE? We are Expanding Lake County Public Transit

INNER COURT NOW OFFERING:

- Expanded service through in the North Lake County
 - After School Transportation for grades 9-12
- PAISLEY: (541) 943-3551 North Lake: (541) 576-4689

SENIOR CENTER NOW OFFERING:

- Weekly trips from Lakeview to Alturas
- Free monthly shopping trips from Christmas Valley to La Pine the 1st and 3rd Wednesday of the month
- Free day of local transportation in Lakeview scheduled in the 1st Thursday of the Month

CALL (541) 947-4966

... Transit is available for everyone in Lake County. Check out the provider in your area to see what services are available

Call the Local Guys FIRST!



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- Huge selection of Plumbing & Electrical Supplies
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8:00 am - 5:00 pm

Phone:
541-576-2206

Fax:
541-576-2702

CCB# 45220

Save Lives order,” said Library Director Amy Hutchinson. “We do ask for a little patience as we start this new service. There are over 3,000 library patrons and the equivalent of less than 5 full-time library staff,” said Hutchinson.

To ensure the service runs smoothly, library patrons can help by placing their holds online, and following directions provided by library signage and library staff during pick up. The goal is to maintain social distancing for staff and patrons both during pick up. Patrons can log in to their online account at <https://lake.sage.eou.edu/> and clicking the ‘My Account’ button in the top right corner. Contact library staff if you don’t know your login information.

For the Main Library, Library Take Out can be picked up between 1:00 PM and 7:00 PM Tuesdays through Fridays or Saturdays between 1:00 PM and 4:00 PM. Christmas Valley Take Out can be picked up between 2:00 PM and 6:00 PM Tuesdays and Thursdays and between 1:00 PM and 3:00 PM Saturdays. Paisley Take Out can be picked up between 2:00 PM and 6:00 PM Tuesdays and Wednesdays. Silver Lake Take Out can be picked up between 2:00 PM and 6:00 PM on Mondays beginning April 6, 2020. Questions about the service can be answered by your local library staff or Library Director Amy Hutchinson, 541-947-6019.



Dr. Natasha S. Rudd, N.D., L.Ac.

Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, family health care, flower essence prescribing, general internal medicine, homeopathy, primary health care, personalized nutrition, shiatsu massage, stop smoking treatments, and vitality longevity evaluations.

Dr. Rudd is accepting new patients and referrals for patients seeking natural therapies. To schedule an appointment to be seen by Dr. Rudd at the North Lake Health District's Medical Complex, please call 541-385-6249.



**The power
to choose
is YOURS**



Physical dependence to opioids can happen
in as little as 3 days
and it can be hard to quit.

High Desert Rural Opioid Partnership
is committed to not only giving you information
about your options, but also to helping you find
the resources in our community you need

**Find out how to design the best
pain management plan
FOR YOU**

Reducing harm from opioids in our community
means reducing use. Find out more at:
outbackstrong.org/high-desert-rural-opioid-partnership

This information
brought to you by:



HIGH DESERT
Rural Opioid Partnership

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$200,000 with 3 percent financed with non-governmental sources. The contents are those of the author(s) and

Christmas Valley Concrete, Inc.

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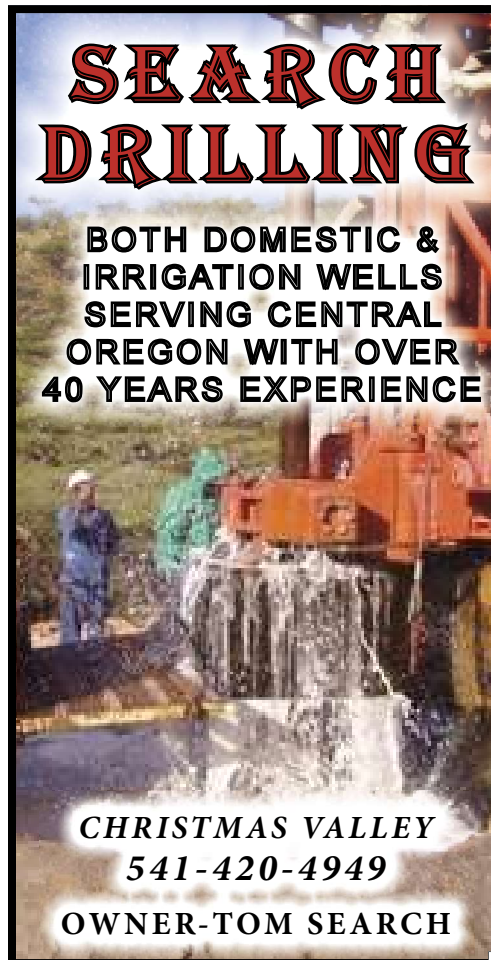
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CHRISTMAS VALLEY
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OWNER-TOM SEARCH

