Volume 42 Issue 4

DESERT WHISPERS 57334 Christmas Tree Road

P.O. Box 181 Christmas Valley, Oregon 97641

Phone: 541-576-2216 Fax: 541-576-2272 desertwhispers@yahoo.com



C-17 Globemaster III during simulated operations over Christmas Valley, Oregon

~see page 11~

Photos @ Rob Petitt

Next Desert Whispers DEADLINE 7 DAYS PRIOR to publication on the 15th of the month.

DESERT WHISPERS

The intent of DESERT WHISPERS is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the Christmas Valley Park and Recreation District Board members. staff, personnel or advertisers. The Christmas Valley Park and Recreation District is not responsible for errors in articles and/ or ads submitted to be published without change. The Christmas Valley Park and Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

DESERT WHISPERS welcomes letters to the Editor. Letters should be printed or written clearly. Each letter **must be signed.** *DESERT WHISPERS* reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. *DESERT WHISPERS* reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

- The Editor



Renting the Christmas Valley Community Hall

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52 (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call Christmas Valley Park and Recreation for availability: 541-576-2216.

DESERT WHISPERS is a bi-monthly publication of CHRISTMAS VALLEY PARK and RECREATION

57334 Christmas Tree Rd. / P.O. Box 181 Christmas Valley, Oregon 97641

541-576-2216[PHONE] 541-576-2272[FAX] DesertWhispers@yahoo.com CVParkandRec.org

CV Park and Recreation

f

Christmas Valley		
Park and Rec Boa	ard Members	
Glenna Wade	541-576-2216	
Shara Shumway	541-480-6461	
David Uran	.541-576-4177	
Gary Kelso	.541-410-3621	
Barbara Ferrando	.650-455-0052	

Christmas Valley Park and Rec Office Open: Monday - Friday • 10 am - 2 pm Closed all Holidays

IMPORTANT NUMBERS

INFORMATION NUMBERS

Emergencies911
Air Link (Emergency Dispatch)
Air Link (Business Office)
A.A.A.(Central Oregon)
C.V. Fire Dept 541-576-2212
or
C.V. Post Office 541-576-2657
C.V. Water District 541-576-2090
C.V. La Pine Com. Health Center
Lake Co. Sheriff CV. 541-576-2781
Lake Co. Sheriff-Lakeview
541-947-6027
State Police (Lakeview)
Midstate Electric 800-752-5935
NLC, EMS Business541-576-2759
NL Health District 541-576-2165
NL Public Health 541-576-2115
New Beginnings (24hrs)
or 1-800-850-4838
St. Charles Hospital541-382-4321
Women's Crisis Center.

LANDFILL SCHEDULE

Christmas Valley (on Rainbow Road): Thursday - Saturday, 8:30 am - 4:30 pm Closed for lunch between 12-12:30 Fort Rock (1.5 miles west of town): Sunday 9:00 am - 12:00 pm Paisley: Saturday 8:30 pm - 4:30 pm, Wednesday 12:00 pm - 4:30 pm Silver Lake: Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter, Thanksgiving & Christmas. Bring washers, dryers, stoves, etc., to the Christmas Valley Landfill ONLY for the North end. 541-417-1255



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LOCAL RESOURCES

FREE

Food, clothing, shoes, household items and more! We are open for you to browse, exchange items and/or donate Wednesday-Friday, 10 am-3 pm

Praise The Lord Fellowship

576-3079 • 35 NE Arrowhead

Take CV Hwy to Snowflake, turn left on Arrowhead (come to NE corner)

Food Share:

Third Tuesday of every month. 9am-2pm (closed 12-12:30)

Located next door to Dorcas

North Lake County Kids Korner

Food Relief Outreach

87450 Spruce Lane Christmas Valley, Oregon

541-410-3086

Open

First and Third Saturdays of the month; 11 a.m. - 2 p.m.

~ Serving the Youth of North Lake County ~

Lake County Public Transit Operated by Lake County Senior Citizens Association

Christmas Valley to La Pine Shopping Shuttles are scheduled for every Wednesday leaving from the CV Community Center at 8 a.m. Stops vary depending upon riders' needs. Please call Linda at 541-947-4966 ext. 106 to schedule. Bus fares are *not* required, although donations are accepted and encouraged for shopping trips.

Routine Medical Trips:

- La Pine
- Bend
- Portland

Call our new Transportation Coordinator, Linda, to be scheduled to join any of these trips, or to inquire about additional trips as they come in.

Promoting the health and safety of all Lake County residents is our mission. We encourage seniors, those with disabilities, and those who do not have other access to safe transportation to call us about availability. Our vehicles are ADA-approved for those with mobility aids, such as, wheelchairs, walkers, etc.

Per OHA and ODOT requirements under the COVID pandemic, riders and drivers are required to wear masks or face coverings at all times. Vehicles are disinfected between each trip, and a 6 foot minimum distance must be maintained between driver and each rider-household at all times.

If you have OHP, please call: EOCCO Ride Share at 877-875-4657 for non-emergency medical transport. 4 • DESERT WHISPERS

February 15, 2022



Well In the Wilderness Church Bountiful Blessings

Food Bank Open Every Wednesday 1 p.m. to 3 p.m.

Located on Old Lake Road near the Seventh Day Adventist Church.

For information call Liz Ewell 541-410-5936

KPAI Radio

Live Radio Programs Paisley Charter School's Student Broadcast

Listen on 103.1 FM

or by logging on at www.paisleyschooldistrict.com Choose "Radio" at "Quick Links"

on the home page.

SUBSCRIBE!

To receive 24 issues send \$60 to cover postage & handling to:

DESERT WHISPERS P.O. Box 181 Christmas Valley, OR 97641

See subscription mail in form in the back of this issue.

