

May 01, 2019

Volume 39 Issue 08

# DESERT WHISPERS

57334 Christmas Tree Road, P.O. Box 181  
Christmas Valley, Oregon 97641  
Phone: 541-576-2216  
Fax: 541-576-2272  
desertwhispers@yahoo.com

CHRISTMAS VALLEY - OREGON

## Spring Bazaar

Friday 10 - 5  
Saturday 9 - 4

AT THE COMMUNITY HALL  
87345 Holly Lane  
Christmas Valley, OR  
97641



# MAY 3<sup>RD</sup> & 4<sup>TH</sup> • 2019

FEATURED VENDERS

North Lake Soup Kitchen:

- Delicious Homemade Baked Goods

Christmas Valley Friends of the Library:

- Books and other Treasures

Rose's Cinnamon Rolls:

- All money donated to Soup Kitchen

Joe's Art Gallery:

**Barbara's  
Kitchen**

- Breakfast
- Lunch
- Snacks

Also Featuring:

Jewelry, Jalapeno Jelly, Toy Trucks, DVDs, Knives, Books  
(Oregon history, western, and more),  
Hand-Crafted Items, Framed Photos, and More...  
Indoor & Outdoor Plants, Quilts

FOR MORE INFORMATION CALL **541-480-1261**

Next Desert Whispers DEADLINE  
**7 DAYS PRIOR**  
at 2:00 p.m.

## DESERT WHISPERS

The intent of *DESERT WHISPERS* is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the Christmas Valley Park & Recreation District Board members, staff, personnel or advertisers. The Christmas Valley Park & Recreation District is not responsible for errors in articles and/or ads submitted to be published without change. The Christmas Valley Park & Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

*DESERT WHISPERS* welcomes letters to the Editor. Letters should be printed or written clearly. Each letter **must be signed**. *DESERT WHISPERS* reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. *DESERT WHISPERS* reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

- The Editor



## Renting the Christmas Valley Community Hall

*Park and Rec*

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52° (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call for availability:  
541-576-2216.

**DESERT WHISPERS**  
is a twice-monthly publication of  
CHRISTMAS VALLEY PARK & RECREATION

57334 Christmas Tree Rd. / P.O. Box 181  
Christmas Valley, Oregon 97641

**541-576-2216**[PHONE]

**541-576-2272**[FAX]

*DesertWhispers@yahoo.com*  
*CVParkandRec.org*



CV Park and Recreation

### Park & Rec Board Members

Ron Wilson..... 503-250-3134  
Glenna Wade..... 541-576-2216  
Barbara Ferrando ..... 541-576-2140  
Shara Shumway.....541-480-6461  
Chuck Carroll.....541-576-2216

Christmas Valley Park & Rec Office  
Open: Tuesday - Saturday • 10 am - 2 pm

## IMPORTANT NUMBERS

### INFORMATION NUMBERS

Air Link (Emergency Dispatch) .....  
.....800-621-5433  
Air Link (Business Office) .....  
.....800-353-0497  
A.A. (Central Oregon) .....  
.....541-548-0440  
C.V. Fire Dept..... 541-576-2212  
or..... 541-480-3979  
**Emergencies.....911**  
C.V. Post Office ..... 541-576-2657  
C.V. Water Supply..... 541-576-2090  
Lake Co. Sheriff CV.. 541-576-2781  
Lake Co. Sheriff-Lakeview .....  
..... 541-947-6027  
State Police (Lakeview) .....  
..... 541-947-2267  
Midstate Electric..... 800-752-5935  
NLC, EMS Business #541-576-2759  
NL Health District.... 541-576-2165  
NL Public Health..... 541-576-2115  
New Beginnings (24hrs).....  
..... 541-576-3051  
or..... 1-800-850-4838  
St. Charles Hospital.. 541-382-4321  
Women's Crisis Center. ....  
..... 800-338-7590

### LANDFILL SCHEDULE

**Christmas Valley** (on Rainbow Road):

Thursday - Saturday, 8:30 am - 4:30 pm

**Fort Rock** (1.5 miles west of town):

Sunday 9:00 am - 12:00 pm

**Paisley:**

Saturday 8:30 pm - 4:30 pm,

Wednesday 12:00 pm - 4:30 pm

**Silver Lake:**

Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter,  
Thanksgiving & Christmas. Bring  
washers, dryers, stoves, etc., to the  
Christmas Valley Landfill ONLY for the  
North end.

**541-417-1255**



## North Lake Health District



87520 Bay Road, Christmas Valley

**541-576-2165**

NLHD Office Manager: Kelly McCord

**LA PINE COMMUNITY  
HEALTH CENTER**  
**541-576-2343**

**Massage Therapy Services**  
**SHAWN LAVALLEE, LMT**

By appointment: 576-2110 or 576-2043

**Optometric Physician**  
**TIMOTHY ARBOW, O.D.**

By appointment: 541-554-9888

**Naturopath/Acupuncture Services**  
**NATASHA RUDD, N.D., LAC**

By appointment: 541-385-6249

**Chiropractic Physician**  
**HELMUT E. EICHNER, D.C.**

By appointment: 541-633-6563

**Mental Health**  
**TARA JONES, LCSW, CADC1**

By appointment: 541-515-9233

## Food Share:

3rd. Tues. of every month.

9am-2pm (closed 12-12:30)

Located next door to Dorcas



## Freedom of the Press

*Christmas Valley Park and Rec*

Freedom of the press gives Christmas Valley Park and Recreation exclusive control over what we choose to publish in Desert Whispers, including the right to refuse to print anything for any reason.

## LOCAL RESOURCES

### FREE

Food, clothing, shoes,  
household items and more!

Exchange items & donate.

Wednesday-Friday, 10 am-3 pm

**Praise The Lord Fellowship**

576-3079 • 35 NE Arrowhead

CV Hwy to Snowflake,  
turn left on Arrowhead  
(come to NE corner)

## DORCAS DEPOT THRIFT SHOP



*All proceeds  
are used for  
needs in the  
community*

On Aspen Lane next to Food Share  
**12 - 4 PM**

**Wednesdays and Saturdays!**

Sponsored by Christmas Valley  
Community Church

**\$1.00 Bag Sale!**  
**Wed. May 29<sup>th</sup>**

Lake County Public Transportation  
Operated by Lake Co.  
Senior Citizens Assoc.

### May Lunch & Bus Schedule

**Thursday: 2<sup>nd</sup> La Pine**

**Tuesday : 7<sup>th</sup> Bend**

**Thursday 9<sup>th</sup> Bend**

**Tuesday : 14<sup>th</sup> Summer Lake  
lunch w/bus**

**Thursday: 16th CV Lunch**

**Tuesday: 28th Summer Lake  
lunch no/bus**

For more information Please  
call **Debbie @541-480-3600**

Please be aware that schedule is  
subject to change

**Veteran Medical trips available**

**Non Emergency Medical are  
available to those who have  
Medicaid, a medical appointment  
and qualify.**

Please call Ecolane  
**@ 877-875-4657** to see if you  
qualify.



# Soup Kitchen

**Tuesdays**

11:30 am - 1:00 pm  
at the  
CV Community Hall

**at the C.V. Community Hall**

For more information call: 541-576-2140 or 650-455-0052.

# WEEKEND MARKET

CHRISTMAS VALLEY

at the Christmas Valley Community Hall • 9AM-5PM

Biscuits & Gravy  
Chili Cheese Nachos  
and Hot Dogs!

Friday - Saturday

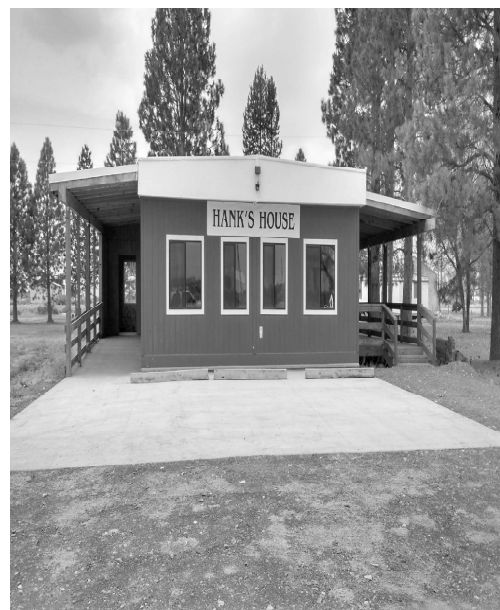
**MAY**  
10<sup>th</sup> & 11<sup>th</sup>

Soup Kitchen  
Bake Sale

## Mothers Day Gifts

Fine Jewelry • Joes Art Work • Movies 4/ \$1.00  
Electronics • Hand Crafted Items and so much MORE!