Calendar For April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
All events, dates, times and locations are subject to change and/or cancellation.	You may want to call ahead of time check for cancellations					
			6:30pm @ FtRk Grange -FtRk Grange Mtg	6pm @ LdgSumL -LC Hay & Forage 7pm @ EMS Bldg. -EMS Board Mtg		
5	6	7	8	9	10	11
		11:30am @ CVCHall -Soup Kitchen 5:00pm @ NLHD -NLHD Board Mtg.	10am @ SL Lioness -SL Firehall			
12	13	14	15	16	17	18
	5:30pm @ NLSch Lib -NL School Bd. Mtg. 6pm @ Boosters Bldg -Boosters Mtg.	9am @ PnR Office -PnR Board Mtg 9:30am @ FtRkHM -FRVHS Board Mtg 11:30am @ CVCHall -Soup Kitchen	1pm @ CVCHall -CV Water Bd. Mtg			
19	20	21	22	23	24	25
	7pm @ CVFire -CV Fire Brd. Mtg	11:30am @ CVCHall -Soup Kitchen	6pm @ CVCHall - NA Mtg.			
26	27	28	29	30	CVCC: Christmas Valley Community Church CVCHall: Christmas Valley Community Hall CVFire: Christmas Valley Fire Hall FtRkCC: Fort Rock Community Church FtRkHM: Fort Rock Homestead Museum FtRkGH: Fort Rock Grange Hall LdgSumL: The Lodge at Summer Lake NLHD: North Lake Health Dist. Complex NLSch: North Lake School PnR: North Lake Park & Recreation Office SLFire: Silver Lake Fire Hall WWC: Well in the Wilderness Church	

BACK IN THYME

by Linda McCoslin

EXOTIC PLANTS

CALABAR BEAN: *Physostigma Venenosum* Balf.
Pea Family: Leguminosae

The line between a deadly poison and a beneficial drug is very fine. Exactly how fine is shown very clearly by the fruit of the twining woody vine native. To the area of Africa once known as Calabar. Here the River Niger, close to the end of its 2,600 mile journey to the sea, has lots of streams that run like blue veins across the Niger Delta. The Calabar vine roots in the riverbanks and sends its stems climbing 50 to 60 feet high among the trees. Long clusters of its big purple flowers hang in spring like bloated wisteria blossoms. After the flowers fall, 6 inch long, brownish-yellow seedpods develop, when they ripen they split, showing 2 or 3 fat maroon seeds called calabar beans.

Until the past century or so, the Calabar bean served the people of the region as sort of a botanical Judge, jury and executioner. Someone accused of a serious crime was given a drink made from the powdered beans. If he regurgitated the concoction, he was presumed innocent; if it killed him, he was quality. It was a simple and direct system of justice, but when the British colonized the area, they disapproved. Hoping to end the practice of trial by ordeal, they banned the cultivation of Calabar beans. The vines grew wild, however, and so the measure had little effect. By the mid 19th century they outlawed the practice altogether.

The potency of the beans remained a mystery. What poison was in them? But more important, could it be used to help rather than to kill people? In time, scientific research answered both question. The beans contain several alkaloids, the key one being physostigmine, a powerful stimulant of muscular contractions. It kills by contracting the heart, diaphragm, and pulmonary muscles to the point of rigid paralysis. Because of this property, the drug has proven useful in reversing the action of such poisonous substances as atropine and curare, which kill by relaxing the same muscles. Doctors have used physostigmine and synthetic neostigmine, to stimulate intestinal muscles after the shock of surgery and to counteract symptoms of the muscle weakening disease myasthenia gravis. Today it is used in ophthalmology: It is a meiotic, causing the pupil of the eye to contract; and to help reverse the build up of pressure inside the eye that can lead to blindness in the disease in the disease glaucoma.