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Linus Pauling Day an observance unique to Oregon

Every year, the OSU Linus Pauling Institute celebrates the life of founder, Linus Carl Pauling. Dr. Pauling was born February 28, 1901 in Portland, Oregon.

It is not easy to list the accomplishments of Linus Pauling because his research and discoveries were extensive and varied. He is the only person in history to be awarded two unshared Nobel prizes: One in chemistry in 1954 and the other for peace in 1963.

After his death in 1994, the governor of the state of Oregon declared February 28th as "Linus Pauling Day" to honor this great man and his achievements.

Linus Pauling's family came from a line of Prussian farmers, and his father worked as a pharmaceuticals salesman, among other things. After first studying at Oregon State University in Corvallis, Oregon, Linus Pauling earned his PhD from the California Institute of Technology in Pasadena, with which he maintained ties for the rest of his career.

In 1954 he was awarded the Nobel Prize for Chemistry. The development of quantum mechanics during the 1920s had a great impact not only on the field of physics, but also on chemistry. During the 1930s Linus Pauling was among the pioneers who used quantum mechanics to understand and describe chemical bonding - that is, the way atoms join together to form molecules. Linus Pauling worked in a broad range of areas within chemistry.



For example, he worked on the structures of biologically important chemical compounds. In 1951 he published the structure of the alpha helix, which is an important basic component of many proteins.

Dr. Pauling originated the concept of molecular disease. In 1945, while hearing a physician describe sickle cell anemia, he instantly surmised that it might be caused by a defect in the red blood cell's hemoglobin. After three years of painstaking research, he and his associate Dr. Harvey Itano identified this prevalent disease as molecular in origin — caused by a genetically transmitted abnormality in the hemoglobin molecule. In susceptible patients, hemoglobin molecules in venous blood, lacking oxygen, become self-complementary; distorted, they stick together and form long rods that interfere with blood circulation.

Dr. Pauling's description of this first molecular disease (as he called it) initiated a search for many more such disorders. The new idea quickly became immensely important in medicine and is now the main focus of human genome research. Thus the medical specialties of hematology, serology, immunology, applied genetics, and pathology owe much to Dr. Pauling's contributions, which were made long before his intense interest in the promise of nutritional therapy became widely known.

In 1962 he was awarded the Nobel Prize for Peace. The atom bombs dropped on Hiroshima and Nagasaki were a turning point in Linus Pauling's life. Together with other scientists he spoke and wrote against the nuclear arms race, and he was a driving force in the Pugwash movement; it sought to reduce the role of nuclear arms in international politics and was awarded the Peace Prize in 1995. In 1959, Linus Pauling drafted the famous "Hiroshima Appeal", the concluding document issued after the Fifth World Conference against Atomic and Hydrogen Bombs. He was one of the prime movers who urged the nuclear powers the USA, the Soviet Union and Great Britain to conclude a nuclear test ban treaty, which entered into force on 10 October 1963. On the same day, the Norwegian Nobel Committee announced that Linus Pauling had been awarded the Peace Prize that had been held over from 1962.

In the 1950s, Linus Pauling's and his wife, Ava Helen Pauling's, involvement in the anti-nuclear movement led to their being labeled as suspected communists, which resulted in their passports being revoked at times.

The breadth of Pauling's interests and research was enormous and his published work prodigious; more than 1,065 publications, from scientific and popular books and articles to book forewords and reviews to letters to editors.

CHAIR

YOGA



Band Of Brothers Christmas Valley

Band of Brothers Breakfasts every Thursday at 9 am at Stockton Farm Market & Coffee Corner Cafe'.

President: Charles Brown 541-576-4912 Secretary: Glenna Wade 541-977-0626

All Veterans & First Responders Welcome! Come Join Us !!

We have free Clothing, Blankets, Camping Gear, and a variety of other things.

Free to Anyone!



Applications Available at the Christmas Valley Park and Recreation Office or online at http://www.klcas.org/energy/

Shawn Lavalle presents Gentle Yoga

Tuesday, March 1st at 6:00 p.m.

Wednesday, March 2nd at 9:00 a.m.

\$7.00 suggested donation.

at the North Lake Medical Center, 87520 Bay Road, Christmas Valley, Conference Room.

(use the southwest entrance)



Six more weeks of winter, according to Punxsutawney Phil, the world's most famous weather-prognosticating groundhog.

Lake County Road Department is seeking a Heavy Equipment Operator

Candidate must reside in North Lake County and will perform most work in the northern part of the County.

Candidate will perform manual tasks and operate various heavy equipment in maintenance and construction of County roads and bridges.

High school diploma/GED; 5 years' experience preferred.

Must have a current Oregon Class A CDL and be able to pass a background check.

Full time, starting wage of \$20/ hour DOE – full benefits.

To apply, complete Lake County Job Application and return to Lake County Road Dept., 95574 Highway 140 West, Lakeview, OR email to lakecoroad@co.lake. or.us by Friday, December 31st.

