57334 Christmas Tree Road

Christmas Valley, Oregon 97641 Phone: 541-576-2216 Fax: 541-576-2272 desertwhispers@yahuo.com

Fort Rock Grange Holiday Bazaar & Flea Market

Saturday November 16, 2019 9:00am—3:00pm Fort Rock Grange Hall Fort Rock Rd, Fort Rock, OR 97735

Lunch and refreshments will be sold in the Grange kitchen

Call Jackie at 541-576-2459 for more information

Please bring non-perishable food items for the community food drive.

Next Desert Whispers DEADLINE 7 DAYS PRIOR at 2:00 p.m.

DESERT WHISPERS

The intent of *DESERT WHISPERS* is to publish a variety of information from all aspects of life in North Lake County. We neither support nor condemn any ideas, creed, religion, custom, attitude, belief or law. Opinions expressed are not necessarily the opinions of the Christmas Valley Park & Recreation District Board members, staff, personnel or advertisers. The Christmas Valley Park & Recreation District is not responsible for errors in articles and/or ads submitted to be published without change. The Christmas Valley Park & Recreation District Board of Directors reserves the right to reject any submitted material for any reason.

DESERT WHISPERS welcomes letters to the Editor. Letters should be printed or written clearly. Each letter <u>must</u> <u>be signed</u>. *DESERT WHISPERS* reserves the right to condense long letters or to edit for content. We will avoid this whenever possible. *DESERT WHISPERS* reserves the right to judge the acceptability of a letter in regards to vulgarities, profanities, or slanderous content.

Deadlines for *DESERT WHISPERS* are at least seven (7) Days before issue dates of the 1st and 15th of each month. Please have your ad or article to the *DESERT WHISPERS* office BEFORE the published deadline. If the ad or article is NOT received by 2 pm on the deadline, it may not make it into that issue. Ads and articles can be received by mail, by e-mail, or dropped off at the office.

- The Editor



Renting the Christmas Valley Community Hall

Park and Rec

The Christmas Valley Community Hall, located at 87345 Holly Lane, in Christmas Valley, is available for rent.

A refundable cleaning/damage deposit of \$50 is required for the rental of the building. The deposit will be returned if the building is left in the same (or better) condition as you found it.

At the conclusion of your event, if the heater in the main area of the hall is not turned down to 52° (as the instructions posted state), you will be billed \$9.00/hr for fuel, until the setting is corrected.

Call for availability: 541-576-2216.

DESERT WHISPERS is a twice-monthly publication of CHRISTMAS VALLEY PARK & RECREATION

57334 Christmas Tree Rd. / P.O. Box 181 Christmas Valley, Oregon 97641 541-576-2216[рноме] 541-576-2272[FAX] Desert Whispers@yahoo.com CVParkandRec.org f CV Park and Recreation Park & Rec Board Members

Glenna Wade...... 541-576-2216

Barbara Ferrando....541-576-2140

Shara Shumway......541-480-6461

David Uran541-576-4177

Christmas Valley Park & Rec Office Open: Monday - Friday • 10 am - 2 pm Closed all Holidays

IMPORTANT NUMBERS

INFORMATION NUMBERS

LANDFILL SCHEDULE

Christmas Valley (on Rainbow Road): Thursday - Saturday, 8:30 am - 4:30 pm Fort Rock (1.5 miles west of town): Sunday 9:00 am - 12:00 pm Paisley: Saturday 8:30 pm - 4:30 pm, Wednesday 12:00 pm - 4:30 pm Silver Lake: Sunday 1:00 pm - 4:00 pm

All transfer sites closed on: Easter, Thanksgiving & Christmas. Bring washers, dryers, stoves, etc., to the Christmas Valley Landfill ONLY for the North end. 541-417-1255 Volume:639 Issue: 22 November 15, 2019

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Freedom of the Press

Christmas Valley Park and Rec Freedom of the press gives Christmas Valley Park and Recreation exclusive control over what we choose to publish in Desert Whispers, including the right to refuse to print anything for any reason.

LOCAL RESOURCES

FREE

Food, clothing, shoes, household items and more! Exchange items & donate. Wednesday-Friday, 10 am-3 pm **Praise The Lord Fellowship** 576-3079 • 35 NE Arrowhead CV Hwy to Snowflake, turn left on Arrowhead (come to NE corner)

DORCAS DEPOT THRIFT SHOP



All proceeds are used for needs in the community

On Aspen Lane next to Food Share 12 - 4 PM Wednesdays and Saturdays! Sponsored by Christmas Valley Community Church

> \$1.00 Bag Sale! Wed. Oct. 30th

Lake County Public Transit Operated by Lake Co. Senior Citizens Association

November/December Lunch & Bus Schedule

Bend Trip November 22nd

NEW! LaPine Shopping Trips 11/20 and 12/4

Lunches: Summer Lake Lunch CANCELLED for 11/22; call The Lodge after 12/1 for update on whether they are serving lunch on 12/10.