Businesses Take Extra Precautions

As in any town big or small we all want to be safe and take that extra step. If you have been into the stores in Christmas Valley or ordered take out from a restaurants you know they care. After going into the Sagewood Market the other day I noticed the tape on the floor. Guild lines say 6 feet apart, this is exactly what they are doing. You place your items on the counter and step back to the tape, the cashier will ring you up and step back, you step forward to pay and maybe bag your items, the cashier will finish the transaction. Please don't give the employees a hard time, they are doing the job in the correct ways in order to protect both you and them. We all know that it's hard to stay home or away from our friends, and I am sure with the children being out of school this extra time they are going bonkers as well. This Virus will be gone soon and life will be back to what is normal to us all. Remember wash your hands with soap, water and sing the ABC song. .

Everyone be safe and remember we will get past this all.

Many of us are working from home when at all possible, however there are some who can't. We have Caregivers who are going the extra mile to ensure that people who depend on that help are getting it. My hat is off to you. We have the EMS crew who is called out not knowing what they will walk into and yet they go go go. Our Sheriff's Department is on call for all things and are doing their very best to be everyplace all the time. The Fire Department is another department that is here to serve. All these people have family and are also taking extra precautions to be safe.

The Editor



at the Christmas Valley Community Hall
Twice a month on Thursdays at 5:30 pm

April 9th & 23rd
May 7th & 21st
June 11th & 25th

For more information call:
Barbara Ferrando
650-455-0052


Sponsored by:
Christmas Valley Park and Recreation

poster by: Mark Joseph

Memberships / Play Fees
Single \$225.00 or Family \$300.00
9 Holes \$20.00 18 hole \$25.00

Christmas Valley Golf Course where the Fun Begins:

Golf Cart Rental \$20.00



Willows-West
Knitting & Flowers & More
86426 Christmas Valley Hwy
Christmas Valley, OR 97641
541-576-2117

10 am to 5 pm - Tues thru Sat
both stores

The Willows
Antiques & Vintage & Gifts

87531 Christmas Valley Hwy | Christmas Valley, OR 97641 | 541-576-2199

Laura Parks
owner

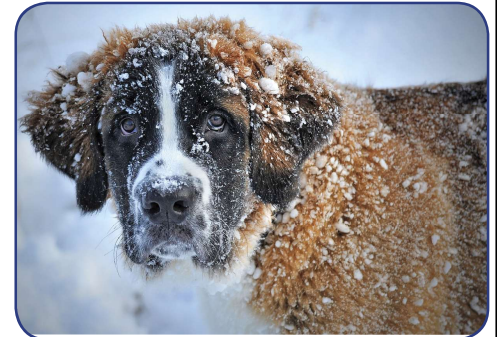
Policy: Animals on Park and Rec Properties

Christmas Valley Park and Rec

Christmas Valley Park and Recreation District has adopted a policy concerning pets/animals on Park and Rec properties. This policy is an attempt to keep our facilities an enjoyable place for all users.

When on Christmas Valley Park and Recreation property (including the Rodeo Grounds, Golf Course, Play Area, etc.) all domestic animals, whether pets livestock, or other, must be leashed and/or under the direct control and supervision of their owner/handler.

Horses are not allowed on the Golf Course at any time- EVER!



Any defecation (poop) from the animal must be cleaned up immediately by the owner/handler. Individuals failing to comply with this policy will be asked to leave Park and Rec property. Animals freely roaming, with no apparent owner/handler in the area may be treated as strays. The proper authorities will then be contacted.

And PLEASE, keep off the Golf Course while the ground is frozen... Especially the greens.
Thank You!