**Vendor Tables Available. \$5.00 per day.**  
For information call Barbara at 541-576-2140 or 650-455-0052



How To Rent Hanks House:

## Live Radio Programs On

### KPAI Radio

Current Programming Schedule is

at: [www.paisleyschooldistrict.com](http://www.paisleyschooldistrict.com)

when you get in there you click on

KPAI radio 103.1 FM on the left side.

When you get there choose

[click here to listen.](#)

The school has classes in radio so they are  
on the air at times through the day.



The Activity Center at the  
Outback Retirement Center,  
Inc. also called "Hanks House"  
in memory of our founder Mr.  
Hank Warkentin is now avail-  
able to the public for private  
events. The fees are as follows:

- Kitchen Only: \$50/day
- Building w/Kitchen: \$100/day
- Building Only: \$75/day
- Long term use: To be deter-  
mined by ORC Board as pre-  
sented
- Additional Set-up day: \$30/day
- A \$100 refundable cleaning fee  
and proof of insurance will be  
required

To make reservations or to get  
additional information: Call  
541-576-2225 or Email: [outbackretirementcenter@gmail.com](mailto:outbackretirementcenter@gmail.com)

To check out the online calen-  
dar to see if your date is open:  
<https://www.outbackretirement-center.org/events-calendar>

Renting Hanks House is one way  
of supporting our mission of  
providing affordable housing for  
the elderly. Thank you for your  
support.

**COME  
JOIN US!**  
1st and 3rd  
Wednesday of  
each month



## SEWING & CRAFTS GROUP

at the "Hank's House"

9:30 am - 3:00 pm \$4.00 each

Bring a sack lunch and join us for a  
fun day. We are sorry we can not  
allow children due to liability.

**Karen: 541-576-2364**

**Sandie: 541-815-5683**

## Story Time

Come join us at the Christmas Valley Library on the  
2<sup>nd</sup> and 4<sup>th</sup> Thursday of every month (excluding  
holidays) from 10am -11am.



Christmas Valley Library  
57338 Christmas Tree Lane  
541-576-2336



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SHEDS, GARAGES,  
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SHELTERS, AND MORE  
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*Walk-ins Welcome*

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Cuts • Styling • Color • Weaves  
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Artificial Nails, Including Acrylic

87142 Christmas Valley Hwy.  
at the JackRabbit Jct.  
M-T: 9am - 5pm • TH-F 9am - 5pm

**541-576-3531**

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Over 36 years experience

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ROOFING - REMODELING  
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DECKS - CONCRETE

ALL PHASES OF CONSTRUCTION  
No job too small!

**541-408-5531**

Local business owners live here &  
hire locally.

*May Birthdays*

Laura Paolone 2<sup>nd</sup>  
Nathan Conrad 7<sup>th</sup>  
Tricia Brown 8<sup>th</sup>  
Shara Shumway 9<sup>th</sup>  
Ellouise Tracy 11<sup>th</sup>  
Lori Adair 12<sup>th</sup>  
Ashley Stinson 12<sup>th</sup>  
Dorothy Anderson 16<sup>th</sup>  
Norma Bigley 16<sup>th</sup>  
Billy Vanhorn 19<sup>th</sup>  
Danielle Elizabeth 19<sup>th</sup>  
Nicole Kivett 20<sup>th</sup>  
Mallory Orren May 22<sup>nd</sup>  
Morgan Brown 23<sup>rd</sup>  
Peggy Shumway 25<sup>th</sup>  
DJ Joye 26<sup>th</sup>

*Sid's*  
**Mexican Kitchen**

ORDERS TO GO!

Thursday & Friday  
11am to 4:30pm

**541-576-2230**

Check out the menu on Facebook!  
We have Reser's products in store  
Located at Sid's Produce

**HELENA AGRI-ENTERPRISES, LLC.**

24 Hour Scale Now Open

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Field Tech <b>Clayton Worman</b> 541-419-2875	Manager <b>Larry Turnbow</b> 541-480-6819	Applicator <b>Tristan Grassman</b> 541-815-1318	Warehouse <b>Adam Kirkland</b> 503-949-6514
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**HIGH DESERT MX****CHRISTMAS VALLEY, OREGON  
503.488.9190****OPEN EVERY WEEKEND****10am - 4pm  
(Weather Permitting)****\$25.00/Rider****highdesertmx@gmail.com  
highdesertmx on Facebook**56721 S. Fandango Rd.  
Silver Lake, OR 97638*Check FB page  
for updates**Looking for PAID  
EVENT WORKERS!!***V&V AUTOMOTIVE****Auto & Diesel Repair Mobile Available  
Welding and Fabrication****Verlyn Foster****Owner/Operator  
dodgemani269@gmail.com****Oil change on most cars and light  
trucks \$34.95. Some vehicles  
excluded.  
Call for details or to make an  
appointment.****85872 Christmas Valley Hwy.  
Christmas Valley Oregon****(541)647-8019**

## Did You Know

Fun Fit Friends Weight Loss-support group meets every Thursday night @ 5:30 PM in the Senior Center behind the Tumbleweed Thrift Store? They say come join the fun and that all ages are welcome and best of all its Friendly and Free

**Narcotics Anonymous  
Meeting 7pm Wednesdays  
Christmas Valley Community Hall  
(Behind Chevron station on Holly St.)****\*Speaker meeting last  
Wednesday of the month**

## Help Fill a Local Need: Volunteer Your Time

Find something in your community that suits you. This community primarily functions through volunteers. We have many new community members and this community can benefit from a little bit of your time. The many new community members tax the already over stretched, long standing volunteers that oil the works of the under supported needs of the north end communities.

If you have questions of how you can help feel free to contact me, Glenna Wade, via Facebook [glennasonly] and I can help you find an activity that suits you.

## Fort Rock Restaurant & Pub

576-3988

**Restaurant Hours:  
Open at 11 am Daily**

- Full Service Bar •
  - Home Cooking •
  - Friendly Faces •
- Come Join Us!**

## New Summer Hours

**Christmas Valley  
Park and Recreation  
office will begin  
summer hours  
May 15<sup>th</sup>.****Tuesday - Saturday  
10am - 2pm**



# Santa's Hardware

Christmas Valley's  
Biggest - Little  
General Store



## AMMO

.17 HMR  
38 Special  
9 mm Luger  
380 Auto  
357 Mag  
.22 LR  
223



## Plumbing Winterizing Supplies



## WORKWEAR MEN & WOMEN

ALL  
SIZES  
OF  
JEANS



HANES SOCKS

## Toys, Crafts, Art & Games!



## DVD RENTALS



PET  
SUPPLIES!



## YOUR PROPANE HEADQUARTERS!

If your tank is out of date...NO PROBLEM. we've got you covered



Open 7 Days a Week

9am-6pm Mon-Sat, 10am-4pm Sunday

Call (541) 576-2999

87038 Christmas Valley Highway

# QUALITY CINDERS

Pit Run or Screened, 1" - minus  
**RED or BLACK**

-TRUCK SPREAD-

Great for MUD HOLES and DRIVEWAYS!

Also available:

Gravel, Sand-Gravel mix, Top Soil,  
Fill Dirt, Large Colored Rocks

**541-419-9454**  
**OR 541-280-7324**

If you are ready to QUIT,  
we are ready to help!

**1-800-QUIT-NOW** 1-800-784-8669

## Places to Eat In Christmas Valley

Farmhouse Cafe 541-576-4000

Lakeside Terrace 541-576-2510

Coopers Chicken 541-576-2200

Sids Mexican Food 541-576-2230

Gifts & More 541-576-3600

The Hay Shed 541-640-6712

## GOPHERS GOTCHA?



NEW TRAPS  
ARE HERE!