CV Lunch on the 21st at 11:30. Bus will run to CV IF there are enough riders reserved.

For more information Transportation Coordinator @ 541-947-4966 ext. 106

Please be aware that schedule is subject to change

Veteran Medical trips available

Non Emergency Medical are available to those who have Medicaid, a medical appointment and qualify.

> Please call Ecolane @ 877-875-4657 to see if you qualify.



For more information call: 541-576-2140 or 650-455-0052.

November 15, 2019





How To Rent Hanks House:

The Activity Center at the Outback Retirement Center, Inc. also called "Hanks House" in memory of our founder Mr. Hank Warkentin is now available to the public for private events. The fees are as follows:

- · Kitchen Only: \$50/day
- Building w/Kitchen: \$100/day
- Building Only: \$75/day
- Long term use: To be determined by ORC Board as presented
- Additional Set-up day: \$30/day
 A \$100 refundable cleaning fee and proof of insurance will be required

To make reservations or to get additional information: Call 541-576-2225 or Email: outbackretirementcenter@gmail.com

To check out the online calendar to see if your date is open: https://www.outbackretirementcenter.org/events-calendar

Renting Hanks House is one way of supporting our mission of providing affordable housing for the elderly. Thank you for your support.

DESERT WHISPERS • 5



November 15, 2019





Lake County Public Transit

INNER COURT NOW OFFERING:

 Expanded service through in the North Lake County After School Transportation for grades 9-12

PAISLEY: (541) 947-3551 North Lake: (541) 576-4689

SENIOR CENTER NOW OFFERING:

- Weekly trips from Lakeview to Alturas
- Free monthly shopping trips from Christmas Valley to La Pine the 1st and 3rd Wednesday of the month
- Free day of local transportation in Lakeview scheduled in the 1st Thursday of the Month

CALL (541) 947-4966

... Transit is available for everyone in Lake County. Check out the provider in your area to see what services are available

If you are ready to QUIT, we are ready to help! 1-800-QUIT-NOW 1-800-784-8669

Christmas Valley Boosters Invite you to our next meeting!



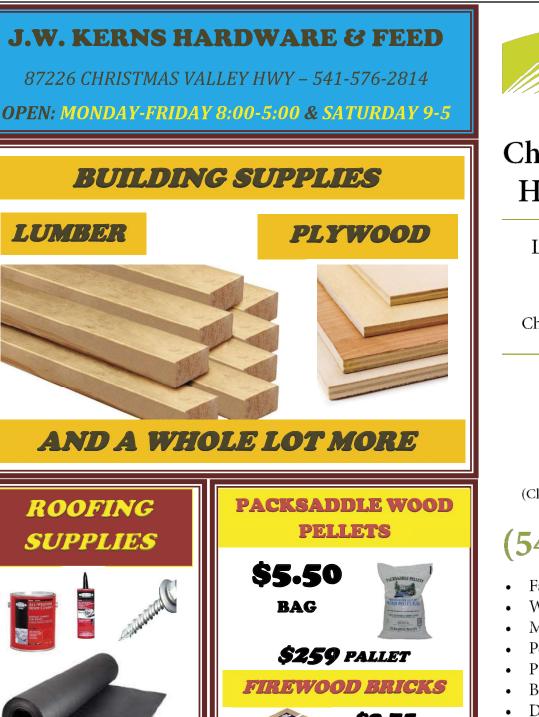
2nd Monday at 6pm at The Booster's Building (On Aspen, behind the Post Office) See you there!





Band Of Brothers Christmas Valley Band of Brothers Breakfasts every Thursday at 9 am For the Month of November we will be at Lakeside Terrace in Christmas Valley. President: Charles Brown 541-576-4912 Secretary: Glenna Wade 541-977-0626 All Veterans & First Responders Welcome! Come Join Us !! We have free Winter Clothing, Blankets, Camping Gear. And a Variety of other things Free to Anyone









Prices are valid during November 2019. All sales limited to stock on hand.



Your **Christmas Valley Health Center!**

La Pine Community Health Center 87520 Bay Rd Christmas Valley, OR 97641

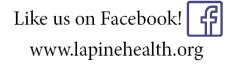
> Monday-Thurs 8:00 am - 5:00 pm

Friday 9:00 am - 4:00 pm

(Closed 12 pm - 1 pm for Lunch)

(541) 536-3435

- Family Medical Care
- Women's Health
- Men's Health
- Pediatric Care
- Preventative Services
- Behavioral Health
- Digital X-Ray
- Lab
- Referrals to specialists
- Transportation assistance
- Dental vouchers
- And more!