Applications can be downloaded from lakecountyor.org or picked up at the Road Department or courthouse.



located at

58733 Holly Street.

February 15, 2022

COMMUNITY MEETINGS

Christmas Valley Boosters High Desert Invite you to our next meeting! **Stitch Rippers** welcome sewers, knitters, Oregon's High Desert crocheters, and crafters to our weekly meetings at the CV Boosters Building on the first and third Wednesday of the month. \$4 entry fee. Second Monday at 6pm at The Booster's Building No children due to insurance (On Aspen, behind the Post Office) and liability issues. See you there! Christmas Valley Boosters **Christmas Valley** Park and Recreation Is not accepting used ink cartridges or yard sale items. **Regular Board Meeting** Thank you for your past help. will be held at the **Christmas Valley Community Hall Christmas Valley** E.M.S. Tuesday, **Regular Board Meeting** March 8th, 2022, the second Wednesday at 9:00 a.m. of every month at 7 p.m. at the E.M.S. building located on Holly Street next to the **CHRISTMAS VALLEY** Water District Office. **DOMESTIC WATER** DISTRICT **Christmas Valley Regular Board Rural Fire Protection** MEETING District THE SECOND **Regular Board Meeting** Wednesday of every the third Monday of MONTH AT 6:00 P.M. AT every month THE DISTRICT OFFICE at 7 p.m. at the LOCATED AT **CVRFPD** station 87379 Holly Street

CHRISTMAS VALLEY

SCHOOL BOARD

The North Lake School Board meets on the second Monday of each month at 5:30 p.m. in the school library.

These meetings are open to the public. Community members who wish to address the board may contact the superintendent prior to the meeting or may sign up at the board meeting to speak to the board. A threeminute time limit has been established by board policy for community members to address the board.

Lake County **Board of Commissioners 513 Center Street** Lakeview, Oregon 97630

Work Session Tuesday, February 15, 2022 9:00 a.m.

Regular Session Wednesday, February 16, 2022 10:00 a.m.

NLHD Regular Board Meeting will be held Monday, March 7, 2022 at 5:00 p.m.

at the District Office 87520 Bay Road

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PEOPLE'S RIGHTS

Uniting Neighbors to Defend Their Families, Faith, Freedom and Future. People's Rights is a National Organization made up of individuals uniting with their neighbors.

Saturday, February 19th at 11:00 a.m. at the Christmas Valley Community Hall

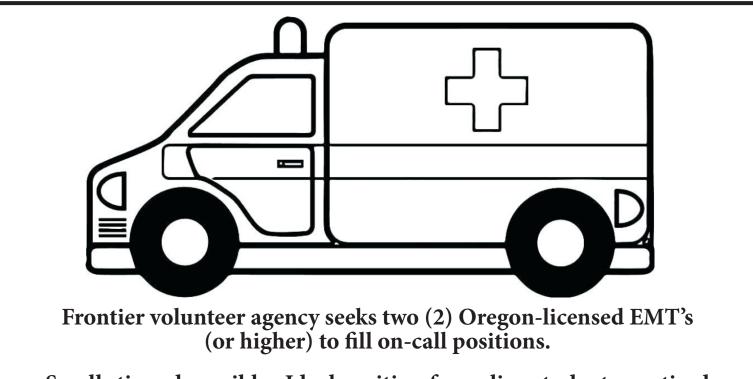
Presentation on the First Amendment by Mike Stettler

Meet and Greet: Karen Morgan for Lake County Commissioner, Position 3

Paul Romero, Republican Candidate for Governor

For more information contact Becky Tocol 541-4081386

www.peoplesrights.org www.peoplesrightsoregon.com



Small stipend possible. Ideal position for online student or retired 'community-oriented' individual. Internet available for online course-work. Additional benefits negotiable.

Leave a message at 541-576-2759.



at the Christmas Valley Community Hall Twice a month on Thursdays at 5:30 pm

March 3 & 17, 2022

For More Information Contact Barbara Ferrando (650) 455-0052

Meals served every Tuesday 11:30 a.m. to 1 p.m.

closed on November 24th and December 22nd & 29th

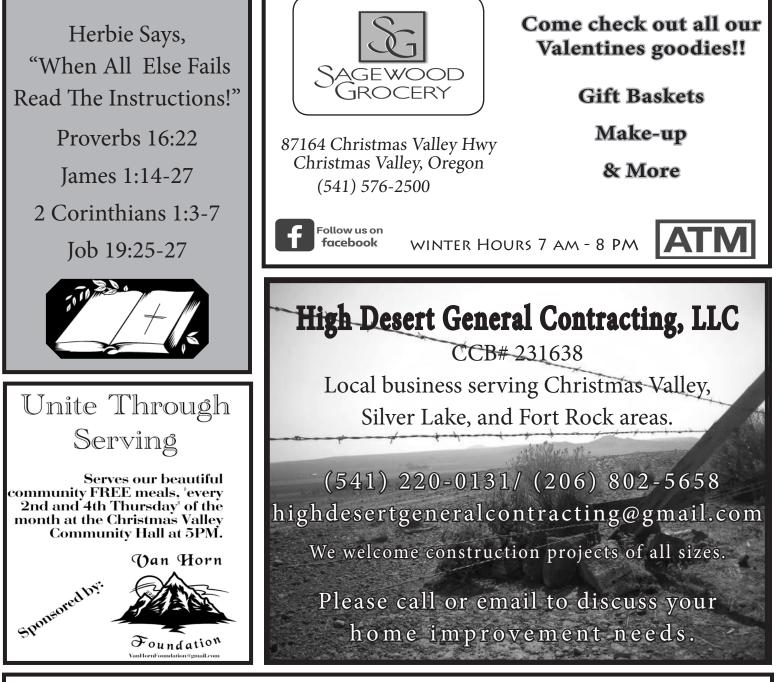


at the Christmas Valley Community Hall

87345 Holly Street Christmas Valley, OR

Volunteers and Donations are Welcome! Contact Barbara Ferrando at (650) 455-0052 Sponsored by Christmas Valley Park and Recreation District

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FROM THE COVER: The C-17 Globemaster III is the most flexible cargo aircraft to enter the airlift force. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area. The aircraft can perform tactical airlift and airdrop missions and can transport litters and ambulatory patients during aeromedical evacuations. The inherent flexibility and performance of the C-17 force improve the ability of the total airlift system to fulfill the worldwide air mobility requirements of the United States.