Christmas Valley Boosters have  
Macabee Gopher traps for sale.

**\$7.25 each**

All proceeds go toward  
community projects.

Call Joyce Hanson at (541) 647-0460  
or purchase at Handde Pump  
& Electric (541) 576-2206.

Cash or Check Only Please.

# Lakeside Terrace

Motel, RV Park, and Restaurant

"Meeting all your lodging needs in Christmas Valley"



- Motel on the Lake
- RV Park with Full Hook-Ups
- Fully Furnished Vacation Homes on the Golf Course

WINTER HOURS:

**Restaurant**  
541-576-2510

Monday - Thursday: 5:30 am - 3:00 pm  
Friday & Saturday: 5:30 am - 7:00 pm

CLOSED SUNDAYS

For Reservations & Info: **541-576-2309**

87275 Spruce Lane • Christmas Valley • Kerry and Carmen Cardwell, Owners  
www.lakesideterracecv.com • lakesideterracecv@yahoo.com

**J.W. KERNS HARDWARE & FEED**

87226 CHRISTMAS VALLEY HWY - 541-576-2814

**OPEN: MONDAY-FRIDAY 7:30-5:30 & SATURDAY 9-5****GARDEN HOSES****GILMORE**  
**5/8 X 75**      **20% OFF****FLEXOGEN**  
**5/8 X 50**      **10% OFF****SPRING PLANTING TIME!****ALL SOILS**  
**10% OFF****CHICKS****DUCKLINGS****HERITAGE  
TURKEYS****DR. KATY WALLACE D.V.M****541-589-1836****Your  
Christmas Valley  
Health Center!**La Pine Community  
Health Center

87520 Bay Rd

Christmas Valley, OR 97641

Monday-Thurs

8:00 am - 5:00 pm

Friday

9:00 am - 4:00 pm

(Closed 12 pm - 1 pm for Lunch)

**(541) 536-3435**

- Family Medical Care
- Women's Health
- Men's Health
- Pediatric Care
- Preventative Services
- Behavioral Health
- Digital X-Ray
- Lab
- Referrals to specialists
- Transportation assistance
- Dental vouchers
- And more!

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[www.lapinehealth.org](http://www.lapinehealth.org)*Prices are valid during May 2019. All sales limited to stock on hand.***Quality Care.  
Right Here, Right Now.**





**SAGEWOOD  
GROCERY**

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87164 Christmas Valley Hwy

**Summer Hours: 7am-9pm**

**New Bang flavors!  
Cotton Candy  
Purple Guava Pear  
Lemon Drop**

**\$1.89 + Deposit  
River Sport Tubes  
Twin Pack  
\$29.99**



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Christmas Valley, OR 97641

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**DESERT INN MOTEL**

Sixteen Units  
FOUR SINGLE UNITS  
w/Queen Bed, Small Refrigerator  
TWELVE DOUBLE UNITS  
w/kitchenette & two beds  
some w/Queen size beds

Reasonable Rates



Mitzy Maple  
PO Box 148  
Christmas Valley, OR 97641  
576-2262

**Dr. Hally**

will be coming to the  
Christmas Valley area

**May 13<sup>th</sup> & 14<sup>th</sup>**

For an appointment, call

**541-460-1000**

Hally Miles-Moore, DVM

**Buildings that stand the test of time!**

All Phases of General Contracting

**Lee Baxter  
Construction**

Licensed • Bonded • Insured

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Serving all of your  
Christmas Valley area  
domestic well needs for  
over 45 years.



## Tick Season Is Here!!!!

It's that time of year already.... Remember to check your children & pets. Below I have listed some information. <https://www.emedicinehealth.com>

Two families of ticks, Ixodidae (hard ticks) and Argasidae (soft ticks), are important to humans because of the diseases or illnesses they can transmit or cause. Hard ticks have a tough back plate or scutum that defines their appearance. The hard ticks tend to attach and feed for hours to days. Disease transmission usually occurs near the end of a meal, as the tick becomes full of blood. Figure 1 shows several hard ticks and the various stages in their life cycle. The stages are part of the life cycle of ticks; the smallest stages, larva and nymph, are sometimes generally referred to as "seed ticks" because they resemble small plant seeds.

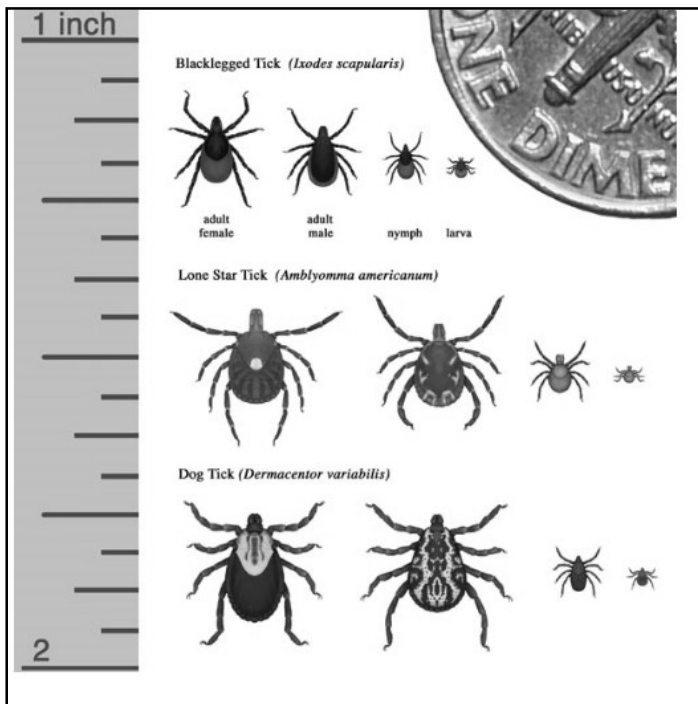


Figure 1: The life cycle of ticks. Source: CDC

Soft ticks have more rounded bodies and do not have the hard scutum found in hard ticks. These ticks usually feed for less than one hour. Disease transmission from these ticks can occur in less than a minute. The bite of some of these ticks produces intensely painful reactions. Ticks can transmit disease to many hosts; some diseases cause economic harm such as Texas fever (bovine babesiosis) in cattle that can kill up to 90% of yearling cows. Figure 2 shows the body of a soft tick; there is no hard scutum, only the soft body. The adult soft ticks are about the same size as adult hard ticks (see Figures 1 and 2).

Outbreaks of tick-related illnesses follow seasonal patterns (about April to September in the U.S.) as ticks evolve from larvae to adults. Mild winters with an early spring often result in a high number of ticks and an increased frequency of the diseases they transmit. Different ticks go through complex life cycles that involve mating and larval formation and usually have several hosts; humans are usually not an essential part of the normal tick life cycle, but wherever a mammalian host is pictured in a tick life cycle, usually a human can replace the normal host animal.

People could replace the deer or cow. However, in most cases, the life cycle is not completed with human hosts. Also, it is possible that more than one pathogen may pass to a human from one tick bite (for example, Lyme disease and babesiosis). In addition to the diseases listed above, tick bites may cause a person to develop an allergic reaction to eating red meat (for example, beef, pork, or other meats). Unfortunately, the CDC in 2018 indicates that the number of reported individuals with tickborne disease doubled in the last 13 years with Lyme disease accounting for 82% of reported cases. However, the CDC reports about 30,000 cases of Lyme disease infections per year but estimates the true incidence is approximately 10 times greater.