Quality Care. **Right Here, Right Now.**

DESERT WHISPERS • 9



Meaning of Thanksgiving

Meaning of Thanksgiving - The Real Celebration For many of us, the meaning of Thanksgiving usually includes feasting, four-day weekends, football games, floats, family reunions, or a forerunner to Christmas festivities. The "first Thanksgiving," however, was neither a feast nor a holiday, but a simple gathering. Following the Mayflower's arrival at Plymouth Rock on December 11, 1620, the Pilgrims suffered the lost of 46 of their original 102 colonists. With the help of 91 Indians, the remaining Pilgrims survived the bitter winter and yielded a bountiful harvest in 1621. In celebration, a traditional English harvest festival, lasting three days brought the Pilgrims and natives to unite in a "thanksgiving" observance.

This "thanksgiving" meal would not be celebrated again until June of 1676. On June 29 the community of Charlestown, Massachusetts proclaimed a day of thanksgiving for their good fortune. Ironically, this celebration excluded the Indians, as the colonists' recognized their recent victory over the "heathen natives." One hundred years later, in October of 1777, all 13 colonies participated in a one-time "thanksgiving" celebration which commemorated the patriotic victory over the British at Saratoga. It would take a span of over 150 more years to establish Thanksgiving as we celebrate it --

George Washington proclaimed it a National holiday in 1789, Lincoln proclaimed the last Thursday in November in 1863, and Congress sanctioned it as a legal holiday in 1941



Local business owners live here & hire locally. "Choose Local."

Places to Eat In Christmas Valley

Farmhouse Cafe	541-576-4000
Lakeside Terrace	541-576-2510
Coopers Chicken	541-576-2200
Sids	541-576-2230
Lodge	541-576-4452
Gifts & More	541-576-3600
The Hay Shed	541-640-6712

<u>Places to Eat In</u> <u>Fort Rock</u>

Waterin Hole Tavern54Fort Rock Pub54

541-961-6891 541-576-3988

Places to Eat In Silver Lake

 Silver Lake Cafe
 541-576-2185

 Cowboy Dinner Tree
 541-576-2426

PUBLIC NOTICE

NOTICE IS HEREBY given that the Lake County Board of Commissioners is seeking three (3) volunteers to serve on the Planning Commission: Position 3 (South Lake), Position 4 (Central Lake) and Position 5 (North Lake). Volunteers participate in public hearings regarding land-use proposals on private property, located outside the town/city limits of Lakeview and Paisley which are required to be reviewed for compliance with Local and State law, and compatibility with adjacent property land-uses, and suitability given the properties size, location, physical constraints, etc. Ideally, members are appointed by the Board of County Commissioners for a four-year term.

Regular meetings are held on the third Tuesday of each month at 6:00pm in the Lake County Courthouse located at 513 Center St in Lakeview, and occasionally at other meeting places in the various rural communities within the county. Meetings typically last from one to three hours. The positions are unpaid; however, reimbursement will be paid for mileage costs relating to meeting attendance.

If you are interested in becoming a member of the Planning Commission, please stop by the Planning Department or Board of County Commissioners Assistant's Office to pick up an application, or call 541-947-6036 to get one mailed/emailed to you. The application is also available at www.lakecountyor.org. Please respond as soon as possible, preferably before December 3, 2019 at close of business so the Planning Commission can review the applicants before making a recommendation to the Board of Commissioners.

Publish Dates: November 6th, 13th, 20th, and 27th, 2019



FOR THOSE WITH LÍBRARY LÁTE FEES!

Low on cash? Want to make your late fee count on a social level? Bring canned or non-perishable food to pay/reduce your debt—depends on how big your bill is! Grab your goods and head over as time is running out!! Awesome news!! The Friends of the Library have their fundraising lined out for 2020! Includes foam dart, backyard bazaar—strawberry shortcake AND sandwich, and haunted house next October! There is a lot more but those are the highlights!!

Now, the children's section of the library is complete; the other areas will be coming up soon! PROGRESS making this library work until we can start the work on our new library!











CHRISTMAS VALLEY 541-420-4949 **OWNER-TOM SEARCH**



541-617-1010 www.bendsnip.org

Christmas Valley Concrete, Inc.

Dale Shumway 541-576-2218 541-420-2917

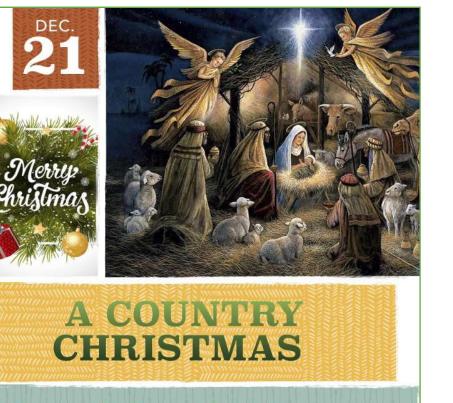
Ready-Mixed Concrete Septic Systems & Repairs Rock & Fill Material Land Clearing **Ditches & Driveways**

Over 20 years experience servicing Christmas Valley, Fort Rock, Paisley, Silver Lake & Summer Lake areas.