The ultimate measure of airlift effectiveness is the ability to rapidly project and sustain an effective combat force close to a potential battle area. Threats to U.S. interests have changed in recent years, and the size and weight of U.S.-mechanized firepower and equipment have grown in response to improved capabilities of potential adversaries. This trend has significantly increased air mobility requirements, particularly in the area of large or heavy outsize cargo. As a result, newer and more flexible airlift aircraft are needed to meet potential armed contingencies, peacekeeping or humanitarian missions worldwide. The C-17 is capable of meeting today's demanding airlift missions.

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Cowboys and Cowgirls Wrapping Up Their Basketball Seasons

ARTICLE AND PHOTO BY: ROB PETITT

The Rogue Valley Adventist Red Tail Hawks came to town last Thursday to face the North Lake/Paisley Cowboys and Cowgirls, and these tough visitors lived up to their reputation for playing basketball fast and hard.

The JV boys played first, with the Hawks easily dispatching the hometown Cowboys.

The second game featured the girls, and while the Cowgirls of North Lake put up a fight, the Hawks' energy proved to be too much as they went on to win by a score of 40-24.

In the Varsity game, the Cowboys came out of the box flat as the Hawks stormed to a 13-0 lead. By the end of the first half, that advantage had swelled to 35-21, one that continued to grow throughout the evening. The Hawks play a swarming, double-teaming defense, forcing numerous turnovers. They also shot the ball well and scored key three-point baskets. In the end, the Hawks cruised to a thirty-point win.

The Cowgirls' plans for the playoffs were dealt a setback when Patience Haff went out with a season-ending knee injury. They'll



face top-seeded Rogue Valley again on Friday in the first round of the District Playoffs without their star point guard, February 18th at Crosspoint High School in Klamath Falls. The winner will advance to play the winner of the Trinity Lutheran contest with Chiloquin, also at Crosspoint.

Whoever wins twice advances to State. For the fifth-seeded Varsity Cowboys, the playoff picture is simple: Beat #4 Prospect and advance to face one of three teams, all of whom they've struggled against. Rogue Valley currently sits at the top with Trinity Lutheran a game behind, third-seeded Crosspointbeing the other team.

On a closing note, North Lake High School said goodbye to graduating seniors as they played their last regular-season game in front of the hometown crowd. Varsity boys Zach Venegas and Gabe Baker, Cowgirls Patience Haff and Saika Sultanova, and JV Cowboy Cody Dickerson will all be moving on from the NLHS basketball court. Thank you for the fond memories you provided to fans and teammates alike. And, if the Cowboys and Cowgirls

do well in the district playoffs, they could return for one postseason game. Looking at the opposition, that is a big IF.

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Cuts • Styling • Color • Weaves Perms • Manicures • Pedicures Artificial Nails, Including Acrylic 87142 Christmas Valley Hwy. at the old JackRabbit Jct. location M - T - TH -F 9:00 a.m. to 4:00 p.m.

541-576-3531

Ann's Styling Salon has renewed it's lease with the new owner's of the salon location and will continue to provide the same great service.

Please note our new hours of service above.

Available for after hour early mornings or evenings by appointment only.

FOR SALE

The "Trinity Sailor" Mining Claim located on the picturesque Trinity River in California. The mining claim is 20+/acres straddling the Trinity River off of Hwy 299W it is known as the Unpatented Gold Placer-Big Flat Mining District CAMC#311074.

Asking \$2,000.00 Contact Gray Eagle for more information (458) 232-7819





People... Products... Knowledge"...

Growers Meeting Wednesday, February 16, 2022, at 9:00 a.m.

Helena Agri - Enteprises 57764 Fossil Lake Rd Christmas Valley, OR

Lunch will be catered by Lakeside Restaurant.

~2 ODA pesticide credits available for participating in this meeting.~

Klamath Community College to become FAA testing center, adds full-motion simulator.

KLAMATH FALLS — Klamath Community College aviation students and local pilots will soon be able to earn flight hours and complete Federal Aviation Administration (FAA) testing at the KCC campus. The KCC Testing Center is in the final stages of approval to administer the Federal Aviation Admin-

istration's Airman Knowledge Testing for private, instrument, commercial, sonnel; dispatchers; parachute riggers; KCC Testing Center has four dedicataccess to aviation students and aid in cess.

"Prior to the KCC Testing Center propilots had to drive to Bend, Medford, tion. Having testing available at KCC in for anyone needing an approved exam program director at KCC.

According to Scott, KCC's fixed-wing grees are two-year programs. To earn exams, meaning in the past, they had Klamath County during the program training is conducted through a part-

(AKT) exams, which assess knowledge and remote pilots; maintenance perand flight and ground instructors. The ed stations for FAA exams to ensure their academic and professional suc-

viding FAA exam testing, students and or even Redding, to test for certifica-Klamath Falls will save hours of driving proctored," said James Scott, aviation

aircraft and helicopter aviation dea degree, students must pass six FAA to travel at least six times outside of to test. Alongside classes at KCC, flight nership with Precision Aviation.

"The tests are always taken toward the end of the term, so when students are trying to finish up their flight classes it's not good to lose an entire day just to test. Local is much better," Scott said. In addition to local testing, students and current pilots seeking recurrency training can get flight hours using KCC's new Redbird MCX, an advanced full-motion flight simulator that can be programmed for single or twinengine aircraft models such as the Cessna 172, Piper Arrow, Piper Seneca, and Tecnam P2006T.

The Redbird MCX offers tion that provides real-world students and pilots to practaxiing, flying at altitude, and full range of motion and can turbulence and poor weather rain, snow, and wind.