CLASSIFIEDS

FOR SALE

Allis Chambers Forklift, 5700Lb. Cap. Gas engine with three stage mast. Pneumatic tires low hours, runs great price reduced for quick sale \$5,950, call 541-815-4004

Hyster H80XL Pneumatic Tire Forklift with 8,000 lb. capacity two Stage Mast with side shift, Asking \$9,950.00 Call 541-815-4004
29" Genesis V2900 Full Suspension Men's Mountain Bike, \$100 lightly used
Call 541-815-4004

1991 Terry 26ft travel trailer, Solar Panels, Electric Jack. Very Good Condition \$4500.00 Price is FIRM 541-576-2226

Dell Laptop E series fresh install of Windows 10 refurbished big screen duo core processor. Asking \$229.00 Cal 541-815-4004

2000 Ford F 250 Pick Up 7.3 Diesel 3 door super cab camper shell new batteries \$14,000.00 541-576-2226

1946 Chrysler Deluxe with suicide doors. Awsome old car, Clean Title \$4500.00 call 541-841-8995

5 Great Behlen 4ft. walk through Ranch gates, Fencing, T-Post poles, Wire horse quality. Call 541-841-8995

Old Oak Rocking Chair. Nice Table & Chair Sets \$65.00 each 541-841-8995

Angus Cattle for sale, feeder calves/Bukks 541-225-8839

8 each new 12 foot steel Priefert stall fronts with 2 feed doors. Does not include wood. Payerd \$700.00 each will sell for \$500.00 each call (503)510-5891.

4 2010 Rubecon wheels with 2013 LT265/70R17 winter cat tires with 433Mhz TPMS sensors \$600.00 call (503)510-5891.

4 each 2010 Jeep TPMS sensors 315 Mhz \$100.00 call (503)510-5891.

14 gallon Flo-N-Go Duramax portable wheeled fuel container (poly) \$40.00 call (503)5105891.

4 245/65R17 winter cat tires siped and studed very little use \$300.00 call (503)5105891.

FOR RENT/LEASE

SMALL CONFERENCE ROOM for Meetings, Depositions, for rent call 541-480-6461

Vacation Home on the Golf Course for rent. Call for details and pricing. 541-419-2826

For Rent: 2/1 Mobile home with wet bar located on CV Golf Course Call 541-576-4702 leave message for details and pricing

High Desert Ranch House, Furnished, 2bd/2ba on a working ranch, Comfortably remote. Start your day with Pancakes off the ranches cook stove, Short term rental 541-225-8839

FOR RENT/LEASE

FORT ROCK GRANGE Community hall is available for rent. There is a main hall with stage, rest rooms, and fully equipped kitchen. 541-576-2335

CHRISTMAS VALLEY COMMUNITY HALL for rent. desertwhispers@yahoo.com or 541-576-2216

REAL ESTATE

20 acres just outside the historic town of Christmas Valley on Crack in the Ground Road. Zoned A@, Agriculture. County says a Conditional Use permit would be likely approved for home site. Buyer to do due diligence and verify with county. This property is located in an area known for recreation, hunting, & rock hounding. A perfect good ole fashioned getaway spot for peace & quiet \$58K Call 541-228-4160

84.87 ac. in six tax lots in NW1/4 sec 4 T27SR16E. Power on west side. Owner carry \$27,500.00 call 541-589-0888

1.4 AC in Townsite Christmas Valley OR across from Quarter Horse racetrack next to public rodeo corral. Water at property \$10k Unit 3, Block 7, Lot 6 on Pine St. between Nole Lane and Mistletoe Rd. Water, Utility, at street lot line 503-366-4424

Three adjoining parcels at the corner of North Oil Dri Road and Salt Flat Road. Two twenties and an eighty. \$95,000 (707)815-8614

Christmas Valley 21.37ac \$20,000.00 Township 27 south range 16 EWM Section 19 West one half Government Lot 1 Tax Lot 800 Arrow Gap Rd. turn Bowens road one mile turn left property starts next to intersection 503-366-4424

20 Acres with Power, 2 Miles from store \$38,000.00 Cash 541-841-8995

2.47 Acres 1 bedroom 1 bath remodeled mobile home, Vinyl windows, gas range, 5 room shed chicken coop, city water, electric, Trees Garden Alaska roof, washer dryer hookup, covered porches two paddocks pig enclosure, large deck Call 541-576-4353