> Licensed/Bonded/Insured CCB#99796 DEQ# 38347

Volume:639 Issue: 22

November 15, 2019



Seventh Day Adventist Church has the Christmas program the 21 dec. at 6:30

Please come invite your friends and family for this special Christmas program. Worship together and fellowship with one another remember and celebrating our Savior's birth. Gifts and free snacks available after program. Dress like cowboys or cowgirls if you like. All welcome.



Dead Line for Tree Of Joy is Nov. 22nd



Tree of Joy

Christmas is coming!!! Once again, the Christmas Valley Boosters are taking applications for the Tree of Joy for children from birth to 18 (if still in school) that reside full-time in the North Lake County area for families that may need a little help.

Forms can be picked up at the post offices in Christmas Valley, Silver Lake & Fort Rock and is due on November 22nd. If your family needs assistance, please fill out the form and return it to the Christmas Valley Boosters, PO Box 83, Christmas Valley, OR 97641 or drop at Oregon Country Realty. We will be contacting Santa's Helpers to sponsor a child, children, or family, whichever the Helpers choose.

If you are interested in sponsoring a child, please call/text Shara at Oregon Country Realty (541) 480-6461. If you are a past sponsor or have never sponsored before and are interested in giving the greatest joy ever to a child, please call. Santa cannot do this alone!

If you are interested in helping out in any way for our Christmas projects (Tree of Joy, Children's Christmas Party in December, Wreaths, Canned Food Drive), please call us, stop by or attend a meeting (2nd Monday each month at 6:00pm) at the Christmas Valley Booster Building. Everyone is welcome; you can make a difference!

November 15, 2019

LOOK WHATS COOKING

Celebrate Nourishment

Adapt, Create, Inspire by Crystal Coulter

Mississippi Pot Roast	~
Ingredients: 1 4lb chuck roast 1 stick unsalted butter 1 packet Hidden Valley Ranch dressing mix 1 packet AuJus Gravy Mix 12 oz Sliced pepperoncini peppers, drained	Directions: Place roast in the slow cooker and sprinkle the top with the ranch dressing mix and the AuJus mix. Place peppers on top of the mixes, and add the butter. Cook over low heat for 8 hours. Serve with noodles, rice, mashed potatoes or create a slider for a lunchtime treat.
Catch of the Day Lasagna	7
Ingredients: 2 Tbsp. butter 1 small onion, chopped 1 cloves garlic, minced 20 oz Tonnino Tuna Fillets in Spring Water, drained, flaked 1 can condensed cream of mushroom soup 1 cup broccoli, minced and lightly steamed 1/2 cup whole milk 1/2 tsp. dried oregano leaves 1/4 tsp. ground black pepper 9 lasagna noodles, cooked 15 oz. Ricotta Cheese 1 pkg. Slim Cut Mozzarella Cheese Slices KRAFT Grated Parmesan Cheese 10 Original style Pringles, crushed *Substitute tuna with your catch of the day - Crab, Halibut, Salmon	Directions: Heat oven to 350°F. Melt butter in a medium skillet on medium heat. Add onions and garlic; cook and stir about 5 minutes or until onions are crisp but tender. Remove from heat. Stir in flaked tuna, soup, broccoli, milk, oregano and pepper. Grease 13x9-inch baking and spread ¾ cup of the tuna mixture onto the bottom. Top with layers of 3 noodles, ¾ cup of tuna mixture, half the ricotta cheese and 6 mozzarella slices. Repeat layers of noodles, tuna mixture, ricotta and mozzarella. Cover with remaining noodles, tuna mixture and mozzarella. Sprinkle with Parmesan Bake 25 to 30 min. or until heated through. Remove from oven and top chips. Let stand 10 min. before cutting to serve.
Seared Sausage with Cabbage and Ap	ples
Ingredients: 1 Tbsp. olive oil 6 Sweet Italian sausage links (about 1 ½ pounds total) 2 Honey Chrisp apples, halved ½ red onion, sliced ½ head red cabbage, cut into ½"thick slices Kosher salt freshly ground black pepper 1 c. fresh apple cider 2 tbsp. fresh cider vinegar	Directions: Heat the oil in a large cast-iron skillet over medium-high heat. Add sausage and cook, tuming occasionally, until golden brown, transfer to a plate. Reduce heat to medium and add apples, cut-sides down. Scatter onion and cabbage around apples. Season with salt and pepper. Cook until apples are golden brown, stirring onion occasionally. Flip apples. Retum sausage to skillet, nestling among vegetables. Add cider and vinegar. Simmer, rotating and turning sausages occasionally, until sausages are cooked through and apples are tender. Serve

20 HALLOWEEN 19

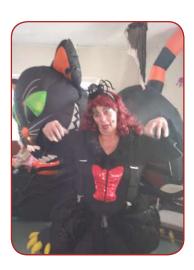


A Big Thank You to Everyone that made Trunk or Treat at the Community Hall another great success. A special thanks to Kenny LaPlant for the straw & Travis Scheel for helping with the decorating Hope to see you all next year! Park and Recreation















PUBLIC SERVICE ANNOUNCEMENT

DO YOU KNOW ABOUT 2-1-1

211 is the most comprehensive source of locally curated social services information in the U.S. We are the boots on the ground, the local experts who make finding help easier. Our teams of compassionate, highly trained specialists are available 24/7 to help you access the best local resources and services to address any need.