"It's a real benefit to the stustudents can experience and and emergencies while keep-It's a safe and inexpensive way



sophisticated flight simulainstruments and scenarios for tice a variety of skills such as landing. The simulator has a be programmed to mimic conditions such as fog, heavy

dent and instructor because learn how to deal with weather ing both feet on the ground. to learn," said Keyan Robles,

flight instructor for Precision Aviation and KCC adjunct professor.

Many different types of FAA tests may eventually become available for proctor at KCC covering various ratings and certifications for fixed-wing aircraft, helicopters, drones, gliders, hot air balloons, and aircraft repair.

For more information about FAA testing at KCC, contact the KCC Testing Center at 541-880-2334. For more information about KCC's aviation courses and the Redbird MCX simulator, contact James Scott at 541-880-2263.





Ed Larson July 11, 1940 February 6, 2022

Ed Larson is survived by his daughters and sons and many grandchildren. He is also survived by a town full of friends.

Ed was a veteran. He loved fishing and he had a green thumb, he could grow just about anything.

A barbeque will be held in his honor some time in July 2022, time and date to be determined.



The High Desert Stitch Rippers was formed to

give women a day out and an opportunity to gather, sew and network. We have expanded to include all forms of crafters. We not only have ladies who sew, but also have ladies who needle punch, knit, crochet, make miniatures (and I mean miniatures!), make jewelry and other miscellaneous crafts. We welcome all (men and women) who want a chance to get together and rub elbows with fellow crafters.

We meet the first and third Wednesday of each month, from 9:30 a.m. to about 3:30 p.m. in the Christmas Valley Booster Building. The current cost is \$4 for each day you attend to cover the cost of building rent. We cannot allow children though due to insurance and liability issues.

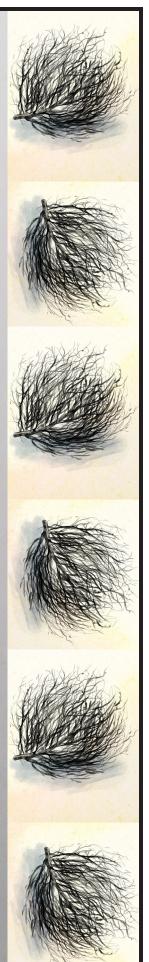
We invite you to come and visit on our next gathering day to meet us and see if you would like to join in the fun.

If you have any questions, please call Sandie Maerz at 541-815-5683 or Kathie Weaver at 541-548-8816.

THE LONELY TUMBLING TUMBLE WEED

Tumble weed, tumble weed, tumbling along, no particular place to belong. North, South, East or West. There is no destination for my quest. Summer, Winter, Spring, or Fall. It really doesn't matter, of four seasons which one calls. Summer winds blow cool breezes. God rushes sweet breath into me for a reason. Holding me close, forming me into a sphere of strength, hurling me out into the world, without fear. The wind is my passion, my eternal desire of it's pleasure I never tire. To wander in search across the desert floor. To be lifted In the air higher & higher to sometimes soar. Winter forms ice sicles clinging to me, snow flakes are falling all around, snow is mounding keeping me grounded. Winter a time of hibernation. Rest for even the best. Yes even a wandering tumble weed soul. The earth stops. All the Desert below freezing. Spring appears & snow starts melting. The wind brings whispers. It's time to start roaming, tumbling, traveling to new places where there seems to be more open maces. Spring has arrived & the desert is alive. The sage brush blooms with open arms. It caresses me and wants to hold me but only for a while. Then suddenly the wind mysteriously starts a churning in my soul. It captures me releasing me to roam free once more. Tumbling, tumble, tumble weed. Fall, may find me tumbling along, a path I know not where it leads. A barb wire fence, a corner stone of mounded rocks or fence posts lined up one by one begging me to stay and lean a while to rest, but every time I think I might stay. The Fall winds blow again & it's always beaconing me To go to new places, & abundant spaces far, far, away and beyond. Tumble Weed, Tumble Weed, seeking to be free. Freedom to be me.

Signed: Lila Richards fichard



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Golf Cart Rental \$20



Psychiatric Care in Christmas Valley!

NOW OFFERING: Psychiatric Mental Health

Depression

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- PTSD
- Anxiety
- Substance Abuse
- Mood Disorders
- and more!

As a Psychiatric Mental Health Nurse Practitioner, Kristina will be able to treat mental health issues by developing treatment plans, education, collaborating with the patients primary care provider and prescribing or adjusting medication as needed.

You DO NOT need to be a patient at LCHC to utilize this service.



Kristina Timmons DNP, FNP-c, PMHNP-bc

Kristina has provided primary medical care at La Pine Community Health Center since 2014. Though she has valued her time treating medical conditions, her passion lies in behavioral and

mental health care and she has now received a Doctorate of Nursing Practice degree with a focus in Psychiatric Mental Health. She will now treat patients of all ages, addressing mental health concerns as part of our Behavioral Health team.

Your Christmas Valley Health Center!



LaPine Community

North Lake Health District Medical Center | 87520 Bay Rd, Christmas Valley, OR 97641 Monday - Thursday: 8 a.m. - 5 p.m. | Psychiatric Mental Health: 2nd & 4th Tuesday

(541) 536-3435 or (541) 576-2343 | www.lapinehealth.org

RACK THYME IN

Article by: Sean Krager

Belladonna - Deadly Nightshade (Atropa - Belladonna)

time. Since the early 1990's. I have observed herbs in this area since I got here. Well we have written about a lot of beneficial herbs and what they are all about, but we have not written on some of the deadly or poisonous herbs that live in our area.