Figure 2: Picture of a soft tick. Source: CDC



# Christmas Valley Market

87497 Christmas Valley Hwy. Christmas Valley, OR 97641

541-576-2200

# Silver Lake Market

65504 Hwy 31 Silver Lake, OR 97638

541-576-2401

**BANG ENERGY**  
16oz CANS • ALL FLAVORS

**2<sup>\$</sup>4**  
FOR

ONE AT  
REGULAR  
RETAIL



**SMART WATER**  
700ml BOTTLES

**2<sup>\$</sup>3**  
FOR

ONE AT  
REGULAR  
RETAIL



**BODY ARMOR**  
700ml BOTTLES • SPORT WATER

**2<sup>\$</sup>3<sup>50</sup>**  
FOR

ONE AT  
REGULAR  
RETAIL



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16oz CANS • ALL FLAVORS

**2<sup>\$</sup>4**  
FOR

ONE AT  
REGULAR  
RETAIL



**MONSTER ENERGY**  
16oz CANS • ALL FLAVORS

**2<sup>\$</sup>4**  
FOR

ONE AT  
REGULAR  
RETAIL



**REIGN ENERGY**  
16oz CANS • ALL FLAVORS

**2<sup>\$</sup>4**  
FOR

ONE AT  
REGULAR  
RETAIL



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**OWNER-TOM SEARCH**



**541-617-1010**  
[www.bendsnip.org](http://www.bendsnip.org)

## Christmas Valley Concrete, Inc.

Dale Shumway  
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Ready-Mixed Concrete  
Septic Systems & Repairs  
Rock & Fill Material  
Land Clearing  
Ditches & Driveways  
\$80<sup>00</sup> Hourly Rate\*

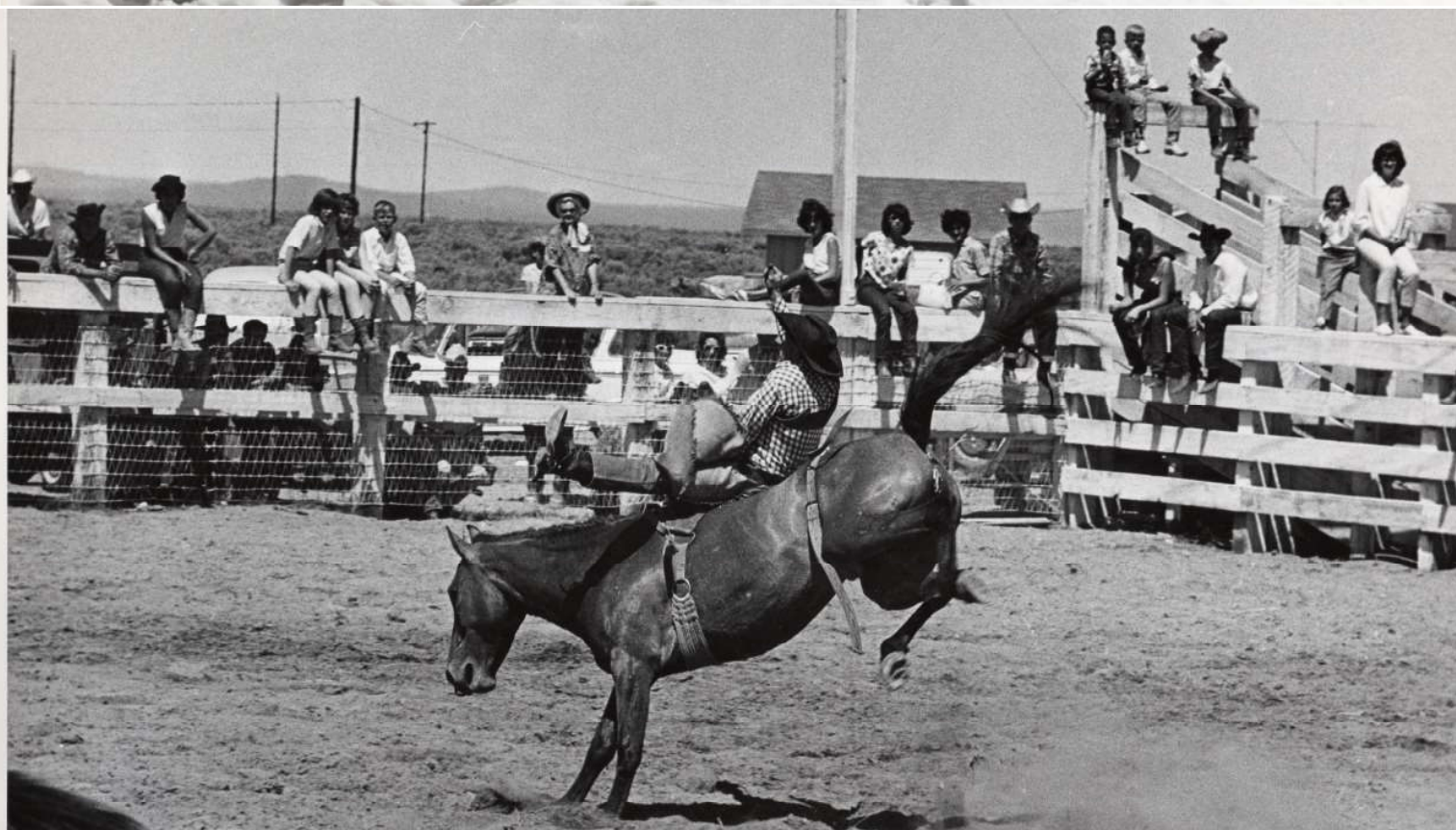
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Christmas Valley, Fort Rock, Paisley,  
Silver Lake & Summer Lake areas.

\*2 hour minimum  
Licensed/Bonded/Insured  
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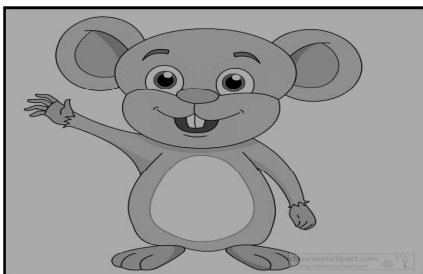


# BLAST FROM THE PAST

1964 Thank you Wanda Lanier







## Library News

*Military Mouse*

Military mouse here and I believe spring has sprung!! This is so exciting watching all the plants and trees come to life!!

The dances have been going great and we have another one May 3<sup>rd</sup> so put on your dancing shoes!!

I gotta say my prayers have been answered! Being a mouse I've been hoping the friends would do some green stuff and they are! The May 3<sup>rd</sup> dance includes a salad bar!!

I've been listening to the friends and they are plotting wonderful things for the 4<sup>th</sup> of July but more on that later!!

**ENJOY THE SUNSHINE!!**

**Thank You!!!!**

A BIG THANK YOU to Julie Sutherland at Sagewood Grocery, for supporting the Boosters. The donation of ice cream for the Easter Egg Hunt was appreciated very much. And thank you to everyone that came out, even in the rain.  
Fun Times!

The Boosters

## PUBLIC NOTICE

### CV RURAL FIRE PROTECTION DISTRICT 2ND BUDGET MEETING

A public meeting of the Budget Committee of the Christmas Valley Rural Fire Protection District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2019 to June 30, 2020 will be held at the Fire Hall. The budget committee meeting will take place on May 20, 2019 at 7:00 PM. A copy of the budget document may be inspected or obtained on or after April 15 at the office of Patty Effingham LTC EA.

### CV PARK & RECREATION DISTRICT 2ND BUDGET MEETING

A public meeting of the Budget Committee of the Christmas Valley Park & Recreation District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2019 to June 30, 2020 will be held at the District Office. The budget committee meeting will take place on May 14, 2019 at 9:00 PM. A copy of the budget document may be inspected or obtained on or after April 15 at the office of Patty Effingham LTC EA.

### NORTH LAKE HEALTH DISTRICT 2ND BUDGET MEETING

A public meeting of the Budget Committee of the North Lake Health District, Lake County, State of Oregon, to discuss the budget for the fiscal year July 1, 2019 to June 30, 2020 will be held at the District Office. The budget committee meeting will take place on May 6, 2019 at 5:00 PM. A copy of the budget document may be inspected or obtained on or after April 15 at the office of Patty Effingham LTC EA.

Something to Think About

Mothers Day May 12<sup>th</sup> 2019

Your arms were always open when I needed a hug.  
Your heart understood when I needed a friend.  
Your gentle eyes were stern when I needed a lesson.  
Your strength and love has guided me and gave me wings to fly.

~ Sarah Malin

### OUTBACK BAND OF BROTHERS

**If you missed the Meet and Great that was on the 24<sup>th</sup> lets get you up to date.**

**President:**

**Mike Gibson  
541-728-8235**

**Chaplain:**

**Charlie Brown**

**Secretary:**

**Glenna Wade**

# YOUR *Neighborhood* MARKET

## CHRISTMAS VALLEY MARKET

87497 Christmas Valley Hwy. - Christmas Valley, OR 97641 • 541-576-2200

Monday - Saturday 6:30 a.m. - 9:00 p.m. and Sunday 7:00 a.m. - 9:00 p.m.