Call, text, or chat with your local 211 to speak with a community resource specialist in your area who will help you find services and resources that are available to you. You'll find help with:

SUPPLEMENTAL FOOD AND NUTRITION PROGRAMS SHELTER AND HOUSING OPTIONS AND UTILITIES ASSISTANCE EMERGENCY INFORMATION AND DISASTER RELIEF EMPLOYMENT AND EDUCATION OPPORTUNITIES SERVICES FOR VETERANS HEALTH CARE, VACCINATION AND HEALTH EPIDEMIC INFORMATION ADDICTION PREVENTION AND REHABILITATION PROGRAMS REENTRY HELP FOR EX-OFFENDERS SUPPORT GROUPS FOR INDIVIDUALS WITH MENTAL ILLNESSES OR SPECIAL NEEDS a safe, confidential path out of physical and/or emotional domestic abuse 211 is committed to being the first, most essential resource to anyone who needs help. We help thousands of people overcome barriers and address challenges every day.

If you're struggling to keep up with your energy and utility bills, use 211 to find programs in your area that assist in bridging the financial gap. If you're a homeowner, you may be able to take advantage of programs that provide loans and grants for much-needed repairs, including removing health and safety hazards. For renters, we offer information on fair housing and transitional housing options in your area. We can connect you to housing alternatives for the elderly and individuals who need support due to mental illness, disability or substance abuse so that everyone can have a safe and warm place to call home.

211 provides information about school lunch programs and summer food service programs for children. You can get information on government-sponsored programs that reduce hunger and find out if you qualify for the Supplemental Nutrition Assistance Program (SNAP), which helps millions of Americans purchase food through grocery stores, farmers markets and restaurants. To learn more about the benefits of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC), which provides food and nutrition education to new mothers, infants and children up to age five, contact your local 211 chapter.

Along with the 2-1-1 hot line we have Senior Services @ 541-947-2024 and KLAS 541-882-3648 is a private non-profit agency. They seek and distribute resources from State and Federal funding, private sector funding and donations to support local shelters and to provide a multitude of services to those in need.

DESERT WHISPERS • 17



Your invited to a **FREE** Thanksgiving Dinner November 22nd, at 5:30 pm At Christmas Valley Community Church

Bring your family & friends and join us for a great evening with all the fixings!!!







- Sinks, faucets, water heaters
 pressure tanks
- Galvanized, ABS, CPVC fittings & tools
- Landscaping pavers, railroad ties & more

Monday-Friday 8:00 am - 5:00 pm Phone: 541-576-2206 Fax: 541-576-2702

CCB# 45220



Dr. Natasha S. Rudd, N.D., L.Ac.

Acupuncture, botanical medicine, Bowen Therapeutic Technique, Cranial Sacral Therapy, family health care, flower essence prescribing, general internal medicine, homeopathy, primary health care, personalized nutrition, shiatsu massage, stop smoking treatments, and vitality longevity evaluations.

Dr. Rudd is accepting new patients and referrals for patients seeking natural therapies. To schedule an appointment to be seen by Dr. Rudd at the **North Lake Health District's Medical Complex**, please call **541-385-6249**.

PUBLIC MEETINGS

Christmas Valley Boosters: 2nd Monday @ 6:00 pm

Booster's Building Christmas Valley / North Lake Chamber of Commerce: Meets Quarterly Call for location: 541-576-3838

Christmas Valley Fire Board: 3rd Monday @ 7:00 pm CV Fire Hall

Christmas Valley Water Board: 2nd Wednesday @ 1:00 pm CV Community Hall

EMS: 2nd Thursday @ 7:00 pm EMS Building

Fort Rock Grange: ^{2nd} Wednesday @ 6:30 pm Fort Rock Grange Hall, Potluck TBA. 541-576-2335

Fort Rock Historical Society: 2nd Tuesday @ 9:30 am Homestead Museum

FR/SL SWCD: 541-947-5855

Lake Co. Commissioners: 1st & 3rd Wednesday @ 10 am Lake County Courthouse

Lake Co. Hay & Forage Association: 1st Thursday @ 6:00 pm Lodge at Summer Lake

North Lake Health District: 1st Monday @ 5:00 pm NL Health District Conf. Room

Christmas Valley Park & Rec Board: 2nd Tuesday @ 9:00 am Park & Rec. office 541-576-2216

North Lake School Board: 2nd Monday @ 5:30 pm North Lake School Library

Silver Lake Lioness: 2nd Wednesday @ 10:00 am Silver Lake Fire Hall

Silver Lake Rural Fire District: 2nd Monday @ 7:00 pm Silver Lake Fire Hall

All events, dates, times and locations are subject to change and/or cancellation.