I am a person you might consider as an apothecary and an alchemist. Because of all the herbs I have studied over the years I have retained a lot about them. I continue to study. In my eyes the difference between apothecary and alchemy is simply wether your goal is to heal or become a more sinister herbalist. I don't like a lot that goes on in our world that's why I write now. Not just cause it's cool to know but because it's a part of me I'm identifying with. Rough childhood sometimes makes you forget who you are. People, to become more ok accept the good and the bad. Bring unity God is good if you accept what's good-identify, accept what's bad= learn to adapt=identify. Both together brings us to unity. Back to the point, because of these things I realized what the point was, not just reporting on the "beneficials", but also reporting and educating on herbs that are alluring and harmful. From Silverton where I grew up, all over the globe, and the desert we live in Deadly nightshade can be found anywhere.

Hello Christmas Valley area. I've Deadly Nightshade- Botani- were trapped on the island with been living here for quite some cal name- Atropa Belladonna. Circe the sorceress, we're poiknown poisonous plants. It has a were turned into pigs. long, famous, and infamous history of murderous, medicinal, cosm During the Roman empire deadetic, and sometimes sinister uses ly nightshade was used by a lady in history.

> The name Atropas Belladonna band emperor Augustus. was two different meanings in one set of words.

Atropas being the name of one of the tips of their arrows to poison the three fates in Greek mythology. The goddesses in charge of ending life. One fate spins the Some scholars believe that in thread of life. One fate measures Shakespeare's play "Romeo and the length of your life. And one Juliet", it is possible that the poifate cuts it "Atropas."

Belladonna means "Beautiful Woman" in Italian. Also refers to Belladonna is a poisonous plant a common beautifying process native to Asia and Europe also used by women in the Renaissance era. Women would use the Deadly Nightshade produces plant to dilate their pupils to make small green, red, and when altheir eyes look bigger which in lowed to ripen "warm weather their eyes meant more beautiful. Some of the most famous associations of Deadly Nightshade are connected to mythology, folklore and sorcery. The plant was allegedly connected with the cult of Dionysus, the Greek god of wine The plant also can cause skin irand pleasure.

Dionysus it was said mixed a contact with the skin you may dedrink that could put worshippers velop a rash. in a trance.

Odyssey", Odysseus's men that

Probably one of the most well soned with nightshade, then they

named Livia Augustus. As her weapon of choice against her hus

The Roman troops were also said to have used nightshade on their enemies.

son Juliet drank was belladonna to fake her death.

known as Deadly Nightshade. permitting"- dark purple, almost blueberry like berries. Sweet tart berries. These berries must not be eaten. Eating the berries or leaves can be fatal.

ritation a lot like poison ivy or poison oak. If the leaves come in

When used in appropriate Another legend has it, that in doses, correctly, Belladonna is the Greek adventure "Homers used as a regular part of medicinal practices.

Back In Thyme Continued from page 20.

It is important to understand that a small amount of ingested leaves or berries can kill. Small children and infants are most at risk because of the attraction of the ber ies.

Belladonna has 2 chemicals used for medicinal purposes.

Scopolamine, First is used primarily for reducing body discharge, reducing stomach acid , used for controlling heart rate, and relaxing muscles via nervous system on stomach and bowel. Second compound extracted from Belladonna is Atropine, similar to Scopolamine, atropine is used to reduce body fluids discharge. Although Atropine is not as effective for heart rate control and muscle relaxation. Atropine is also used to dilate pupils.

Overdose level for belladonna is only 600mg.

Hey folks this sounds like a bad addition to our back yard, no fun. Time to take these plants out,tall border them, and or educate ourselves and our neighbors.

Well folks we will have a nice adventure in a regenerative and controversial herb "Comfrey."

Till next time go for walks be aware. Thanks for reading.

Peace-----Sean-----

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CCB# 45220

DOOR TO DOOR SURVEY UNDERWAY IN CHRISTMAS VALLEY

LAKEVIEW, Ore.—January 12, 2022— Residents in the Christmas Valley area may be getting a knock on their door for a very important reason. Local volunteers will be visiting door-to-door to follow up on mailed income surveys to Christmas Valley Water District residents and selected residents within 10 miles of the Christmas Valley Branch Library. A complete and accurate income survey is the first step of determining funding eligibility for improvements to the Christmas Valley Water District infrastructure and a new library facility. Income surveys must be collected from at least 80% of residents or selected residents for both projects in order to proceed.

The confidential survey is being conducted by staff at Portland State University. Every effort is being made to keep survey answers and respondents names separated. Survey answers are completely confidential. Completed surveys are returned to PSU in sealed envelopes so no local volunteers will see any survey responses. PSU will average all answers and only the averages will be shared.

"We know we are asking for information people may be uncomfortable sharing, but the benefit to the community from doing so has the potential to be huge," said Library Director Amy Hutchinson. "If the income survey is completed and the library service area qualifies, building a new branch library for Christmas Valley within the next five years suddenly becomes a very real possibility," said Hutchinson.

Questions may be directed to Amy Hutchinson at the Main Library at 541-947-6019 or via email at amyh@lakecountylibrary.org.

JOB OPPORTUNITY

Lake County Youth Mentor Program North Lake Program Assistant 15 hours/per month \$13.55 to \$16.10/hour BOE

Job Description

The Assistant will act as liaison between the people and communities of North Lake School District and the Lake County Youth Mentor Program office in Lakeview. The Assistant will be responsible for the recruitment, coordination, and oversight of adult volunteer mentors for team mentoring and Girl Talk. The Assistant will also plan and implement all activities for team mentoring and the Girl Talk curriculum with the assistance of Lakeview staff. A well-executed plan of communication is vital to a successful program.