**Culinary  
Circle  
Pizza**  
Selected  
Varieties  
14.1 to 33.5 oz.

**2/\$10**



**Stone Ridge  
Ice Cream**  
Selected Varieties  
16 oz.

**2/\$7**



**Culinary Circle  
Coffee**  
Selected Varieties  
10 oz.

**5<sup>99</sup>**



**Essential Everyday  
Ketchup or  
Mustard**  
Squeeze Bottles  
24 to 38 oz.

**2/\$4**



**Super Chill  
Soda**  
Selected Varieties  
12 Pack, 12 oz. Cans

Plus  
Deposit

**2/\$6**

**Prices Effective: May 1 - June 4, 2019**

Items and prices subject to stock on hand. We reserve the right to limit sales to retail quantities.



**Essential  
Everyday  
Orange Juice**  
Selected Varieties  
64 lb.

**3<sup>09</sup>**



**Essential  
Everyday  
Sliced Cheese**  
Selected Varieties  
7.6 to 8 oz.

**2/\$6**



**Essential Everyday  
Bath Tissue**  
Ultra Soft or Ultra Strong  
9 Rolls

**9<sup>99</sup>**



**Essential Everyday  
Sandwich Cookies**  
Selected Varieties  
14.3 to 15.35 oz.

**2/\$5**



**Essential Everyday  
Red Party Cups**  
100 Count

**4<sup>99</sup>**

**Essential  
Everyday  
Marinades**  
Selected Varieties  
12.25 oz.

**2/\$4**



**Essential Everyday  
Potatoes**  
Selected Varieties  
28 to 32 oz.

**2/\$5**

**Essential  
Everyday  
Dressing**  
Italian or Ranch  
24 oz.

**2/\$5**



**Essential  
Everyday  
Coffee  
Creamer**  
Selected Varieties  
15 oz.

**2/\$6**



**Essential Everyday  
Dog Biscuits**  
Selected Varieties  
24 oz.

**2/\$4**



# LOOK WHATS COOKING

## Celebrate MAY Nourishment

ADAPT, CREATE, INSPIRE BY CRYSTAL COULTER

### Jicama Slaw

#### Dressing Ingredient List:

6 Tbsp. unseasoned Rice Vinegar

6 Tbsp. Extra Virgin Olive Oil

3 Tbsp. Lime Juice

1 Tbsp. Cilantro, minced

1 tsp. Salt

1 tsp. Sugar

1 tsp. Pepper

½ tsp. Chili powder

½ tsp. Chile flakes

#### Directions:

Combine above in a small sealable container and chill. Prep slaw veggies.

#### Slaw Ingredient List:

2 Carrots, peeled and julienned.

1 Sm. Jicama peeled and julienned.

1 Lg. Red Pepper, cored and thinly sliced.

¼ Head Cabbage, core and thinly slice.

½ Sweet Onion, halved lengthwise, thinly slice, rinse, and pat dry.

#### Directions:

Put cut veggies in a sealable plastic bag and chill.

Add dressing 15 minutes prior to serving, mixing 2-3 times.

\*Make Ahead, storing separately for up to 2 days.

### Farmers Market Bundles

#### Bundle Ingredient List:

20 oz Firm Tofu, cut chunked

12 oz Egg plant, cut chunks

6 oz Summer Squash, sm. Cubes

6 oz Heirloom Cherry Tomatoes

1 Cob Corn, cut off

1 Carrot, peeled and sliced

2 Tbsp minced ginger

2 Tbsp minced garlic

**Cooking:** Heat grill at 450°, Divide mix among 4 large squares of foil and seal securely. Grill bundles, turning once, until eggplant is tender, about 10 minutes.

#### Salad Topper Ingredient List:

1 English Cucumber, halved lengthwise, cut into chunks

1 cup Cilantro, leaves

1 cup Dill sprigs, whole

1 Red jalapeno chile, halved lengthwise and sliced.

2 Tbsp. Lime juice

2 Tbsp. Extra Virgin Olive Oil

½ Tsp. Kosher Salt

**Serve** on cooked Brown Rice, top with salad and dash with soya sauce if desired.

### Feta Burger

#### Ingredient List:

1 cup Plain Yogurt

¼ cup Feta cheese, crumbled

½ tsp. ground Cumin

1 pound ground venison (or lean ground beef)

¼ cup finely diced Red Onion

½ tsp. dried cilantro

¼ tsp. Ground ginger

Mini Pita Pockets

**Directions:** Blend yogurt, feta cheese, and cumin with a fork. Cover and refrigerate for 1 hour. Combine venison, onion, cilantro, ginger, and salt. Shape into 4 patties and grill, broil, or pan fry until desired doneness. Place on Pita bun and top with 2 Tbsp (or more) yogurt sauce. If desired include sliced cucumber and lettuce.

Nationally celebrated foods this month: Beef, Eggs, Strawberries, Salads, Craft Beers and more...

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
				Charater Ed Assembly	Prom	
5	6	7	8	9	10	11
	TSA/CTE Testing Week					
	Teacher Appreciation week					
	6pm - Budget Meeting			North Lake FFA Banquet		
12	13	14	15	16	17	18
				State Track Participants 8am - SWCD Speeches 12:45pm - Elem. Spring	HS TF @ OSAA 1A State Championships @ Western Oregon	
19	20	21	22	23	24	25
	2pm - HS Drama	Election Day Midstate 4th grade	12:30pm - Character Ed	Senior Presentations 12:30pm - Summer reading		
26	27	28	29	30	31	1
			FFA Shop Skills	10am - Kindergarten	Senior Brunch 9am - Kindergarten Round-	

## North Lake Athletic Schedule

May 2019 (Pacific Time - Los Angeles)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
					11am - MS TF Home NL MS	10am - HS TF @ Gilchrist 12pm - HS Baseball vs Lost
5	6	7	8	9	10	11
		2pm - HS Baseball @		FFA Banquet (Don't	10am - Friday Track	District TF/McKenzie HS
12	13	14	15	16	17	18
		MS TF Home CO Small				
19	20	21	22	23	24	25
26	27	28	29	30	31	1



FRIENDS OF THE CHRISTMAS VALLEY LIBRARY

INVITE THE WHOLE FAMILY TO THE

## SASHAY JINGLE DANCE

Friday - May 3, 2019

At the BOOSTER Hall (Behind the Post Office)

\$3.00 PER PERSON OR \$5.00 PER COUPLE

DOORS OPEN AT 5:00pm FOR A SALAD BAR

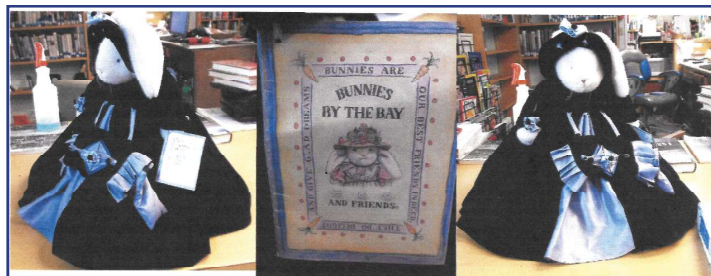
MUSIC STARTS AT 6:00pm

AND GOES UNTIL 9:00pm

UNDER 13 MUST BE ACCOMPANIED BY AN ADULT

RIDES HOME MUST BE PICKED UP BY 9:15pm

**this is A DRUG AND  
ALCOHOL FREE EVENT**



## RAFFLE

ONE OF A KIND COLLECTOR'S ITEM

1 TICKET FOR \$1.00 OR 6 TICKETS FOR \$5.00

ON DISPLAY AT THE LIBRARY AND AT THE FRIENDS

MONTHLY DANCES UNTIL JULY 4, 2019

**We did it!!!**

\$1,000 soon to be doubled!!