BACK IN THYME

by Linda McCoslin

MIRACULOUS MAGNESIUM

Mix more magnesium into your diet, and you may be surprised how much you body will thank you. Magnesium is necessary for more then 300 exosomatic reactions in the body, it plays a chief role in regulating blood glucose levels and blood pressure, and ensures the conductivity of electrical impulses for a regular heart beat. Magnesium synthesizes proteins, ensures proper muscle contraction, and aids in increasing bone density, as well as a major player in healthy brain functioning. Not only does it lower blood pressure, it decreases the chances of calcium depositing on arterial walls.

68% of Americans are deficient in Magnesium but most mistake the signs for other issues! Insufficient intake coupled with poor calcium absorption and high levels of stress, which further depletes magnesium stores in body, complicate and increase unpleasant symptoms: Agitation - Anxiety - Confusion - Constipation - Cramping - Delirium - Depression - Insomnia - Irregular Heartbeat - Irritability -MI-GRAINE Headache - Muscle Twitches - PMS. Because it's a macro mineral, large doses of Magnesium must be consumed frequently to avoid deficiency.

When you thoroughly understand the impact of Magnesium Rich diet, you can assess whether you are lacking sufficient intake. Increasing consumption of Magnesium Rich foods or supplements can only improve your health.

In the cells, Magnesium plays a vital role in the health of the body. Magnesium participates in the function of organelles, such as mito chodria, where it directly affects energy production. It helps to stabilize the cell membranes, allowing potassium, calcium, and sodium to flow in and out of cells. When Magnesium gets depleted from the body due to excessive sweat, calcium is not able to flow out of muscle cells, leading to muscle cramping. Nerve cells depend on Magnesium to regulate the correct levels of sodium and potassium within them; If they are in balanced, anxiety, irritability, or migraine headaches can take over. Magnesium also influences cell receptor activity, facilitating many operations required for the creation of DNA, RNA, and the main antioxidant glutamine, The less magnesium in your body, the less efficient it behaves.

BONES

The body stores more than half of it's magnesium in the skeletal system, while the rest resides in muscle and tissue. When you have consumed sufficient magnesium, calcium absorption in the bones activates vitamin D in the body. Studies have shown magnesium may be more effective then vitamin D at preventing bone thinning, which means you have a lower risk of osteoporosis after menopause, and have increased density and quality of bone matrix. Alarmingly, because bones require magnesium to absorb calcium, low magnesium intake forces the unabsorbed calcium to adhere to arterial walls, or to harden into stones, which leads to cardiovascular disease and kidney stones.

Next Issue will cover the Heart

November 15, 2019



DESERT WHISPERS • 21

CLASSIFIEDS

FOR SALE

2019 20ft Enclosed Cargo Trailer \$9000.00 cash or trade for storage container /pole building 541-841-8995

2003 Diesel Pusher 40ft Motor home 2 large slide outs, diesel generator, solar, big cargo bays low miles. 5.9 cummins turbo diesel w/ Allison transmission on a freight liner chassis. \$45K may trade for acreage or horse / stock trailer 541-841-8995

CLARK Forklift, 6000lb, Pneumatic tires, w/ side-shift, gas engine \$7000 Call 541--815-4004

Set of four 16" Wheels, Five holes, Asking \$80.00 or best offier Call 541-410-6366

2003 Subaru Forester excel cond. \$6,000.00 Almost new motor. New brakes etc Donna 541-576-2022.

That Dragonfly Stuff All Natural Pain Relief including Arnica and Hempseed oil! Free samples available. (503-882-5609) or (thatdragonflystuff.com)

1988 Volvo Wagon \$1200.00 Cash or trade 5 speed manual, dependable, some miner damage to grill. 541-841-8995

1997 Chev. 4x4 Truck \$ 3500.00 Cash or trade 541-841-8995

Stove for sale in working condition . \$100.00 Call 541-728-8075 leave message

FOR SALE—TINY HOME: Motorhome (doesn't run repairable). Great living space. Heater & air conditioner work great. Sleeps 4, queen bed & 2 sofas. Large fridge & freezer. Large bathroom, plenty of storage in-side & out. Must see \$3.500.

VERMINATOR Gopher Baiting Machine Very good condition \$2500.00 541-576-2552

Hay For Sale

Good Cow/Horse Hay for sale \$85.00 a toncall for more information 541-841-8995

EMPLOYMENT

NEEDED - Housekeeping \$15 per hour, 5 hours twice a month.kitchen includes doing dishes cleaning counters, bathrooms. vacuuming, dusting & mopping. must be reliable. off millican rd. 971 327-1355

The Lodge in Summer Lake is now hiring for IMMEDIATE COOK. Apply in person.