Required Qualifications:

- high school diploma or equivalent
- valid driver's license
- familiarity with the people and communities that comprise North Lake School District
- *able to communicate effectively both verbally and in writing with a variety of individuals and organizations*
- *ability to recruit adult volunteers and maintain regular contact to support and document mentoring activities*
- ability to work a flexible schedule to meet the needs of the program
- successful completion of a criminal background and drug test; able to pass a drug test

For complete details and application go to http://lakeesd.schooldesk.net/ or call Donna Palmer at 1-877-947-2744

Volume:42 Issue:4

WINTER 2022 TAKE ROOT PARENTING CONNECTION EVENTS JANUARY - MARCH WORKSHOPS & SERIES

FOR FAMILIES IN DOUGLAS, KLAMATH & LAKE COUNTIES



EXPECTING & NEW FAMILIES

EARLY LEARNING

Babies don't Come with Instructions!

with Lisa Austin and Michael Finlay February 23 and March 2 <u>https://conta.cc/3GlqbcU</u>

Behavior Supports that Build Success for Children

with Barbara Tenneson January 20 <u>https://conta.cc/3oEUbe4</u>

Parenting A Second Time Around Workshop Series

with facilitator Kathleen Walker-Henderson Tuesday's starting January 18 <u>https://conta.cc/33vclXy</u>

Make Parenting a Pleasure 10-Week Series

with facilitator Lisa Austin and co-facilitator Mary King Tuesday's starting January 11 <u>https://conta.cc/3pG7R7U</u>

Teaching Your Child to Talk 3-part workshop series with Karen Shaw, Speech Language Pathologis March 3, March 10 and March 17

with Karen Shaw, Speech Language Pathologist March 3, March 10 and March 17 <u>https://conta.cc/339nvkl</u> For Information



For Information 541.957.4814 or 541.850.1138 x2106 Use the Google Calendar with links to sign-up







24 • DESERT WHISPERS

February 15, 2022





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40' Diesel Motorhome, 1989 Executive on Gillig Wide Body Chassis. \$29,500 obo. Call 541-815-4004

For Sale: Chicken eggs for sale. Organic fed. \$3 a dz; Hatching eggs \$8 a dz.; Rex rabbits for sale. \$20 each. Breeding or meat. Call or text 541-576-4802

Generator for sale, 5500 Watt with 11 HP B&S engine. Recent service \$300 call 541-815-4004

Dell Laptop Latitude E5420 i3 2.5Ghz 4GB 250GB 14" DVD Win 10 Pro HDMI with MS OFFICE \$179.00. Call 541-815-4004.

For Sale: set of 4 firestone tires225/60r17 lot of tread \$100 541-576-2022

For Sale: D7F Caterpillar, 84 Pete Big Cam 4 axle, International 10 wheeler FB, Call for pricing: Spence (541) 576-3595

GE electric 4 coil burner range with oven. \$100. 541-576-2236

IBM Wheelwriter 35 Series electric typewriter \$100.00 Call: 541-576-2367

Four each Michelin Tires on 5-hole wheels 225/50R17. \$400.00 Call 541-821-8307

For Sale: Pro-Tech 10" Bench Saw, very good condition \$50.00; 2-New Life Vests for boating, adult sized \$40.00 for both. Goat milking stantion-21.5" wide X 55" long, all wood built with wood screws, very good condition. Very heavy, U load, U haul. \$75.00 NO HOLDS Call: 541-706-1860 - Leave message.

FOR SALE: Seasoned Firewood. Will Deliver. Oak and Madrone. Will trade for hay. \$450.00 per cord, \$250 per half cord, \$150.00 per quarter cord. Call to set up delivery 541-671-6072

FOR SALE: 1999 Suzuki Grand Vitara, 4 Wheel Drive, 5 Speed manual transmission, good tires, new alternator, straight body, clear title, 2023 tags, recent tune up, not tears in upholstery. \$2,000.00 Call Doris 541-576-4742

40HP M-F tractor with loader and back blade \$4500 Call 541-815-4004

For Sale: Yanmar Tractor YM2210D with loader and recent service very low hours. \$10,500 Call 541-815-4004



HELP WANTED

Please contact the Silver Lake cafe and bar if you have experience in cooking, waitressing, and bartending. Please come to the cafe and fill out an application if you have experience.

Help Wanted: In home - after school babysitter. Mondays and Wednesdays 3:45-7pm. Thursday 3:45-10pm. Clean, safe home. Must love dogs. Ideal for after school job, or retiree. Please call 541-977-9033 (Christmas Valley)

The Lodge at Summer Lake is seeking help for the 2022 season. Several jobs to choose from. To apply stop by at 53460 Hwy 31, Summer Lake, Oregon 97640 or call (541) 943-3993.

WANTED

Wanted yarn for making hats and afghans for the children at Ronald McDonald House. To make donations call 541-576-2022

BUSINESS FOR SALE

For Sale: Silver Lake Cafe' & Bar, house, shop, store room, stables and tack room on over 5 acres of property. Please call 805-990-8592 and leave your contact information for Maria.