**WE START!!**

Thank you to all that donated funds for the  
Road Ruts. You can follow us on facebook  
Ruts to roads

J.W. KERNS AND SILVER SAGE LIVESTOCK PRESENTS  
**SHOW SUCCESS SEMINAR**  
CHRISTMAS VALLEY RODEO GROUNDS  
**MAY 25TH 2019**  
87345 HOLLY LN.  
CHRISTMAS VALLEY OR 97641

**SHEEP/GOATS 10 AM - NOON**  
**HOGS 12 30 PM - 2 30 PM**  
**CATTLE 3 PM - 5 PM**

**MANAGEMENT**  
**NUTRITION**  
**SHOWING**  
**FITTING**

**WEAVER LEATHER LIVESTOCK**

**QUESTIONS? CALL OR TEXT**  
**503.593.4815**

## Christmas Valley's FARMERS MARKET

Sponsored by

Christmas Valley Park & Rec

**Saturday, May 25**

**9am - 4pm**

Seedlings,

Fresh Baked Goodies,

Ghee

Seed Exchange

&

Kids Planting Table

Will be Located at the Rodeo Grounds

Call Rena Dunne for more info

@541-576-4802

Offering this Market on the 4th Saturday of Each  
Month 9am-4pm from May - September



## Out of Ethels Cookbook Chuck Wagon Specials

### Venison Stew

**Marinate chunks of Venison for a day or two**

**Marinade:** 1 1/2 cups Vinegar

3/4 cup Vegetable Oil

2 Slices of Onion

1 Large Clove Garlic Cut up

Crushed Red Pepper

Salt and 3 Cups Water

**Pour over Venison and keep in cool place. Dry Venison next day (on paper towels or dish towel)**

**Sear Venison in a dutch over. After searing, lower heat and cook gently in a small amount of butter.**

**Add bite size pieces of carrot, potato, onion and any other that strikes your fancy! Add enough water to cover and simmer strew over low heat until meat is tender**

**ENJOY!!!!**

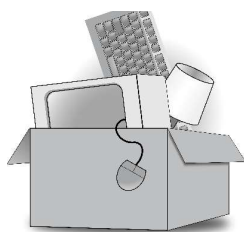


**Natasha Rudd, N.D., L.A.C**

Dr. Natasha Rudd is a fourth generation doctor with a focus on the prevention of illness in the primary health care setting. She is a licensed practitioner of Naturopathic Medicine and Licensed Acupuncturist. Dr. Rudd earned her Masters of Acupuncture and Doctorate of Naturopathic Medicine from the National College of Natural Medicine in Portland, the oldest Naturopathic College in the United States. She has also completed advanced course work in botanical medicine and acupuncture in critical care.

## CHRISTMAS VALLEY MINI STORAGE

**PO Box 783, Christmas Valley, OR 97641**



10 x 12 \$50/month

12 x 20 \$80/month

20 x 24 \$100/month

**(541) 576-2640**



**Dr. Natasha S. Rudd, N.D., L.Ac.**

Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, family health care, flower essence prescribing, general internal medicine, homeopathy, primary health care, personalized nutrition, shiatsu massage, stop smoking treatments, and vitality longevity evaluations.

Dr. Rudd is accepting new patients and referrals for patients seeking natural therapies. To schedule an appointment to be seen by Dr. Rudd at the **North Lake Health District's Medical Complex**, please call **541-385-6249**.

**Outback Retirement  
Center, Inc. Board  
of Directors meets  
monthly on the 4th  
Mon. at 6 pm at the  
Outback Office.**



# Call the Local Guys FIRST!



## Handde Pump & Electric, Inc.

And a whole lot more store!

- Zimmatic Sales and Service
- Huge selection of Plumbing & Electrical Supplies
- Sinks, faucets, water heaters, pressure tanks
- Galvanized, ABS, CPVC fittings & tools
- Landscaping pavers, railroad ties & more

Monday-Friday  
8:00 am - 5:00 pm  
Phone:  
541-576-2206  
Fax:  
541-576-2702

CCB# 45220

Vote yes! North Lake School Bond 19-34 May 21st  
Strong School      Strong Communities

Christmas Valley Desert Inn  
Puckett & Sons  
Abe & Stacey Puckett  
Handde Pump  
Oregon Country Realty  
The Willows Antiques  
Diamond T Farms Inc  
Bullseye Images, LLC  
North Lake Tire  
Tobiasson Farms  
Pierson Hay  
The Poplars Ranch  
Forman Farms  
Nelson Cattle Carriers  
Church Family Farms  
The Willows Antiques

Baker Family Farm  
Grassman Farms Inc  
Troy Fine, LLC  
Chitwood Farms  
Willows-West  
Williardt Hay Company  
Nelson Livestock  
Lance & Carrie Brown Ranch  
Golden Rule Farms  
Sam & Alice Dinsdale  
Scott & Mandy Duffner  
Christmas Valley Music Festival  
Foundation  
/F Livestock & Fencing  
Darrell Kraybill  
The Cowboy Dinner Tree  
And More!

## PUBLIC MEETINGS

### Christmas Valley Boosters:

2<sup>nd</sup> Monday @ 6:00 pm  
Booster's Building

### Christmas Valley / North Lake Chamber of Commerce:

Meets Quarterly  
Call for location: 541-576-3838

### Christmas Valley Fire Board:

3<sup>rd</sup> Monday @ 7:00 pm  
CV Fire Hall

### Christmas Valley Water Board:

2<sup>nd</sup> Wednesday @ 1:00 pm  
CV Community Hall

EMS: 2<sup>nd</sup> Thursday @ 7:00 pm  
EMS Building

### Fort Rock Grange:

2<sup>nd</sup> Wednesday @ 6:30 pm  
Fort Rock Grange Hall,  
Potluck TBA. 541-576-2335

### Fort Rock Historical Society:

2<sup>nd</sup> Tuesday @ 6:30 pm  
Homestead Museum

FR/SL SWCD: 541-947-5855

### Lake Co. Commissioners:

1<sup>st</sup> & 3<sup>rd</sup> Wednesday @ 10 am  
Lake County Courthouse

### Lake Co. Hay & Forage Association:

1<sup>st</sup> Thursday @ 6:00 pm  
Lodge at Summer Lake

### North Lake Health District:

1<sup>st</sup> Monday @ 5:00 pm  
NL Health District Conf. Room

### Christmas Valley Park & Rec Board:

2<sup>nd</sup> Tuesday @ 9:00 am  
Park & Rec. office  
541-576-2216

### North Lake School Board:

2<sup>nd</sup> Monday @ 5:30 pm  
North Lake School Library

### Silver Lake Lioness:

2<sup>nd</sup> Wednesday @ 10:00 am  
Silver Lake Fire Hall

### Silver Lake Rural Fire District:

2<sup>nd</sup> Monday @ 7:00 pm  
Silver Lake Fire Hall

If you know of corrections, changes,  
or additions to this list, please call  
Park and Rec. at 541-576-2216. or  
email [desertwhispers@yahoo.com](mailto:desertwhispers@yahoo.com)

## **JOSYS TACK SALE & MISC**

### **I HAVE NEW & USED**

**LOTS OF HORSE TACK - WESTERN & SOME ENGLISH  
SADDLES - SADDLE PADS- SADDLE BLANKETS BRIDLES  
HOBBLES - PACK PADS**

**THERE WILL BE WOMENS CLOTHES- SHIRTS - JEANS - SHORTS  
.25 & .50 CENT ITEMS**

**SOME NEW KID OUTFITS - BOYS & GIRLS**

**MENS SHIRTS - MISC. HOUSE ITEMS**

**COME ON DOWN AND TAKE A LOOK**

**MAY 17<sup>TH</sup> & 18<sup>TH</sup>**

**10AM - 6PM**

**87345 HOLLY LANE**

**CHRISTMAS VALLEY COMMUNITY HALL**

**"EXCEPTING CASH & CREDIT"**

# *Happy 100th Birthday Fernette!!!!*



A sincere Thank You to everyone who took the time to attend my 100th Birthday party! And to those who sent cards!

It is humbling to realize how many friends a person accumulates over the years!