Now Hiring Parts/Counter Person Needs to have Background Knowlege in Automotive and Agriculture Please Apply In Person At Klamath Basin Equipment 8700 Christams Valley highway Christmas Valley OR 97641

WORK WANTED

Experienced Heavy Equipment Operator seeking work. Have 35 years experience call 514-841-8995

FIREWOOD

Firewood: Excellent well seasoned Firewood, Cut, Split and delivered for a small fee \$265.00. a cord, serving Christmas Valley, Silver Lake & Fort Rock Call 541-841-8995

Firework for sale in Christmas Valley \$150.00 a cord of Pine 503-915-5156

REAL ESTATE

84.87 ac. in six tax lots in NW1/4 sec 4 T275R16E. Power on west side. Owner carry \$27,500.00 call 541-589-0888

1.4 AC in Townsite Christmas Valley OR across from Quarter Horse racetrack next to public rodeo corral. Water at property \$10k Unit 3 lot 6 road frontage Pine street 503-366-4424

FOR RENT/LEASE

FORT ROCK GRANGE Community hall is available for rent. There is a main hall with stage, rest rooms, and fully equipped kitchen. 541-576-2335

CHRISTMAS VALLEY COMMUNITY HALL for rent. desertwhispers@yahoo.com or 541-576-2216

SMALL CONFERENCE ROOM for Meetings, Depositions, for rent call 541-480-6461

2 Story Home for Rent in Christmas Valley, 3 bedrooms 2 bath \$690.00 a month plus references and deposits. 541-576-2485 leave message

WANTED

Wanted: Round trip ride to Bend E-mail your Name and Number to petnpalcem@yahoo.com

Wanted: Reasonably priced Horse / Stock Trailer 541-841-8995

Wanted T post 5ft to 8ft tall cheap 541-841-8995

Wanted Reasonably Priced 5 to 160 acres in the sinks area or Christmas Valley, Silver Lake Area. Can do Cash/Payment or trade for services. 541-841-8995

TRADE: Use of small 2 bedroom house with all utilities, TV cable, and Internet for up to 10 hours of help with chores per week. Available November 15, 2019. Please call Carol 541-408-2642

SERVICES

Mr. Handyman Service. Siding, Doors, Windows, Sheetrock, Tape & Texture, Trim, Tile, Sinks, Toilets,, Painting No Job to small 541-576-4618

Triple-T Firewood, Yard work, Hog Mowing, Clean-up work, Brush Hauling \$35 a hr., yard work, \$65 hr. tractor work 2hr min. 2 man team. 541-408-4852,

North Lake Towing & Service AAA Service provided Doug Polhans-Owner Operator 541-771-6645

Certified Home Caregiver looking for clients in the Christmas Valley Area. Call Merrie 541-576-4580

GOT SULFUR? Remove it permanently from your well without filters & chemicals. Call 541-280-3581 Free Testing

THE TINSEL TAILOR: Sewing/alterations shop in CV. Zipper replacement, knit or crochet repairs, general clothing repairs, reasonable rates. Hem jeans 6 & up; slacks 9 & up. 541-576-2022₂₅

Got Gophers? Trapping team looking for part time work. Have our own traps. Call 541-576-4580

Dog Grooming! Over 30yrs experience w/ tons of references. Can only do dogs under 50 pounds. Call for Price and Appointments 541-420-2365

A&L Property Management Services we do remodeling, home sale prep, estate sales, we repair drywall, fencing flooring, roofs, decks, painting. Let us do the heaving job of cleaning your property. Tree trimming and removal ,etc. Call 541-841-8995

Handy Man Services. You name it I can do it. 20 years of local experience Call 541-841-8995

Speedy and efficient Carpet Cleaning service \$25/hr. Call 541-213-3309 to book your cleaning today

CAT WORK, Clearing, Road Building, BIG JOBS, small Jobs Call Spence 541-576-3595

Alora's Outback Cleaning Services Specializing in rental, move out, and move in cleans. Yes, we clean carpets! We also do painting! Please book in advance! (503-882-5609)

Events

Venders remember to book your tables for the Christmas Bazaar in Christmas Valley, The Bazaar is December 6th and 7th Call 541-480-1261

Advertise in DESERT WHISPERS

Twice monthly issues are distributed, on the 1st and 15th, throughout the north end of Lake County, including Fort Rock, Christmas Valley, Silver Lake, Summer Lake and Paisley. Additionally, there are a growing number of subscribers, and many readers that see DESERT WHISPERS online.

The chart to the right outlines the cost for display advertising in DESERT WHISPERS. Organizations with 501(c)(3) status receive a discount. Printready artwork is appreciated. We can design your ad for an additional fee. Prices shown in the chart are per issue.

Deadlines are seven days prior to the publication date. IF space allows, ads may be accepted after the deadline for an additional \$15 fee. Email us at: desertwhispers@yahoo.com or call 541-576-2216 with questions.

SUBSCRIBE!

To receive 24 issues send \$27 to cover postage & handling to:

DESERT WHISPERS P.O. Box 181 Christmas Valley, OR 97641

Call 541-576-2216 or 541-576-2640 for more information.