WANTED

wanted yarn any scraps etc afghans for children of the community and Ronald Macdonald 541-576-2022

Bible Prophecy students for current events discussions; Brunch perhaps? Interested call John 541-815-4004

WORK WANTED

Experienced Heavy Equipment Operator seeking work. Have 35 years experience call 541-841-8995

SERVICES

Triple-T Firewood, Yard work, Hog Mowing, Clean up work, Brush Hauling. \$35.00 a hr. \$65.00 hr. Tractor work. 2hr min., 2 man team 541-408-4852

North Lake Towing & Service AAA Service Provided. Doug Polhans Owner/Operator 541-771-6645

Mr. Handyman Service, Siding, Doors, Windows, Sheetrock, Tape & Texture, Trim, Tile,Sinks, Toilets, Painting. No Job to small 541-903-2890

THE TINSEL TAILOR: Sewing/Alterations shop in Christmas Valley. Zipper replacement, knit or crochet repairs, general clothing repairs, reasonable rates. Hem Jeans Call for Pricing 541-576-2022

Dog Grooming! Over 30 yrs experience with tons of references. Can only do dogs under 50 pounds. Call for Price and Appointment 541-420-2365

Speedy & Efficient Carpet Cleaning Services \$25.00 per hr. Call to book your cleaning today 541-213-3309

CAT WORK: Clearing, Road Building, BIG JOBS small jobs. Call Spence 541-5763595

Alora's Outback Cleaning Services Specializing in rental, move out, move in cleans. Yes we clean carpets! We also do painting! Book in advance 503-882-5609

Sage Brush Salon by Appointment. All day Thursday & Saturday's call to set up appointment with Robin. Women, Men & Children. Cuts, Color, Perms, Highlights and Massaging Scalp Treatments. 541-576-4229

A1 All Star General Services: General Contractor, General Clean Up, Decks, Site Prep, Manufactured Homes, Septic Installation & Repair, Hot Water Heater Repairs Call 541-653-6536

A&L Property Maintenance Services we do remodeling, home sale prep, estate sales, we repair drywall, fencing flooring, roofs, decks, painting. Let us do the heaving job of cleaning your property. Tree trimming and removal, etc. Call 541-841-8995

Peters Creek will open March 1st. Remote Camping, RV Hookups, on the Oregon Desert Trail, Shed hunters discount 541-225-8839

Summer your cattle on High Desert grasses, Bunch grass, Squirrtail, crested wheat grass, water, corrals available, up to 40 AVMS, Fenced 4000 acres 541-225-8839

Free Removal of Unwanted Car - Pickup's - Tractors - Farm Equipment - Mobile Homes Call 541-903-2890

Chimney Sweep and Odd Jobs Call 541-576-4821

PLEASE PRINT CLEARLY

NATIONAL SUICIDE PREVENTION LIFELINE™

1-800-273-TALK (8255)
suicidepreventionlifeline.org

SUICIDE WARNING SIGNS

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious, agitated or behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable. Call the Lifeline at:
1-800-273-TALK (8255).

Mommy & Me Group

Submitted

Do you have a little one, age birth to three years old, who doesn't meet the requirements for Preschool on Tuesdays? You and your child are invited to join Mrs. Anthony on the first and third Thursdays of each month from 10:00 a.m. - 11:30 a.m. at the North Lake School annex building for a **Mommy and Me Play Group**. "We will be exploring our world around us through music, movement, and sensory play," says Mrs. Anthony. "We will also be doing **Make and Take** activities once a month that you can do with your kiddos at home."

If you have questions, please call Mrs. Anthony at 503-351-7855.