Fernette McDowell





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9am Yoga NL Clinc  7pm N/A Meeting CVCH		10am - 5pm Spring Bazaar CVCH  5pm - 9pm Friends of the Library Dance Boosters Building	9am - 4pm Spring Bazaar CVCH
5	6	7	8	9	10	11
	5pm North Lake Health District NLHD Conf.	11:30am - 1pm Soup Kitchen  5:30 pmYoga-North Lake Clinic	9am Yoga NL Clinc  1pm Water Dept. Meenting CVCH  630pm Fort Rock Grange Meets Fort Rock Grange Hall 7pm N/A Meeting CVCH	530pmBingo CVCH  7pm EMS Meeting EMS Building	9am - 5pm Weekend Market CVCH	9am - 5pm Week-end Market CVCH
12	13	14	15	16	17	18
	530pm NL School Board NL School Library  6pm CV Boosters Meeting Booster Bulding  7pm SL Rural FD	9am Park & Rec Board Meeting PNR Office  11:30am - 1pm Soup Kitchen  5:30 pmYoga-North Lake Clinic	9am Yoga NL Clinc   7pm N/A Meeting CVCH		10am - 6pm Josys Tack Sale CVCH	10am -6pm Josys Tack Sale CVCH
19	20	21	22	23	24	25
		9am - 2pm Food Share  11:30am - 1pm Soup Kitchen  5:30 pmYoga-North Lake Clinic				10am - 5pm Livestock Show Success Seminar CV Rodeo Grounds  9 am- 4pm Farmers Market CV Rodeo Grounds
	7pm CV Fire Dept. Meeting CV Fire Hall		7pm N/A Meeting CVCH	530 pmBingo CVCH		
26	27	28	29	30	31	
		11:30am - 1pm Soup Kitchen  5:30 pmYoga-North Lake Clinic				
			7pm N/A Meeting CVCH			

# BACK IN THYME

by Linda McCoslin

## REMEMBERING OUR ELDERS PART 3

### Determining Dosage:

The dosages suggested here are appropriate for an elderly person of average size (140-175 pounds) and in fairly good health. When determining dosage, always consider the individuals sensitivities, allergies, body weight and constitutional health. These play a bigger role in a person reaction to medication, herbs or otherwise, than is generally accounted for.

For all individuals, but especially for seniors, always start with smaller doses and work up only as necessary. If you are uncertain how much of an herbal formula to use, a general rule is that people over 60 should take half of the recommended adult dosage.

### For Chronic Problems and Tonic Therapy:

Chronic problems are long - term imbalances such as hay fever, arthritis, back pain, insomnia, and long standing bronchial problems. Chronic problems can, however flare up with acute symptoms.

Tonic therapies are designed to nourish, tone, rehabilitate, and strengthen the body or particular body systems. They are preventive medicine: incorporating herbs into daily life as a means of building health, energy and vitality.

For chronic conditions and tonic therapy, the following dosages are appropriate.

Tea: Take 1/2 to 1 cup two times daily for several weeks.

Tinctures and Syrups: Take 1/4 to 1/2 teaspoon two times daily.

Capsules / Tablets: Take 1/4 to 1/2 capsules two times daily.

Herb Powders: Take 1/4 to 1/2 teaspoon two times daily.

### FOR ACUTE PROBLEMS:

Acute problems are sudden, reaching a crisis and needing quick attention. Examples include Tooth-aches, Migraines, Bleeding, Burns and sudden onset of colds or flu. You must be keenly observant and apply common sense when administering herbs to elders suffering from acute illness. Though herbs can be very helpful in these situations, the sensitive mature of an elderly persons system can elicit unusual and reactionary responses. Start with low dosages and increase as necessary only after observing the individuals response to initial treatment. For acute conditions, the following dosages are appropriate.

TEA: Take 1/8 to 1/4 cup every hour or two throughout the day, up to 3 cups.

TINCTURES& SYRUPS: Take 1/8 to 1/4 teaspoon every 2 hours until symptoms subside.

CAPSULES/TABLETS: Take 1 capsule every 3 to 4 hours till symptoms subside.

HERB POWDERS: 1/8 Tsp. every 3 to 4 hours until symptoms subside.





at the Christmas Valley Community Hall  
Twice a month on Thursdays at 5:30 pm

**May 9<sup>TH</sup> & 23<sup>RD</sup>**  
**June 6<sup>TH</sup> & 20<sup>TH</sup>**

For more information call:  
**Barbara Ferrando**  
**650-455-0052**

Sponsored by:  
Christmas Valley Park and Recreation

poster by:  
Mark Joseph Russell

## Golf Fees for C.V. Golf Course

2019-2020 Golf Season.

Fees are as follows:

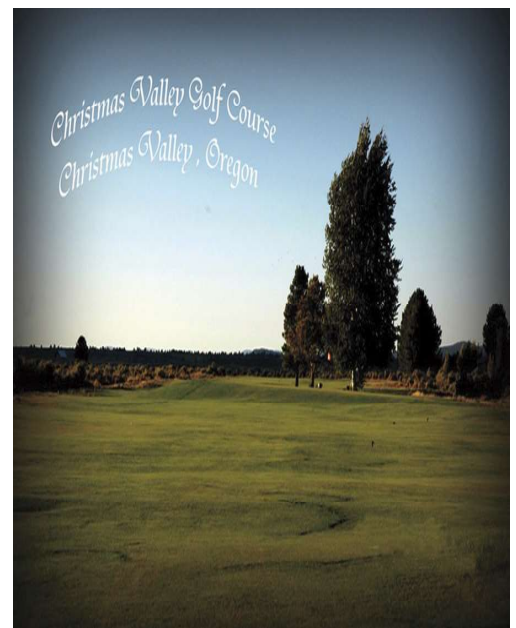

**Single Year Pass- \$225**  
**Family Year Pass-\$300**

**9-holes - \$20**  
**18-holes - \$25**

It's never too early to come  
sign up for the new season

Did you get that perfect photo  
that you would just love to  
share?  
send it to

[Desertwhispers@yahoo.com](mailto:Desertwhispers@yahoo.com).

**Willows-West**  
*Knitting & Flowers & More*  
86426 Christmas Valley Hwy  
Christmas Valley, OR 97641  
541-576-2117

10 am to 5 pm - Tues thru Sat  
*both stores*

**The Willows**  
*Antiques & Vintage & Gifts*

87531 Christmas Valley Hwy | Christmas Valley, OR 97641 | 541-576-2199

**Laura Parks**  
*owner*

# CLASSIFIEDS

## FOR SALE

**2002 Volvo S 60 4 Door sedan , front wheel drive. sun roof, priced to sell. Many new parts ,some slight body damage to roof. Very nice car. \$3,750 Call 541-815-4004**

1989 Executive Motorhome 40' Class A Diesel pusher. Cat 3408T Allison 4 speed Very nice and ready to go south. \$ 29,500 Call 541-815-4004,

1 inch Air impact Tool, 1600ft /lb, 6 inch anvil plus Bud nut and stud sockets \$200.00 541-576-4155,

1 Ton Flatbed 1969 Chev. Truck 292E 5spd manul trans. Posatrack rearend \$1000.00 firm sold as is. 541-576-4616

That Dragonfly Stuff, all natural pain remedy and essential oils  
541-213-3309 or 503-882 -5609

**1996 GMC Sonoma Pick-Up** Runs Good , Needs Brakes, Tires and some TLC. \$800.00 Firm on price. Great fixer 541-219-9575

3 center Pivot u joints new in the un opened packages. Valmont brand. \$15 each  
93 hay tarp spiral spikes. We don't use them anymore. you can buy one or all for \$1 each. They are in the Eugene area so you would have to come get them. Roxy (971-222-5923)

Allis Chambers Forklift, 5700Lb. Cap. Gas engine with three stage mast. Pneumatic tires low hours \$6500, call 542-825-4004

1981 Clark Forklift Under 1000 hours, stored indoors 6 cyl. gas engine, dual front pneumatic tires fleet maintained excellent condition, priced to sell: \$8500 Call 541-815-4004

Nordictrack AudioRider Bike U300. \$ 250.00. 543-576-2480

## NOTICE

**As of May 1, 2019 I Alyce Lyons am no longer the Payee or PSW (care provider) for Johathon Roe aka as JD.**

## EVENTS

Houseplant & Birdhouse Sale  
May 10th & 11th 10am till 4pm @ the Boosters building on Aspen Lane Stop by and see what we have/