BLACK & WHITE

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PUBLISHERS NOTICE:

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitations or discrimination based on race, color, religion, sex, handicap, familial status, marital status or national origin, or an intention to make such preference, limitation or discrimination. Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination, call HUD toll free at 1-800-877-0246. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

FREE CLASSIFIED AD POLICY

Please submit your ad in writing, either by e-mail or in person. DO NOT "call-in" your ad. You may run up to FIVE Free Classified Ads per issue but are limited to 35 words per ad. If you need more space, please purchase a DISPLAY ad.

All Free Classified Ads (FOR SALE, WANTED, SERVICES, EMPLOYMENT, REAL ESTATE, RENT-ALS, ETC.) will run until your item sells or for SIX issues, whichever comes first. When your item sells please let us know so we can remove your ad. To have your ad continue beyond SIX issues you MUST re-submit your ad in writing, either by e-mail or in person.

To remove your ad please contact the North Lake Park and Recreation office by calling 541-576-2216 or by e-mail: office@desertwhispers@yahoo.com

These local classified ads are a Free service to the community. Adhering to the stated policy will help ensure this service can continue. - Lisa Cooper, Editor

YOUR NAME: YOUR PHONE:			This information is for our records and will not appear in the ad.
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COLOR



suicidepreventionlifeline.org

SUICIDE WARNING SIGNS

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- Talking about wanting to die or to kill oneself.
- Looking for a way to kill oneself, such as searching online or buying a gun.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to others.
- Increasing the use of alcohol or drugs.
- Acting anxious, agitated or behaving recklessly.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

Suicide Is Preventable. Call the Lifeline at: 1-800-273-TALK (8255).

Mommy & Me Group

Do you have a little one, age birth to three years old, who doesn't meet the requirements for Preschool on Tuesdays? You and your child are invited to join Mrs. Anthony on the first and third Thursdays of each month from 10:00 a.m. - 11:30 a.m. at the North Lake School annex building for a **Mommy and Me Play Group**. "We will be exploring our world around us through music, movement, and sensory play," says Mrs. Anthony. "We will also be doing **Make and Take** activities once a month that you can do with your kiddos at home."

If you have questions, please call Mrs. Anthony at 503-351-7855.₂

North Lake County Church Directory

Christmas Valley Community Church

87921 Christmas VIy Hwy **541-576-2757** Interim Pastor: Greg Melendes Youth Leader: Fred Chugg www.christmasvalleycommunitychurch.com Sunday School 9:45am Morning Worship 10:45am Youth Group Wednesday @ 7:00pm

Christmas Valley Seventh-day Adventist

Fort Rock Community Church

Downtown Fort Rock 541-576-2888 Pastor: Jeremy Warkentin Sunday School 9:45am Sunday Morning Worship 11:00am 3rd Sunday Potluck Saturday Men's Breakfast at 7:00am

Free Church Of God

www.freechurchofgod.org True theology lies with the Apostles that Jesus, himself, trained and ordained.

Lutheran Bible Study and Worship

call for location/directions **541-576-2593** Pastor Peter Pagel of Faith Lutheran Church in La Pine leads a local meeting Tuesdays at 6:00pm

New Life Fellowship of Christmas Valley 87218 Glitter Lane

Pastor: Doug Polhans**541-591-4067** Visit us on FACEBOOK Sunday School 9:30am Sunday Worship 11:00am & 6:00pm

Praise The Lord Fellowship

35 NE Arrowhead Rd, CV...... 541-576-3079 Pastor: Rev. Suzan Burch/Fowler Assistant Pastor: Marvin Fowler Worship Gathering Sunday 11:00am followed by Potalatch (Blessing Meal) Song & Praise Sunday 4:00pm • Bible Study Wednesday 4:00pm • Prayer Saturday 4:00pm

Silver Lake Church of the Bible

Hwy 31, Silver Lake...... 541-576-2367 Pastor Leon Baker Sunday School 10:00am Morning Service 11:00am Second Sunday Potluck

Well in the Wilderness Church

Sunrise Circle, Christmas VIy **541-977-5296** Pastor Kerry Cardwell: 541-977-5296 Pastor Bon Puckett: 541-576-4765 Sunday School (for all ages) 9:45am Morning Worship 11:00am Wednesday night 6:00pm

Holy Family Catholic Church

57255 Fort Rock Rd 541-576-2415 Sundays at 3:30pm Contact - Mike & Laura House: 541-576-2415

The Konaway Nation

Council Meetings every 2nd. Saturday of each month at Noon at the Chief's home.

Potalatch to follow. Call 541-576-3079 for info.

Rev. Suzan Burch will be teaching Coastal Jargon. This is one of 14 Native American trade languages. if interested, call 541-576-3079 Sobriety in the Desert AA AND NA Fridays @ 5:00 pm on the BACK side of North Lake Clinic 87520 Bay Road Christmas Valley, OR 97641



CV Community Church Sherry 541-576-4509 or Tim 541-977-4944

November 15, 2019





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