FOR RENT/LEASE

Vacation Home on the Golf Course for rent. Call for details and pricing. 541-419-2826

SMALL CONFERENCE ROOM for Meetings, Depositions, for rent call 541-480-6461

REAL ESTATE

20 Acres Industrial property on Rainbow, south of batch plant. Needs cleaning up. \$60,000. Call or text (541) 420-3587

Three adjoining parcels at the corner of North Oil Dri Road and Salt Flat Road. Two twenties and an eighty. \$95,000 (707) 815-8614

4.2 Acres on Old Lake Road \$14,500; 3.34 Acres on Rose Lane near the Black Hills \$14,500; 2 one acre parcels on Chinook Road \$3,500 each - - -Call 541-306-1983

1.63 Acres in the town of Silverlake, OR \$22,500.00 - Surveyed N.E. corner of First Street and Mahogany Street; Tax Lot #802. Driveway constructed South edge extending West 208.96 feet length and width 25 feet North. Call 503-366-4424

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Dog Grooming! Over 30 yrs experience with tons of references. Can only do dogs under 50 pounds. Call541-420-2365

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Call Sam at 541-480-9938

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Peters Creek will open March 1st. Remote Camping, RV Hookups, on the Oregon Desert Trail, Shed hunters discount. 541-225-8839

Paparazzi Jewelry by Tina. Call Tina to host a party or to place an order at 971-237-6572

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Call Cody Murphey @ 541-576-4927

Volume:42 Issue:4

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Twice monthly issues are distributed, on the 1st and 15th, throughout the north end of Lake County, including Fort Rock, Christmas Valley, Silver Lake, Summer Lake and Paisley. Additionally, there are a growing number of subscribers, and many readers that see *DESERT WHISPERS* online.

The chart to the right outlines the cost for display advertising in *DESERT WHISPERS*. Organizations with 501(c)(3) status receive a 10% discount. Print-ready artwork is appreciated. <u>We can design</u> your ad for an additional fee. Prices shown in the chart are per issue.

Deadlines are seven days prior to the publication date. *IF* space allows, ads may be accepted after the deadline for an additional \$15 fee. Email us at: *desertwhispers@yahoo.com* or call 541-576-2216 with questions.

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Call 541-576-2216

for more information.

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Please submit your ad in writing, either by e-mail or in person. **DO NOT** "call-in" your ad. You may run up to FIVE Free Classified Ads per issue but are limited to 35 words per ad. If you need more space, please purchase a DISPLAY ad.

All Free Classified Ads (FOR SALE, WANTED, SERVICES, EMPLOYMENT, REAL ESTATE, RENT-ALS, ETC.) will run until your item sells or for **SIX issues, whichever comes first.** When your item sells please let us know so we can remove your ad. To have your ad continue beyond SIX issues you **MUST** re-submit your ad in writing, either by e-mail or in person.

To remove your ad please contact the North Lake Park and Recreation office by calling **541-576-2216** or by e-mail: *desertwhispers@yahoo.com*

These local classified ads are a Free service to the community. Adhering to the stated policy will help ensure this service can continue.

_	Karen	Morgan,	Editor
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All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitations or discrimination based on race, color, religion, sex, handicap, familial status, marital status or national origin, or an intention to make such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination, call HUD toll free at 1-800-877-0246. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

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Christmas Valley, OR 9764

North Lake County Church Directory

Christmas Valley Community Church 87921 Christmas VIy Hwy 541-576-2757 Interim Pastor: Greg Melendes Youth Leader: Fred Chugg www.christmasvalleycommunitychurch.com Sunday School 9:45am Morning Worship 10:45am Youth Group Wednesday @ 7:00pm Christmas Valley Seventh-day Adventist

Old Lake Rd & Sunrise Circle.....

mssg. phone......**541-306-0384** www.bibleinfo.com Sabbath School 9:30am Sabbath Worship 11:00am Saturdays Midweek Bible Study & Worship 6:00pm

Fort Rock Community Church

Downtown Fort Rock 541-576-2888 Pastor: Jeremy Warkentin Sunday School 9:45am Sunday Morning Worship 11:00am 3rd Sunday Potluck Saturday Men's Breakfast at 7:00am

Free Church Of God www.freechurchofgod.org True theology lies with the Apostles that Jesus, himself, trained and ordained.

Lutheran Bible Study and Worship

call for location/directions **541-576-2593** Pastor Peter Pagel of Faith Lutheran Church in La Pine leads a local meeting Tuesdays at 6:00pm

CHRISTADELPHIANS A non-Trinitarian Christian group patterned after

the early Christian church; INFORMATION: 541-815- 4004

National Domestic Violence HOTLINE 1-800-799-SAFE (7233)

NARCOTICS ANONYMOUS Meeting 6:30 pm Wednesdays Christmas Valley Community Hall (Behind Chevron station turn right on Holly Street.)



Literature Study

New Life Fellowship of Christmas Valley 87218 Glitter Lane

Pastor: Doug Polhans**541-591-4067** Visit us on FACEBOOK Sunday School 9:30am Sunday Worship 11:00am & 6:00pm

Praise The Lord Fellowship

35 NE Arrowhead Rd, CV...... 541-576-3079 Pastor: Rev. Suzan Burch/Fowler Assistant Pastor: Marvin Fowler Worship Gathering Sunday 11:00am followed by Potalatch (Blessing Meal) Song & Praise Sunday 4:00pm • Bible Study Wednesday 4:00pm • Prayer Saturday 4:00pm

Silver Lake Church of the Bible

Hwy 31, Silver Lake..... **541-576-2367** Pastor Leon Baker Sunday School 10:00am Morning Service 11:00am Second Sunday Potluck

Well in the Wilderness Church

Sunrise Circle, Christmas VIy **541-977-5296** Pastor Kerry Cardwell: 541-977-5296 Pastor Bon Puckett: 541-576-4765 Sunday School (for all ages) 9:45am Morning Worship 11:00am Wednesday night 6:00pm

The Konaway Nation

Council Meetings every 2nd. Saturday of each month at Noon at the Chief's home. Potalatch to follow.

Call 541-576-3079 for info.

Celebrate Recovery

Mondays @ 6:30 p.m.

CV Community Church Sherry 541-576-4509 or Tim 541-977-4944 28 • DESERT WHISPERS

February 15, 2022



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