## REAL ESTATE

**Christmas Valley 1 AC lot westend of Cedar, Cleared w/base driveway in place. Priced below appraisal. \$6450.00 Call 541-389-8107 - 541-576-2082.**

**Christmas Valley 1AC lot eastsend Cedar. Cleared, Septic Approved with Electric . \$7450.00 Call 541-576-2082 - 541-389-8107**

**Commercial Zoning 35 ac. w/private well, 220 power, paved road access with right to divide into 20-1ac lots. Adjacent to urban area in Lake County Call Everett Deckr541-480-8185 everettd@johnscott.**

## FREE

A lot of free scrap metal. Must take all. Call Tyler for information 541.280.8546

## WANTED

**Wanted a Wheel for Subaru 02-03 reasonable) 541-576-2022**

"Wanted, temporary (secure) Airplane Hangar space on Christmas Valley Airport, for 2 to 4 months, possibly starting as early as March 2019. Please call 503-481-8001"

## EMPLOYMENT

**Deputy - Lake County Sheriff's Office. Full-time Deputy to conduct law enforcement, crime prevention, and investigation activities relating to criminal law enforcement in North Lake County. Must be a resident in the north end of the county and will work out of the Christmas Valley annex. Full benefits and PERS retirement. Salary of \$3,400 - \$4,340 per month DOE. To apply, complete and return a Lake County Sheriff's Office application to the Sheriff's Office (Note: this application is different than Lake County's general employment application). Full job description and applications are available at [lakecountyor.org](http://lakecountyor.org), or at the Courthouse, 513 Center Street, Lakeview OR. Open until filled. Questions, call Jay at (541) 947-6073. EOE.**

## FOR RENT/LEASE

FORT ROCK GRANGE Community hall is available for rent. There is a main hall with stage, rest rooms, and fully equipped kitchen. 541-576-2335<sub>25</sub>

CHRISTMAS VALLEY COMMUNITY HALL for rent.desertwhispers@yahoo.com or 541-576-2216<sub>25</sub>

## SERVICES

Mr. Handyman Service. Siding, Doors, Windows, Sheetrock, Tape & Texture, Trim, Tile, Sinks, Toilets,, Painting No Job to small 541-576-4618

**SageBrush Salon** by Appt. only. Call Robin @541-576-4229. Men, Women & Children. Cuts, Color, Perms, Foils, Scalp Massaging Treatments, Great nourishment for your hair

**Dog Grooming! over 30yrs experience w/ tons of references. Can only do dogs under 50 pounds. Call for Price and Appointments 541-420-2365**

**Mobile Shear Care Specializing in Salon Shears, Grooming and veterinarian Instruments Charlie 208-369-7227**

**Triple-T Firewood**, Yard work, Hog Mowing, Clean-up work, Brush Hauling \$35 a hr yard work, \$65 hr tractor work 2hr min. 2 man team. 541-408-4852<sub>22</sub>

**North Lake Towing & Service AAA Service provided Doug Polhans-Owner Operator 541-771-6645**

**THE TINSEL TAILOR:** Sewing/alterations shop in CV. Zipper replacement, knit or crochet repairs, general clothing repairs, reasonable rates. Hem jeans \$6 & up; slacks \$9 & up. 541-576-2022<sub>25</sub>

**Chapman Ranch Upholstery**  
Time to Do Equipment Seats Before the Season Starts" 541-408-2642

**Carpet Cleaning Service** now available in Christmas Valley. Price depends on size of room, Auto detailing also available. Call today to book your appointment. 541-576-4461

**Alora's Outback Cleaning Services** available for commercial or home cleaning. One time, weekly, bi weekly or monthly available, call 541-213-3309 for pricing

**Stephanie's Cleaning Services**  
Providing home cleaning , rentals and Basic cleaning services as well as deep cleaning. One time -weekly or monthly, can customize a schedule to meet your needs. Price based on job. 541-576-4461<sub>06</sub>

**GOT SULFUR? REMOVE IT PERMENTALY FROM YOUR WELL WITHOUT FILTERS AND CHEMCALS CALL FOR DETAILS 541-280-3581 DALTON FREE TESTING**





**NATIONAL**  
**SUICIDE**  
**PREVENTION**  
**LIFELINE**  
1-800-273-TALK (8255)  
suicidepreventionlifeline.org

### SUICIDE WARNING SIGNS

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious, agitated or behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable. Call the Lifeline at:  
**1-800-273-TALK (8255).**

## Mommy & Me Group

*Submitted*

Do you have a little one, age birth to three years old, who doesn't meet the requirements for Preschool on Tuesdays? You and your child are invited to join Mrs. Anthony on the first and third Thursdays of each month from 10:00 a.m. - 11:30 a.m. at the North Lake School annex building for a **Mommy and Me Play Group**. "We will be exploring our world around us through music, movement, and sensory play," says Mrs. Anthony. "We will also be doing **Make and Take** activities once a month that you can do with your kiddos at home."

If you have questions, please call Mrs. Anthony at 503-351-7855.

## North Lake County Church Directory

### Christmas Valley Community Church

87921 Christmas Vly Hwy ..... **541-576-2757**

Interim Pastor: Greg Melendes

Youth Leader: Fred Chugg

www.christmasvalleycommunitychurch.com

Sunday School 9:45am

Morning Worship 10:45am

Youth Group Wednesday @ 7:00pm

### Christmas Valley Seventh-day Adventist

Old Lake Rd & Sunrise Circle.....

mssg. phone.....**541-306-0384**

www.bibleinfo.com

Sabbath School 9:30am

Sabbath Worship 11:00am Saturdays

Midweek Bible Study & Worship 6:00pm

### Fort Rock Community Church

Downtown Fort Rock ..... **541-576-2888**

Pastor: Jeremy Warkentin

Sunday School 9:45am

Sunday Morning Worship 11:00am

3rd Sunday Potluck

Saturday Men's Breakfast at 7:00am

### Free Church Of God

www.freechurchofgod.org

True theology lies with the Apostles that Jesus, himself, trained and ordained.

### Lutheran Bible Study and Worship

call for location/directions ..... **541-576-2593**

Pastor Peter Pagel of Faith Lutheran Church in

La Pine leads a local meeting

Tuesdays at 6:00pm

### New Life Fellowship of Christmas Valley

87218 Glitter Lane

Pastor: Doug Polhans .....**541-591-4067**

Visit us on FACEBOOK

Sunday School 9:30am

Sunday Worship 11:00am & 6:00pm

### Praise The Lord Fellowship

35 NE Arrowhead Rd, CV..... **541-576-3079**

Pastor: Rev. Suzan Burch/Fowler

Assistant Pastor: Marvin Fowler

Worship Gathering Sunday 11:00am followed

by Potalatch (Blessing Meal)

Song & Praise Sunday 4:00pm • Bible Study

Wednesday 4:00pm • Prayer Saturday 4:00pm

### Silver Lake Church of the Bible

Hwy 31, Silver Lake ..... **541-576-2367**

Pastor Leon Baker

Sunday School 10:00am

Morning Service 11:00am

Second Sunday Potluck

### Well in the Wilderness Church

Sunrise Circle, Christmas Vly **541-977-5296**

Pastor Kerry Cardwell: 541-977-5296

Pastor Bon Puckett: 541-576-4765

Sunday School (for all ages) 9:45am

Morning Worship 11:00am

Wednesday night 6:00pm

### Holy Family Catholic Church

57255 Fort Rock Rd ..... **541-576-2415**

Sundays at 3:30pm

Contact - Mike & Laura House: 541-576-2415

### The Konaway Nation

Council Meetings every 2nd.

Saturday of each month at

Noon at the Chief's home.

Potalatch to follow.

Call 541-576-3079 for info.

### SOBRIETY IN THE DESERT

#### AA AND NA

FRIDAYS @ 5:00 PM

ON THE BACK SIDE OF

NORTH LAKE CLINIC

87520 BAY ROAD

CHRISTMAS VALLEY, OR 97641

Rev. Suzan Burch will be teaching Coastal Jargon. This is one of 14 Native American trade languages. if interested, call  
**541-576-3079**

## Celebrate Recovery

**Mondays @ 6:30 p.m.**

CV Community Church

Sherry 541-576-4509

or Tim 541-977-4944



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