North Lake County Church Directory

Christmas Valley Community Church

87921 Christmas Vly Hwy **541-576-2757**

Interim Pastor: Greg Melendes

Youth Leader: Fred Chugg

www.christmasvalleycommunitychurch.com

Sunday School 9:45am

Morning Worship 10:45am

Youth Group Wednesday @ 7:00pm

Christmas Valley Seventh-day Adventist

Old Lake Rd & Sunrise Circle.....

mssg. phone.....**541-306-0384**

www.bibleinfo.com

Sabbath School 9:30am

Sabbath Worship 11:00am Saturdays

Midweek Bible Study & Worship 6:00pm

Fort Rock Community Church

Downtown Fort Rock **541-576-2888**

Pastor: Jeremy Warkentin

Sunday School 9:45am

Sunday Morning Worship 11:00am

3rd Sunday Potluck

Saturday Men's Breakfast at 7:00am

Free Church Of God

www.freechurchofgod.org

True theology lies with the Apostles that Jesus, himself, trained and ordained.

Lutheran Bible Study and Worship

call for location/directions **541-576-2593**

Pastor Peter Pagel of Faith Lutheran Church in La Pine leads a local meeting

Tuesdays at 6:00pm

CHRISTADELPHIANS

A non-Trinitarian Christian group patterned after the early Christian church;

INFORMATION: 541-815- 4004

New Life Fellowship of Christmas Valley

87218 Glitter Lane

Pastor: Doug Polhans**541-591-4067**

Visit us on FACEBOOK

Sunday School 9:30am

Sunday Worship 11:00am & 6:00pm

Praise The Lord Fellowship

35 NE Arrowhead Rd, CV..... **541-576-3079**

Pastor: Rev. Suzan Burch/Fowler

Assistant Pastor: Marvin Fowler

Worship Gathering Sunday 11:00am followed

by Potalatch (Blessing Meal)

Song & Praise Sunday 4:00pm • Bible Study

Wednesday 4:00pm • Prayer Saturday 4:00pm

Silver Lake Church of the Bible

Hwy 31, Silver Lake **541-576-2367**

Pastor Leon Baker

Sunday School 10:00am

Morning Service 11:00am

Second Sunday Potluck

Well in the Wilderness Church

Sunrise Circle, Christmas Vly **541-977-5296**

Pastor Kerry Cardwell: 541-977-5296

Pastor Bon Puckett: 541-576-4765

Sunday School (for all ages) 9:45am

Morning Worship 11:00am

Wednesday night 6:00pm

Holy Family Catholic Church

57255 Fort Rock Rd **541-536-3571**

Paster Fr. Paul Antao, SDB

Reconciliation: Sundays at 2:50 - 3:15 pm

Weekend Mass: Sundays at 3:30 pm

Contact - Mike & Laura House: 541-576-2415

The Konaway Nation

Council Meetings every 2nd.

Saturday of each month at

Noon at the Chief's home.

Potalatch to follow.

Call 541-576-3079 for info.

SOBRIETY IN THE DESERT

AA AND NA

FRIDAYS @ 5:00 PM

ON THE BACK SIDE OF

NORTH LAKE CLINIC

87520 BAY ROAD

CHRISTMAS VALLEY, OR 97641

Celebrate Recovery

Mondays @ 6:30 p.m.

CV Community Church

Sherry 541-576-4509

or Tim 541-977-4944

Rev. Suzan Burch will be teaching Coastal Jargon. This is one of 14 Native American trade languages. if interested, call
541-576-3079

Visit Klamath Basin Equipment

BUILT MY WAY

**ORDER NOW
AND SAVE!**



**WE'VE GOT
A MACHINE FOR
THAT...**

**Pre-order Model Year 2019 New Holland combines
and high-horsepower tractors NOW!**



klamathbasinequipment.com

Serving you in: ●Klamath Falls ●Central Point
●Redmond ●Lakeview ●Christmas Valley

87000 Christmas Valley Hwy
Christmas Valley, OR 97641
541-576-3026

307 North P Street,
Lakeview, OR 97630
541-947-2188

Take advantage of the New Holland **Built My Way** Program. Pre-order Model Year 2019 New Holland combines and High horsepower tractors NOW to get the best deal and get your equipment built when you want.

The earlier your unit is ordered and and built, the better the deal*. You also get these Built My Way benefits:

Models factory-built to your request

The latest innovations and improvements from New Holland

The best financial package

Precision Land Management (PLM) Solutions



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